



THE HOLY EUCHARIST

THE ELEVENTH SUNDAY AFTER PENTECOST

August 9, 2026 • 10:00 AM

*Welcome to St. John's, Shaughnessy!
Wherever you are on your spiritual
journey, and whether you are joining us in
the church building or via the livestream,
we are glad you are here!*

*If you are new here and would like to learn
more, please introduce yourself to the clergy
after the service. If you would like to be
added to our mailing list so that we may
keep you informed of upcoming events,
please contact the church office.*

*Infants and children (and their
accompanying noises) enliven our services.
Colouring, crafts, and quiet toys are
available in the children's area, just to the
left of the front pews.*

*We acknowledge with respect that we
worship on the traditional, ancestral, and
unceded territory of the Coast Salish
Peoples, and we pray that we may live more
deeply into the calls to action from Canada's
Truth and Reconciliation Commission.*

*A brief organ voluntary offered a few minutes before the hour bids us all keep silence for prayer
and preparation.*

*The people's responses are in **bold**.*

VOLUNTARY *Fantasia*

William Byrd (c.1540–1623)

GREETING

THE ENTRANCE RITE

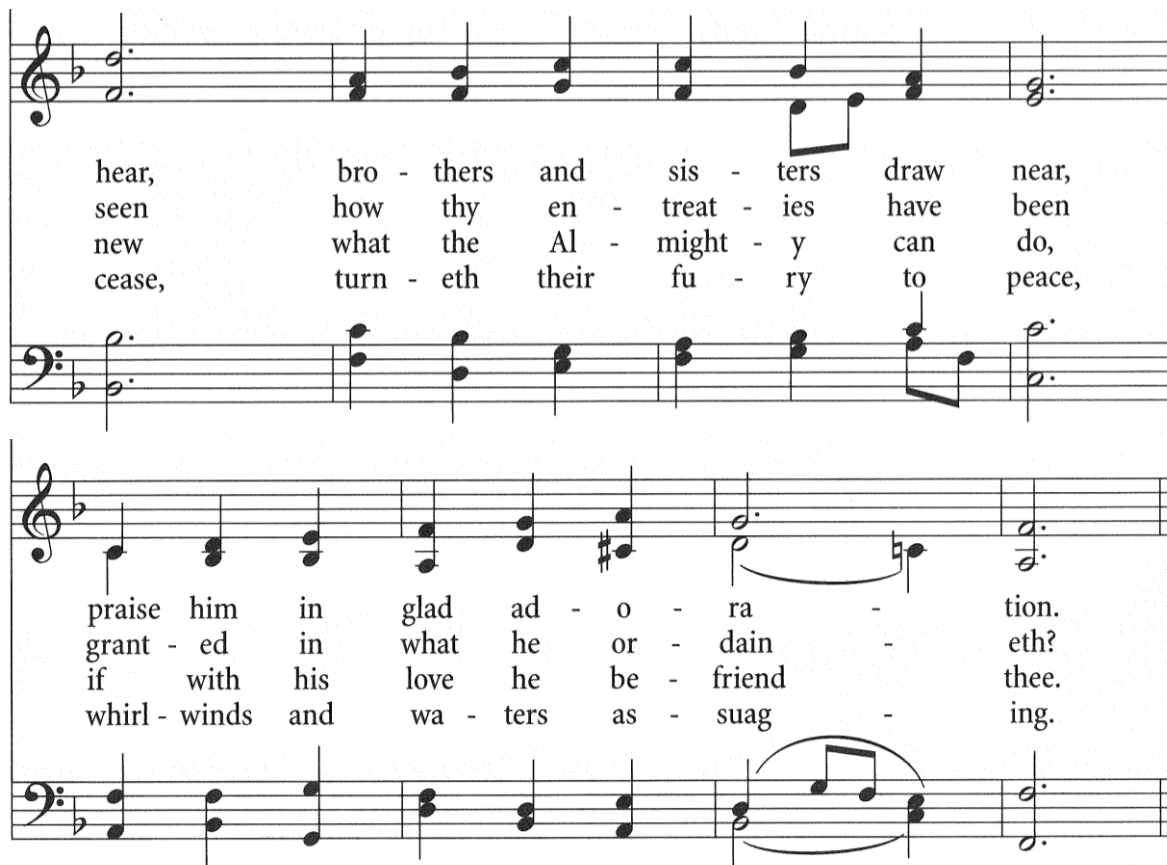
HYMN

LOBE DEN HERREN

1 Praise to the Lord, the Al - might - y, the King of cre -
 2 Praise to the Lord, who o'er all things so wond - rous - ly
 3 Praise to the Lord, who doth pros - per thy work and de -
 4 Praise to the Lord, who, when tem - pests their war - fare are

a - tion; O my soul, praise him, for
 reign - eth, shel - ters thee un - der his
 fend - thee; sure - ly his good - ness and
 wag - ing, who, when the el - e - ments

he is thy health and sal - va - tion: all ye who
 wings, yea, so gent - ly sus - tain - eth: hast thou not
 mer - cy here dai - ly at - tend thee: pon - der a -
 mad - ly a - round thee are rag - ing, bid - deth them

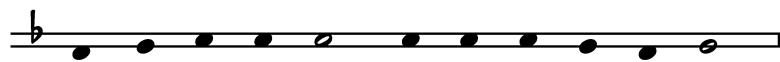


hear, seen new cease, bro - thers and sis - ters draw near,
 how thy en - treat - ies have been
 what the Al - might - y can do,
 turn - eth their fu - ry to peace,

praise him in glad ad - o - ra - tion.
 grant - ed in what he or - dain - eth?
 if with his love he be - friend thee.
 whirl - winds and wa - ters as - suag - ing.

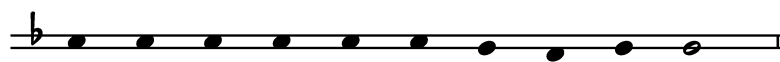
THE OPENING ACCLAMATION

Celebrant



Bless-ed be the one, ho - ly and liv - ing God.

People

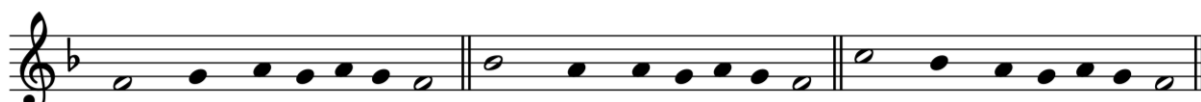


Glo - ry to God for ev - er and ev - er.

THE COLLECT FOR PURITY

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. **Amen.**

KYRIE *Missa de Sancta Maria Magdalena* John Merbecke (c.1510–c.1585)



Lord, have mercy upon us. Christ, have mercy upon us. Lord, have mercy upon us.

GLORIA IN EXCELSIS *Missa de Sancta Maria Magdalena*

John Merbecke

Glory be to God on high,
and in earth peace, good will to-wards men. We praise thee,
we bless thee, we wor-ship thee, we glo-ri-fy thee,
we give thanks to thee for thy great glo-ry, O Lord God, hea-ven-ly King,
God the Fa-ther al-migh-ty. O Lord, the on-ly be-got-ten Son, Je-su Christ;
O Lord God, Lamb of God, Son of the Father, that tak-est a-way the sins of the world,
have mer-cy up-on us. Thou that takest away the sins of the world,
re-ceive our prayer. Thou that sittest at the right hand of God the Fa-ther,
have mer-cy up-on us. For thou on-ly art ho-ly; thou on-ly art the Lord;
thou on-ly, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.

THE COLLECT OF THE DAY

Almighty God, you sent your Holy Spirit to be the life and light of your Church. Open our hearts to the riches of your grace, that we may bring forth the fruit of the Spirit in love, joy, and peace; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

THE LITURGY OF THE WORD

THE FIRST READING

1 Kings 19:9–18

A reading from the first book of Kings.

At that place he came to a cave and spent the night there. Then the word of the Lord came to him, saying, “What are you doing here, Elijah?” He answered, “I have been very zealous for the Lord, the God of hosts, for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away.” He said, “Go out and stand on the mountain before the Lord, for the Lord is about to pass by.” Now there was a great wind, so strong that it was splitting mountains and breaking rocks in pieces before the Lord, but the Lord was not in the wind, and after the wind an earthquake, but the Lord was not in the earthquake, and after the earthquake a fire, but the Lord was not in the fire, and after the fire a sound of sheer silence. When Elijah heard it, he wrapped his face in his mantle and went out and stood at the entrance of the cave. Then there came a voice to him that said, “What are you doing here, Elijah?” He answered, “I have been very zealous for the Lord, the God of hosts, for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away.” Then the Lord said to him, “Go, return on your way to the wilderness of Damascus; when you arrive, you shall anoint Hazael as king over Aram. Also you shall anoint Jehu son of Nimshi as king over Israel, and you shall anoint Elisha son of Shaphat of Abel-meholah as prophet in your place. Whoever escapes from the sword of Hazael, Jehu shall kill, and whoever escapes from the sword of Jehu, Elisha shall kill. Yet I will leave seven thousand in Israel, all the knees that have not bowed to Baal, and every mouth that has not kissed him.”

The Word of the Lord.

Thanks be to God.

- ⁸ I will listen to what the Lord God is saying,
for he is speaking peace to his faithful people
and to those who turn their hearts to him.
- ⁹ Truly, his salvation is very near to those who fear him,
that his glory may dwell in our land.
- ¹⁰ Mercy and truth have met together;
righteousness and peace have kissed each other.
- ¹¹ Truth shall spring up from the earth,
and righteousness shall look down from heaven.
- ¹² The Lord will indeed grant prosperity,
and our land will yield its increase.
- ¹³ Righteousness shall go before him,
and peace shall be a pathway for his feet.

A reading from the letter of Paul to the Romans.

Moses writes concerning the righteousness that comes from the law, that “the person who does these things will live by them.” But the righteousness that comes from faith says, “Do not say in your heart, ‘Who will ascend into heaven?’” (that is, to bring Christ down) “or ‘Who will descend into the abyss?’” (that is, to bring Christ up from the dead). But what does it say? “The word is near you, on your lips and in your heart” (that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, “No one who believes in him will be put to shame.” For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, “Everyone who calls on the name of the Lord shall be saved.” But how are they to call on one in whom they have not believed? And how are they to believe in one of whom they have never heard? And how are they to hear without someone to proclaim him? And how are they to proclaim him unless they are sent? As it is written, “How beautiful are the feet of those who bring good news!”

The Word of the Lord.

Thanks be to God.



1 Je - sus, Lov - er of my soul, let me to thy bos - om
 2 O - ther ref - uge have I none, hangs my help - less soul on
 3 Plen-teous grace with thee is found, grace to cleanse from ev - ery

fly, while the near - er wa - ters roll, while the tem - pest
 thee; leave, ah! leave me not a - lone, still sup - port and
 sin; let the heal - ing streams a - bound, make and keep me

still is high: hide me, O my Sa - vior, hide,
 com - fort me! All my trust on thee is stayed;
 pure with - in. Thou of life the foun - tain art,

till the storm of life be past; safe in - to the
 all my help from thee I bring; cov - er my de -
 free - ly let me take of thee: spring thou up with -

ha - ven guide, O re - ceive my soul at last.
fense - less head with the sha - dow of thy wing.
in my heart, rise to all e - ter - ni - ty.

THE GOSPEL ACCLAMATION

VII.a
Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

Cantor I wait for the Lord; in his word is my hope. *Refrain*

THE HOLY GOSPEL

Matthew 14:22–33

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ, according to Matthew.

Glory to you, Lord Jesus Christ.

Immediately Jesus made the disciples get into the boat and go on ahead to the other side, while he dismissed the crowds. And after he had dismissed the crowds, he went up the mountain by himself to pray. When evening came, he was there alone, but by this time the boat, battered by the waves, was far from the land, for the wind was against them. And early in the morning he came walking toward them on the sea. But when the disciples saw him walking on the sea, they were terrified, saying, “It is a ghost!” And they cried out in fear. But immediately Jesus spoke to them and said, “Take heart, it is I; do not be afraid.” Peter answered him, “Lord, if it is you, command me to come to you on the water.” He said, “Come.” So Peter got out of the boat, started walking on the water, and came toward Jesus. But when he noticed the strong wind, he became frightened, and beginning to sink, he cried out, “Lord, save me!” Jesus immediately reached out his hand and caught him, saying to him, “You of little faith, why did you doubt?” When they got into the boat, the wind ceased. And those in the boat worshipped him, saying, “Truly you are the Son of God.”

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

THE NICENE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father. With the Father and the Son he is worshipped and glorified. He has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world. We pray for Sarah, Archbishop of Canterbury; Shane, our Primate; Chris, the National Indigenous Archbishop; and John, our Archbishop; and for all bishops and other ministers. In the Anglican Cycle of Prayer, we pray for the Episcopal Church. In the Diocese of New Westminster, we pray for the Street Outreach Initiative; and the Holy Trinity Cathedral, New Westminster. We pray also for our companion diocese, the Diocese of Northern Philippines, and for our companion parishes of St. Luke, Butbut Proper, and St. James, Luccong.

Silence

Lord, in your mercy
Hear our prayer.

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honour one another and serve the common good.

Silence

Lord, in your mercy

Hear our prayer.

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honour and glory.

Silence

Lord, in your mercy

Hear our prayer.

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.

Silence

Lord, in your mercy

Hear our prayer.

Comfort and heal all those who suffer in body, mind, or spirit (especially . . .); give them courage and hope in their troubles, and bring them the joy of your salvation.

Silence

Lord, in your mercy

Hear our prayer.

We commend to your mercy all who have died (especially . . .), that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Silence

Lord, in your mercy

Hear our prayer.

The Celebrant concludes

Lord Jesus Christ, you stretched out your arms of love on the hard wood of the cross that everyone might come within the reach of your saving embrace: So clothe us in your Spirit that we, reaching forth our hands in love, may bring those who do not know you to the knowledge and love of you; for the honour of your Name. **Amen.**

THE CONFESSION OF SIN

Let us confess our sins against God and our neighbour.

Have mercy upon us, **most merciful Father; in your compassion forgive us our sins, known and unknown, things done and left undone; and so uphold us by your Spirit that we may live and serve you in newness of life, to the honour and glory of your Name; through Jesus Christ our Lord. Amen.**

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

The peace of the Lord be always with you.
And also with you.

THE OFFERTORY

Ascribe to the Lord the honour due his Name; bring offerings and come into his courts. *Psalm 96:8*

As the altar is prepared for Holy Communion, the congregation is invited to make an offering as an expression of gratitude for God's generosity. A QR code is provided for those who prefer to donate online. During the collection, a hymn is sung.



HYMN

FOUNDATION

Musical notation for the hymn 'How firm a foundation'. It features a treble and bass staff with a key signature of one flat (B-flat) and a common time signature. The melody is in the treble staff, and the bass staff provides a harmonic accompaniment. The lyrics are written below the notes.

1 How firm a foun - da - tion, ye saints of the Lord,
2 "Fear not, I am with thee; O be not dis - mayed!
3 When through the deep wa - ters I call thee to go,
4 When through fi - ery tri - als thy path - way shall lie,
5 The soul that on Je - sus hath leaned for re - pose

is laid for your faith in his ex - cel - lent word!
 For I am thy God and will still give thee aid;
 the riv - ers of woe shall not thee o - ver - flow;
 my grace, all - suf - fi - cient, shall be thy sup - ply:
 I will not— I will not de - sert to its foes;

What more can he say than to you he hath said,
 I'll strength - en thee, help thee, and cause thee to stand,
 for I will be with thee, thy trou - bles to bless,
 the flame shall not hurt thee; I on - ly de - sign
 that soul, though all hell should en - deav - our to shake,

to you who to Je - sus for ref - uge have fled?
 up - held by my right - eous, om - ni - po - tent hand.
 and sanc - ti - fy to thee thy deep - est dis - tress.
 thy dross to con - sume, and thy gold to re - fine.
 I'll nev - er— no, nev - er— no, nev - er for - sake!"

THE HOLY COMMUNION

THE PRAYER OVER THE GIFTS

Father, receive all we offer you this day, and grant that in this eucharist we may be enriched by the gifts of the Spirit. We ask this in the name of Jesus Christ our Lord. **Amen.**

THE GREAT THANKSGIVING

The Lord be with you. And al-so with you.

Lift up your hearts. We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

The image shows four staves of music in a single system. Each staff begins with a treble clef and a key signature of one flat (B-flat). The first staff contains the lyrics 'The Lord be with you. And al-so with you.' The second staff contains 'Lift up your hearts. We lift them to the Lord.' The third staff contains 'Let us give thanks to the Lord our God.' The fourth staff contains 'It is right to give our thanks and praise.' The music is written in a simple, hymn-like style with quarter and eighth notes, and rests.

It is indeed right that we should praise you, gracious God, for you created all things. You formed us in your own image: male and female you created us. When we turned away from you in sin, you did not cease to care for us, but opened a path of salvation for all people. You made a covenant with Israel, and through your servants Abraham and Sarah gave the promise of a blessing to all nations. Through Moses you led your people from bondage into freedom; through the prophets you renewed your promise of salvation. Therefore, with them, and with all your saints who have served you in every age, we give thanks and raise our voices to proclaim the glory of your name:

SANCTUS & BENEDICTUS QUI VENIT

John Merbecke

Ho - ly, ho - ly, ho - ly, Lord God of hosts,

heaven and earth are full of thy glo-ry. Glo-ry be to thee, O Lord most high.

Blessed is he that cometh in the name of the Lord. Ho-san-na in the highest.

The image shows three staves of music in a single system. Each staff begins with a treble clef and a key signature of one flat (B-flat). The first staff contains the lyrics 'Ho - ly, ho - ly, ho - ly, Lord God of hosts,'. The second staff contains 'heaven and earth are full of thy glo-ry. Glo-ry be to thee, O Lord most high.' The third staff contains 'Blessed is he that cometh in the name of the Lord. Ho-san-na in the highest.' The music is written in a simple, hymn-like style with quarter and eighth notes, and rests.

The Celebrant continues

Holy God, source of life and goodness, all creation rightly gives you praise. In the fullness of time, you sent your Son Jesus Christ, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He healed the sick and ate and drank with outcasts and sinners; he opened the eyes of the blind and proclaimed the good news of your kingdom to the poor and to those in need. In all things he fulfilled your gracious will.

On the night he freely gave himself to death, our Lord Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Gracious God, his perfect sacrifice destroys the power of sin and death; by raising him to life you give us life for evermore.

Therefore we proclaim the mystery of faith:

Christ has died.

Christ is risen.

Christ will come again.

Recalling his death, proclaiming his resurrection, and looking for his coming again in glory, we offer you, Father, this bread and this cup. Send your Holy Spirit upon us and upon these gifts, that all who eat and drink at this table may be one body and one holy people, a living sacrifice in Jesus Christ, our Lord.

Through Christ, with Christ, and in Christ, in the unity of the Holy Spirit, all glory is yours, almighty Father, now and for ever. **Amen.**

THE LORD'S PRAYER

And now, as our Saviour Christ has taught us,
we are bold to say,

**Our Father, who art in heaven,
hallowed be thy name,
Thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
the power, and the glory,
for ever and ever. Amen.**

THE BREAKING OF THE BREAD

The Celebrant breaks the consecrated bread.

We break this bread to share in the body of Christ.
We, being many, are one body, for we all share in the one bread.

AGNUS DEI

John Merbecke



O Lamb of God, that tak-est a-way the sins of the world, have mer-cy up-on us.



O Lamb of God, that tak-est a-way the sins of the world, have mer-cy up-on us.



O Lamb of God, that tak-est a-way the sins of the world, grant us thy peace.

THE INVITATION TO HOLY COMMUNION

The gifts of God for the people of God.
Thanks be to God.

We invite all baptized Christians to receive the sacrament of Holy Communion. Gluten-free wafers are available upon request. If you are unable to come forward, please ask a sidesperson to have Communion brought to you. Healing Prayers are offered during communion in the Lady Chapel.

ANTHEM *Domine salva nos*

William Byrd

*Domine salva nos, perimus:
impera, et fac Deus tranquillitatem.*

*Lord, save us, we perish:
give the command, O God, and create calm.*

*Vesper antiphon for Epiphany IV
Matthew 8:25–26*

THE PRAYER AFTER COMMUNION

Eternal God, grant to your Church the unity and peace that we have tasted in this eucharist, the fruit of your life-giving Spirit. We ask this in the name of Jesus Christ the Lord. **Amen.**

THE DOXOLOGY

Glory to God,
**whose power, working in us,
can do infinitely more
than we can ask or imagine.**
**Glory to God from generation to generation,
in the Church and in Christ Jesus,
forever and ever. Amen.**

THE NOTICES

THE BLESSING

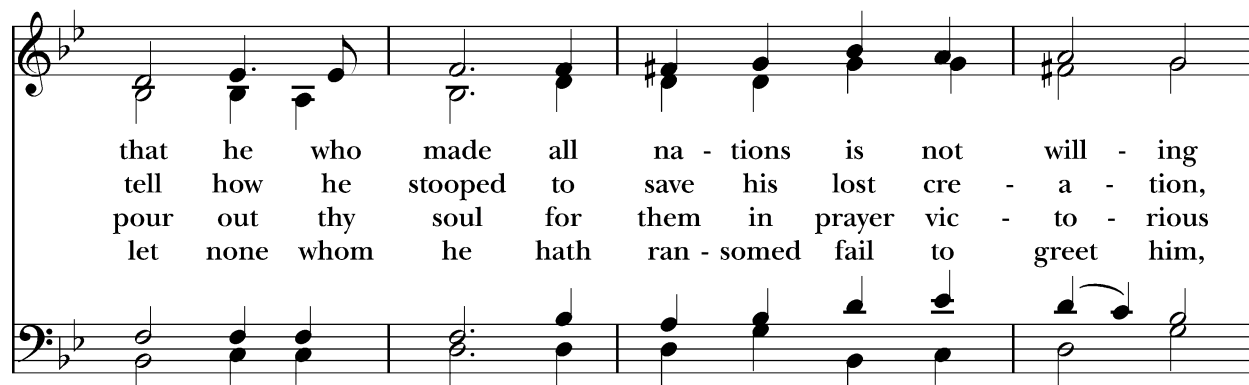
May the God of hope fill you with all joy and peace in believing, so that you may abound in hope by the power of the Holy Spirit; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**



O Zi - on, haste, thy mis - sion high ful - fill - ing,
 Pro - claim to ev - ery peo - ple, tongue, and na - tion
 Send her - alds forth to bear the mes - sage glo - rious;
 He comes a - gain! O Zi - on, ere thou meet him,



to tell to all the world that God is Light;
 that God, in whom they live and move, is Love:
 give of thy wealth to speed them on their way;
 make known to ev - ery heart his sav - ing grace;



that he who made all na - tions is not will - ing
 tell how he stooped to save his lost cre - a - tion,
 pour out thy soul for them in prayer vic - to - rious
 let none whom he hath ran - somed fail to greet him,



one soul should fail to know his love and might.
 and died on earth that all might live a - bove.
 till God shall bring his king - dom's joy - ful day.
 through thy ne - glect, un - fit to see his face.

Refrain

Pub - lish glad ti - dings: ti - dings of peace,

ti - dings of Je - sus, re - demp - tion and re - lease.

THE DISMISSAL

Let go forth in the name of Christ.
Thanks be to God.

VOLUNTARY *Fantasia*

William Byrd (c.1540–1623)

Please remain standing as the procession leaves the church. We hope you will join us for refreshments in the Trendell Lounge after the service.

ST. JOHN'S, SHAUGHNESSY STAFF AND LEADERSHIP

Please contact the parish office if you would like to be added to our mailing list, so that we may let you know about upcoming events.

Clergy and Staff

The Reverend Dr. Terry Shields Dirbas, *Rector* terry.dirbas@sjs.net
The Reverend Dr. Marilyn Hames, *Honorary Assisting Priest*
The Reverend Karin Fulcher, *Deacon (Retired)*
The Reverend Dr. Pitman B. Potter, *Deacon (Retired)*
David Poon, *Director of Music* david.poon@sjs.net
Michael Dirk, *Principal Organist and Artist-in-Residence* organist@sjs.net
Deanna Ferguson, *Parish Administrator* church.office@sjs.net

Trustees

The Rev. Dr. Terry Shields Dirbas, *Rector*
Chrystina Lui, *Rector's Warden* chrystinalui@sjsparish.net
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