



THE HOLY EUCHARIST

THE FOURTH SUNDAY IN LENT

March 10, 2024 • 10:00 AM

*Welcome to St. John's, Shaughnessy!
Wherever you are on your spiritual
journey, and whether you are joining us in
the church building or via the livestream,
we are glad you are here!*

*If you are new here and would like to learn
more, please introduce yourself to the clergy
after the service. If you would like to be
added to our mailing list so that we may
keep you informed of upcoming events,
please contact the church office.*

*Infants and children (and their
accompanying noises) enliven our services.
Colouring, crafts, and quiet toys are
available in the children's area, just to the
left of the front pews.*

*We acknowledge with respect that we
worship on the traditional, ancestral, and
unceded territory of the Coast Salish
Peoples, and we pray that we may live more
deeply into the calls to action from Canada's
Truth and Reconciliation Commission.*

*During the season of Lent, there is no organ prelude. In the silence before the service begins, we
invite you to spend a quiet moment in prayer and preparation for worship.*

*The people's responses are in **bold**.*

THE ENTRANCE RITE

THE LENT PROSE *Attende Domine*

The Cantor sings the Refrain, then all repeat.

***Hear us, O Lord, have mercy upon us:
for we have sin-ned against thee.***

To thee, Redeemer, on thy throne of glory:
lift we our weeping eyes in holy pleadings:
listen, O Jesu, to our supplications. ***Hear us, O Lord . . .***

O thou chief Cornerstone, Right Hand of the Father:
Way of Salvation, Gate of Life Celestial:
cleanse thou of our sinful souls
from all defilement. ***Hear us, O Lord . . .***

God, we implore thee, in thy glory seated :
bow down and hearken to thy weeping children :
pity and pardon all our grievous trespasses. ***Hear us, O Lord . . .***

Sins oft committed now we lay before thee :
with true contrition, now no more we veil them :
grant us, Redeemer, loving absolution. ***Hear us, O Lord . . .***

Innocent, captive, taken unresisting :
falsely accused, and for us sinners sentenced,
save us, we pray thee, Jesu our Redeemer. ***Hear us, O Lord . . .***

THE OPENING ACCLAMATION

Bless the Lord who forgives all our sins.
His mercy endures for ever.

THE COLLECT FOR PURITY

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

THE SUMMARY OF THE LAW

Jesus said, "The first commandment is this: Hear, O Israel: The Lord our God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbour as yourself. There is no other commandment greater than these."

THE CONFESSION AND ABSOLUTION

Let us confess our sins in penitence and faith, firmly resolved to keep God's commandments and to live in love and peace with all.

Silence is kept

Most merciful God, **we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

THE KYRIE *Good Shepherd Service*

Graeme Langager

The Cantor sings the Kyrie first; then all repeat.



THE COLLECT OF THE DAY

Gracious Father, whose blessed Son Jesus Christ came from heaven to be the true bread which gives life to the world, evermore give us this bread, that he may live in us, and we in him, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

Please be seated. Children age four and above are invited to follow their leaders to Godly Play.

THE LITURGY OF THE WORD

THE FIRST READING

Numbers 21:4-9

A reading from the Book of Numbers

From Mount Hor they set out by the way to the Red Sea, to go around the land of Edom; but the people became impatient on the way. The people spoke against God and against Moses, “Why have you brought us up out of Egypt to die in the wilderness? For there is no food and no water, and we detest this miserable food.” Then the Lord sent poisonous serpents among the people, and they bit the people, so that many Israelites died. The people came to Moses and said, “We have sinned by speaking against the Lord and against you; pray to the Lord to take away the serpents from us.” So Moses prayed for the people. And the Lord said to Moses, “Make a poisonous serpent, and set it on a pole; and everyone who is bitten shall look at it and live.” So Moses made a serpent of bronze, and put it upon a pole; and whenever a serpent bit someone, that person would look at the serpent of bronze and live.

Hear what the Spirit is saying to God’s people.

Thanks be to God.

- ¹ Give thanks to the Lord, for he is good,
and his mercy endures for ever.
- ² Let all those whom the Lord has redeemed proclaim
that he redeemed them from the hand of the foe.
- ³ He gathered them out of the lands;
from the east and from the west,
from the north and from the south.
- ¹⁷ Some were fools and took to rebellious ways;
they were afflicted because of their sins.
- ¹⁸ They abhorred all manner of food
and drew near to death's door.
- ¹⁹ Then they cried to the Lord in their trouble,
and he delivered them from their distress.
- ²⁰ He sent forth his word and healed them
and saved them from the grave.
- ²¹ Let them give thanks to the Lord for his mercy
and the wonders he does for his children.
- ²² Let them offer a sacrifice of thanksgiving
and tell of his acts with shouts of joy.

A reading from the letter to the Ephesians

You were dead through the trespasses and sins in which you once lived, following the course of this world, following the ruler of the power of the air, the spirit that is now at work among those who are disobedient. All of us once lived among them in the passions of our flesh, following the desires of flesh and senses, and we were by nature children of wrath, like everyone else. But God, who is rich in mercy, out of the great love with which he loved us even when we were dead through our trespasses, made us alive together with Christ - by grace you have been saved - and raised us up with him and seated us with him in the heavenly places in Christ Jesus, so that in the ages to come he might show the immeasurable riches of his grace in kindness toward us in Christ Jesus. For by grace you have been saved through faith, and this is not your own doing; it is the gift of God - not the result of works, so that no one may boast. For we are what he has made us, created in Christ Jesus for good works, which God prepared beforehand to be our way of life.

Hear what the Spirit is saying to God's people.

Thanks be to God.

Please stand as you are able.

HYMN

NEW BRITAIN

1 A - maz - ing grace! How sweet the sound that
 2 'Twas grace that taught my heart to fear, and
 3 The Lord has prom - ised good to me, his
 4 Through man - y dan - gers, toils, and snares I
 5 When we've been there ten thou - sand years, bright

saved a wretch like me! I once was lost, but
 grace my fears re - lieved; how pre - cious did that
 word my hope se - cures; he will my shield and
 have al - read - y come; 'tis grace that brought me
 shin - ing as the sun, we've no less days to

now am found: was blind, but now I see.
 grace ap - pear the hour I first be - lieved!
 por - tion be as long as life en - dures.
 safe thus far, and grace will lead me home.
 sing God's praise than when we'd first be - gun.

THE GOSPEL ACCLAMATION

The Cantor sings the Refrain; then all repeat.

Unison



Praise to you, O Lord, King of e - ter - nal glo - ry.

Cantor I am the light of the world, says the Lord; those who follow me will have the light of life. *Refrain*

THE HOLY GOSPEL

John 3:14-21

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ, according to John.

Glory to you, Lord Jesus Christ.

Jesus said, "Just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life. Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him. Those who believe in him are not condemned; but those who do not believe are condemned already, because they have not believed in the name of the only Son of God. And this is the judgement, that the light has come into the world, and people loved darkness rather than light because their deeds were evil. For all who do evil hate the light and do not come to the light, so that their deeds may not be exposed. But those who do what is true come to the light, so that it may be clearly seen that their deeds have been done in God."

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

Please be seated.

Please stand as you are able.

THE APOSTLES' CREED

I believe in God,
the Father almighty,
creator of heaven and earth.
I believe in Jesus Christ,
his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again
to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

THE PRAYERS OF THE PEOPLE

With confidence and trust let us pray to the Lord, saying, “Lord, have mercy.”

For the one holy catholic and apostolic Church throughout the world, that it may be filled with truth, unity, and peace; we pray to you, Lord.
Lord, have mercy.

For the mission of the Church, that in faithful witness it may preach the gospel to the ends of the earth. We pray for Justin, the Archbishop of Canterbury; Linda, our Primate; Chris, the National Indigenous Archbishop; and John, our bishop. In the Anglican Cycle of Prayer, we pray for the Episcopal Church. In the diocesan cycle of prayer, we pray for St. George, Maple Ridge; St. George, Fort Langley; the Street Outreach Initiative. We pray also for our companion diocese, the Diocese of Northern Philippines; and for our companion parishes of St. Luke, Butbut Proper, and St. James, Luccong.

For all who proclaim the gospel, and all who seek the truth, we pray to you, Lord.
Lord, have mercy.

For those preparing for baptism and for their families and sponsors, remembering especially Shiloh Owen Trethewey, we pray to you, Lord.
Lord, have mercy.

For peace in the world, that a spirit of respect and reconciliation may grow among nations and peoples, we pray to you, Lord.

Lord, have mercy.

For the poor, the persecuted, the sick, and all who suffer; for refugees, prisoners, and all in danger; that they may be relieved and protected, (remembering especially . . .) we pray to you, Lord.
Lord, have mercy.

For all whom we have injured or offended, and for the grace to amend our lives and to further the reign of God, we pray to you, Lord.
Lord, have mercy.

For all who have died in the communion of your Church, and those whose faith is known to you alone, (remembering especially . . .). That they may rest in peace and rise in glory, we pray to you, Lord.
Lord, have mercy.

The Celebrant concludes

God of grace, you know our struggle to serve you: when sin spoils our lives and overshadows our hearts, come to our aid and turn us back to you again; through Jesus Christ our Lord. **Amen.**

Please stand as you are able.

THE PEACE

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, who has given us access to his grace.

The peace of the Lord be always with you.
And also with you.

The people greet one another with signs of God's peace.

THE OFFERTORY

As the altar is prepared for Holy Communion, the congregation is invited to make an offering as an expression of gratitude for God's generosity. A QR code is provided for those who prefer to donate online. During the collection, a hymn is sung.



1 Deck your - self, my soul, with glad - ness; leave the gloom - y haunts of
 2 Lord, I bow be - fore you low - ly, filled with joy most deep and
 3 Shin - ing Sun, my life you bright - en; Ra - diance, you my soul en -
 4 Je - sus, bread of life, I pray you, let me glad - ly here o -

sad - ness. Come in - to the day - light's splen - dour, there with
 ho - ly, as with tremb - ling awe and wond - er all your
 light - en. Joy, the best of all our know - ing, Foun - tain,
 bey you; nev - er to my hurt in - vit - ed, al - ways

joy your prais - es ren - der to the Lord whose grace un - bound - ed
 might - y works I pon - der— how, by mys - ter - y sur - round - ed,
 swift - ly in me flow - ing: at your feet I kneel, my Mak - er—
 by your love de - light - ed: from this ban - quet let me meas - ure,

has this roy - al ban-quet found - ed; though all oth - er powers ex -
depth no one has ev - er sound - ed, none may dare to pierce un -
let me be a fit par - tak - er of this sac - red food from
Lord, how vast and deep its trea - sure; through the gifts your hands have

cel - ling, with my soul he makes his dwell - ing.
bid - den se - crets that in you are hid - den.
heav - en, for our good, your glor - y, giv - en.
giv - en, let me be your guest in heav - en.

THE HOLY COMMUNION

THE PRAYER OVER THE GIFTS

God of mercy and compassion, your Word calls us home to faith and love. Accept all we offer you this day, in the name of Jesus Christ the Lord. **Amen.**

THE GREAT THANKSGIVING

The Lord be with you. And al-so with you.

Lift up your hearts. We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is indeed right and good to give you thanks and praise, almighty God and everlasting Father, through Jesus Christ your Son. For in these forty days you lead us into the desert of repentance that through a pilgrimage of prayer and discipline we may grow in grace and learn to be your people once again. Through fasting, prayer and acts of service you bring us back to your generous heart. Through study of your holy word you open our eyes to your presence in the world and free our hands to welcome others into the radiant splendour of your love. As we prepare to celebrate the Easter feast with joyful hearts and minds we bless you for your mercy and join with saints and angels for ever praising you and saying:

THE SANCTUS & BENEDICTUS *The Good Shepherd Service*

Graeme Langager

Ho - ly, ho - ly, ho - ly, Lord, God al - might - y;

hea-ven and earth are full of Thy glo - ry. Ho - san - na in the high-est.

Ho - ly, ho - ly, ho - ly, Lord, God al - might - y.

Bless - ed is he who comes in the name of the

Lord. Ho - san - na in the high - est.

The Celebrant continues

Accept our praises, heavenly Father, through your Son our Saviour Jesus Christ, and as we follow his example and obey his command, grant that by the power of your Holy Spirit these gifts of bread and wine may be to us his body and his blood; who, in the same night that he was betrayed, took bread and gave you thanks; he broke it and gave it to his disciples, saying: Take, eat; this is my body which is given for you; do this in remembrance of me.

In the same way, after supper he took the cup and gave you thanks; he gave it to them, saying: Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.

Therefore, heavenly Father, we remember his offering of himself made once for all upon the cross; we proclaim his mighty resurrection and glorious ascension; we look for the coming of your kingdom, and with this bread and this cup we make the memorial of Christ your Son our Lord.

Great is the mystery of faith:

Christ has died.

Christ is risen.

Christ will come again.

Accept through him, our great high priest, this our sacrifice of thanks and praise, and as we eat and drink these holy gifts in the presence of your divine majesty, renew us by your Spirit, inspire us with your love and unite us in the body of your Son, Jesus Christ our Lord. Through him, and with him, and in him, in the unity of the Holy Spirit, with all who stand before you in earth and heaven, we worship you, Father almighty, in songs of everlasting praise: Blessing and honour and glory and power be yours for ever and ever. **Amen.**

THE LORD'S PRAYER

And now, as our Saviour Christ has taught us, we are bold to say,

**Our Father, who art in heaven,
hallowed be thy name,
Thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
the power, and the glory,
for ever and ever. Amen.**

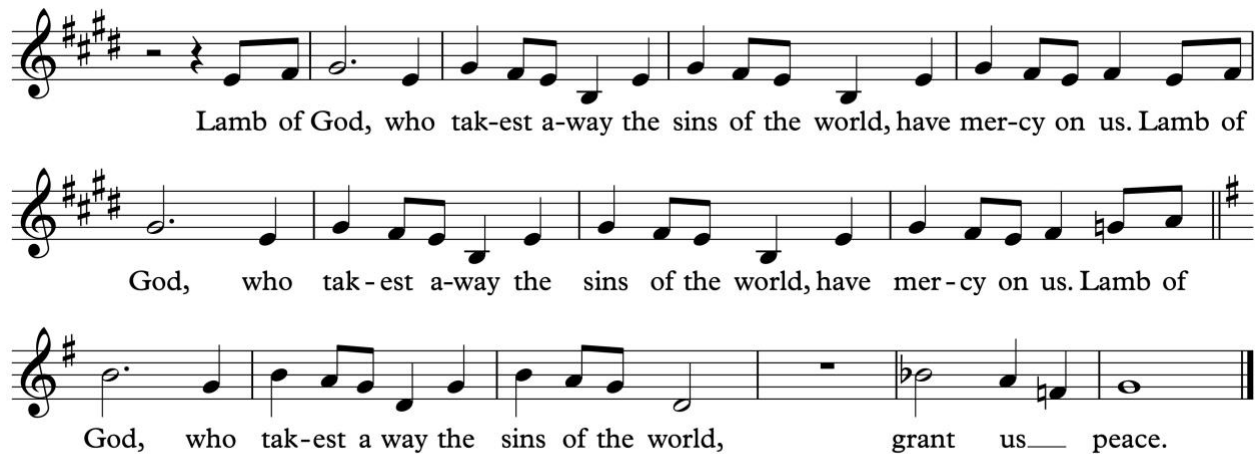
THE BREAKING OF THE BREAD

The Celebrant breaks the consecrated bread.

Every time we eat this bread and drink this cup
we proclaim the Lord's death until he comes.

THE FRACTION ANTHEM *The Good Shepherd Service*

Graeme Langager



Lamb of God, who tak-est a-way the sins of the world, have mer-cy on us. Lamb of

God, who tak-est a-way the sins of the world, have mer-cy on us. Lamb of

God, who tak-est a way the sins of the world, grant us— peace.

THE PRAYER OF HUMBLE ACCESS

We do not presume to come to this your table, O merciful Lord, trusting in our own righteousness, but in your manifold and great mercies. We are not worthy so much as to gather up the crumbs under your table. But you are the same Lord, whose nature is always to have mercy. Grant us, therefore, gracious Lord, So to eat the flesh of your dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

THE INVITATION TO HOLY COMMUNION

Draw near with faith. Receive the body of our Lord Jesus Christ which he gave for you, and his blood which he shed for you. Eat and drink in remembrance that he died for you, and feed on him in your hearts by faith with thanksgiving.

We invite all baptized Christians to receive the sacrament of Holy Communion. Gluten-free wafers are available upon request. If you prefer to receive a blessing instead of the bread and wine, you may indicate that desire by crossing your arms over your chest. If you are unable to come forward, please ask a sidesperson to have Communion brought to you.

COMMUNION ANTHEM *I am the resurrection* Thomas Tomkins (1527-1656)

I am the resurrection and the life saith the Lord:
he that believeth in me, yea, though he were dead,
yet shall he live: and whosoever liveth and
believeth in me shall not die forever.

Please stand as you are able.

PRAYER AFTER COMMUNION

Giver of life, you enlighten all who come into the world. Fill our hearts with the splendour of your grace, that we may perfectly love you and worthily praise your holy name, through Jesus Christ the Lord. **Amen.**

Please be seated.

THE NOTICES

THE SOLEMN PRAYER OVER THE PEOPLE

Bow down before the Lord.

Please kneel or bow, as you are able.

Look down in mercy, Lord, on your people who kneel before you; and grant that those whom you have nourished by your Word and Sacraments may bring forth fruit worthy of repentance; through Christ our Lord.
Amen.

1 Come, thou Fount of ev-ery bless-ing, tune my heart to sing thy grace;
 2 Here I make faith's af-firm-a-tion: thus far by thy help I've come,
 3 O to grace how great a debt-or dai-ly I'm con-strained to be!

streams of mer-cy, nev-er ceas-ing, call for songs of loud-est praise.
 and I hope, by thy com-pas-sion, safe-ly to ar-rive at home.
 Let thy good-ness, like a fet-ter, bind my wan-dering heart to thee.

Teach me some me-lo-dious mea-sure, sung by flam-ing tongues a-bove;
 Je-sus sought me when a stran-ger, wan-dering from the fold of God;
 Prone to wan-der, Lord, I feel it, prone to leave the God I love;

O the vast, the bound-less trea-sure of my God's un-chang-ing love.
 he, to res-cue me from dan-ger, in-ter-posed his pre-cious blood.
 take my heart, O take and seal it, seal it for thy courts a-bove.

THE DISMISSAL

Let us go forth in the name of Christ.

Thanks be to God.

Please remain standing as the procession leaves the church. We hope you will join us for coffee and refreshments in the Trendell Lounge after the service.

ST. JOHN'S, SHAUGHNESSY STAFF AND LEADERSHIP

Please contact the parish office if you would like to be added to our mailing list, so that we may let you know about upcoming events.

Clergy and Staff

| | |
|--|--|
| The Reverend Terry Shields Dirbas, <i>Rector</i> | terry.dirbas@sjs.net |
| The Reverend James Hwang, <i>Curate</i> | jhwang@sjs.net |
| The Reverend Dr. Marilyn Hames, <i>Honorary Assisting Priest</i> | |
| The Reverend Karin Fulcher, <i>Deacon (Retired)</i> | |
| The Reverend Pitman Potter, <i>Deacon (Retired)</i> | |
| Dr. Graeme Langager, <i>Choral Director</i> | graeme.langager@sjs.net |
| Michael Dirk, <i>Principal Organist and Artist-in-Residence</i> | organist@sjs.net |
| Jonathan Robinson, <i>Assistant Organist</i> | |
| Deanna Ferguson, <i>Parish Administrator</i> | church.office@sjs.net |

Trustees

| | |
|--|--|
| The Rev. Terry Shields Dirbas, <i>Rector</i> | |
| Ken Pepin, <i>Rector's Warden</i> | ken.pepin@sjsparish.net |
| Joan Stewart, <i>People's Warden</i> | joan.stewart@sjsparish.net |
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