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# THE HOLY EUCHARIST

THE SECOND SUNDAY IN LENT

February 25, 2024 • 10:00 AM

*Welcome to St. John's, Shaughnessy!  
Wherever you are on your spiritual  
journey, and whether you are joining us in  
the church building or via the livestream,  
we are glad you are here!*

*If you are new here and would like to learn  
more, please introduce yourself to the clergy  
after the service. If you would like to be  
added to our mailing list so that we may  
keep you informed of upcoming events,  
please contact the church office.*

*Infants and children (and their  
accompanying noises) enliven our services.  
Colouring, crafts, and quiet toys are  
available in the children's area, just to the  
left of the front pews.*

*We acknowledge with respect that we  
worship on the traditional, ancestral, and  
unceded territory of the Coast Salish  
Peoples, and we pray that we may live more  
deeply into the calls to action from Canada's  
Truth and Reconciliation Commission.*

*During the season of Lent, there is no organ prelude. In the silence before the service begins, we  
invite you to spend a quiet moment in prayer and preparation for worship.*

*The people's responses are in **bold**.*

## THE ENTRANCE RITE

THE LENT PROSE      *Attende Domine*

*The Cantor sings the Refrain, then all repeat.*

***Hear us, O Lord, have mercy upon us:  
for we have sinned against thee.***

To thee, Redeemer, on thy throne of glory:  
lift we our weeping eyes in holy pleadings:  
listen, O Jesu, to our supplications. ***Hear us, O Lord . . .***

O thou chief Cornerstone, Right Hand of the Father:  
Way of Salvation, Gate of Life Celestial:  
cleanse thou of our sinful souls  
from all defilement. ***Hear us, O Lord . . .***

God, we implore thee, in thy glory seated :  
bow down and hearken to thy weeping children :  
pity and pardon all our grievous trespasses. ***Hear us, O Lord . . .***

Sins oft committed now we lay before thee :  
with true contrition, now no more we veil them :  
grant us, Redeemer, loving absolution. ***Hear us, O Lord . . .***

Innocent, captive, taken unresisting :  
falsely accused, and for us sinners sentenced,  
save us, we pray thee, Jesu our Redeemer. ***Hear us, O Lord . . .***

## THE OPENING ACCLAMATION

Bless the Lord who forgives all our sins.  
**His mercy endures for ever.**

## THE DECALOGUE

Hear the commandments of God to God's people:

I am the Lord your God who brought you out of bondage.

You shall have no other gods but me.

**Amen. Lord have mercy.**

You shall not make for yourself any idol.

**Amen. Lord have mercy.**

You shall not invoke with malice the Name of the Lord your God.

**Amen. Lord have mercy.**

Remember the Sabbath day and keep it holy.

**Amen. Lord have mercy.**

Honour your father and your mother.

**Amen. Lord have mercy.**

You shall not commit murder.

**Amen. Lord have mercy.**

You shall not commit adultery.

**Amen. Lord have mercy.**

You shall not steal.

**Amen. Lord have mercy.**

You shall not be a false witness.

**Amen. Lord have mercy.**

You shall not covet anything that belongs to your neighbour.

**Amen. Lord have mercy.**

## THE CONFESSION AND ABSOLUTION

Let us confess our sins in penitence and faith, firmly resolved to keep God's commandments and to live in love and peace with all.

*Silence is kept*

Most merciful God,  
**we confess that we have sinned against you  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbours as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us,  
that we may delight in your will,  
and walk in your ways,  
to the glory of your name. Amen.**

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

THE KYRIE      *Good Shepherd Service*

Graeme Langager

*The Cantor sings the Kyrie first; then all repeat.*



## THE COLLECT OF THE DAY

Almighty God, whose Son was revealed in majesty before he suffered death upon the cross, give us faith to perceive his glory, that being strengthened by his grace we may be changed into his likeness, from glory to glory; who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

*Please be seated. The children are invited to follow their leaders to Godly Play.*

## THE LITURGY OF THE WORD

THE FIRST READING

Genesis 17:1-7, 15-16

*A reading from the Book of Genesis*

When Abram was ninety-nine years old, the Lord appeared to Abram, and said to him, "I am God Almighty; walk before me, and be blameless. And I will make my covenant between me and you, and will make you exceedingly numerous." Then Abram fell on his face; and God said to him, "As for me, this is my covenant with you: You shall be the ancestor of a multitude of nations. No longer shall your name be Abram, but your name shall be Abraham; for I have made you the ancestor of a multitude of nations. I will make you exceedingly fruitful; and I will make nations of you, and kings shall come from you. I will establish my covenant between me and you, and your offspring after you throughout their generations, for an everlasting covenant, to be God to you and to your offspring after you. As for Sarai your wife, you shall not call her Sarai, but Sarah shall be her name. I will bless her, and moreover I will give you a son by her. I will bless her, and she shall give rise to nations; kings of peoples shall come from her."

Hear what the Spirit is saying to God's people.

**Thanks be to God.**

- 22 Praise the Lord, you that fear him;  
     stand in awe of him, O offspring of Israel;  
     all you of Jacob's line, give glory.
- 23 For he does not despise nor abhor the poor in their poverty;  
     neither does he hide his face from them;  
     but when they cry to him he hears them.
- 24 My praise is of him in the great assembly;  
     I will perform my vows in the presence of those who worship him.
- 25 The poor shall eat and be satisfied,  
     and those who seek the Lord shall praise him:  
     "May your heart live for ever!"
- 26 All the ends of the earth shall remember and turn to the Lord,  
     and all the families of the nations shall bow before him.
- 27 For kingship belongs to the Lord;  
     he rules over the nations.
- 28 To him alone all who sleep in the earth bow down in worship;  
     all who go down to the dust fall before him.
- 29 My soul shall live for him; my descendants shall serve him;  
     they shall be known as the Lord's for ever.
- 30 They shall come and make known to a people yet unborn  
     the saving deeds that he has done.

*A reading from the letter of Paul to the Romans*

The promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation. For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, "I have made you the father of many nations") in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist. Hoping against hope, he believed that he would become "the father of many nations," according to what was said, "So numerous shall your descendants be." He did not weaken in faith when he considered his own body, which was already as good as dead (for he was about a hundred years old), or when he considered the barrenness of Sarah's womb. No distrust made him waver concerning the promise of God, but he grew strong in his faith as he gave glory to God, being fully convinced that God was able to do what he had promised. Therefore his faith "was reckoned to him as righteousness." Now the words, "it was reckoned to him," were written not for his sake alone, but for ours also. It will be reckoned to us who believe in him who raised Jesus our Lord from the dead, who was handed over to death for our trespasses and was raised for our justification.

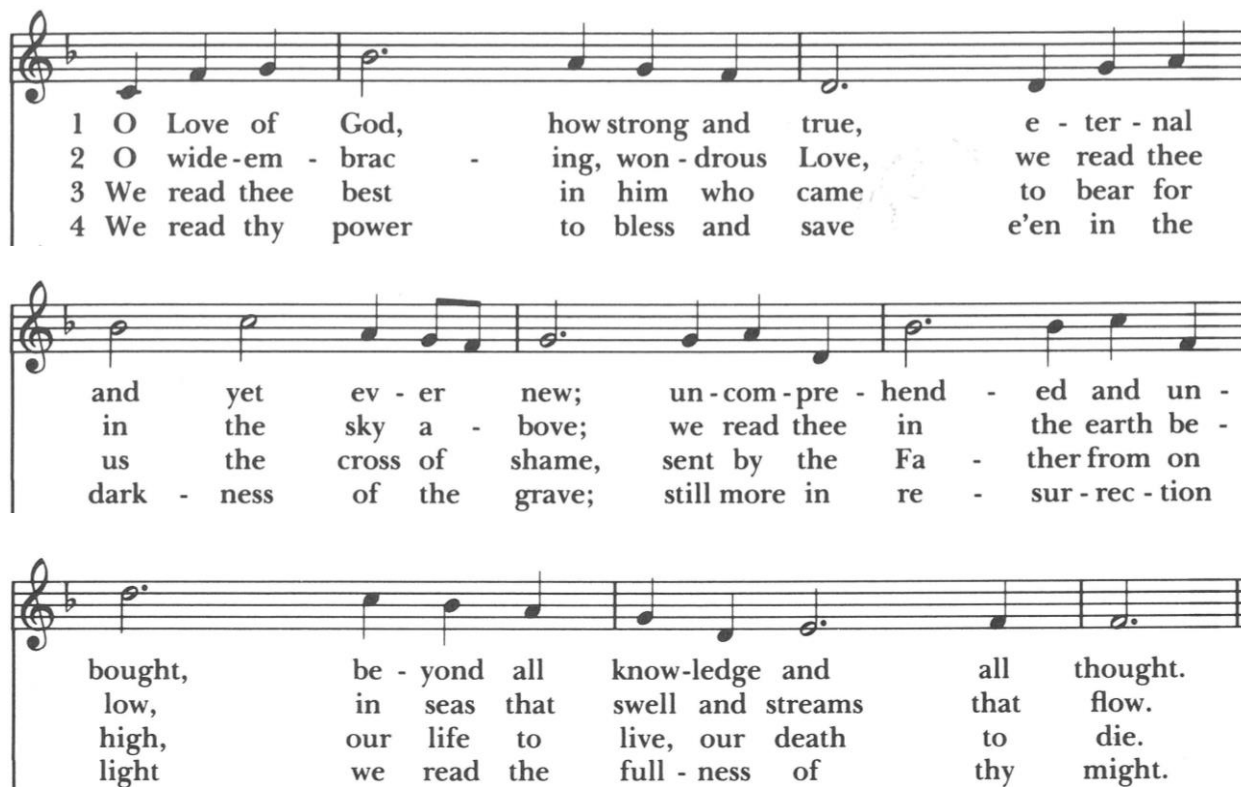
Hear what the Spirit is saying to God's people.

**Thanks be to God.**

*Please stand as you are able.*

HYMN

DUNEDIN



1 O Love of God, how strong and true, e - ter - nal  
2 O wide-em - brac - ing, won - drous Love, we read thee  
3 We read thee best in him who came to bear for  
4 We read thy power to bless and save e'en in the

and yet ev - er new; un - com - pre - hend - ed and un -  
in the sky a - bove; we read thee in the earth be -  
us the cross of shame, sent by the Fa - ther from on  
dark - ness of the grave; still more in re - sur - rec - tion

bought, be - yond all know - ledge and all thought.  
low, in seas that swell and streams that flow.  
high, our life to live, our death to die.  
light we read the full - ness of thy might.



## THE GOSPEL ACCLAMATION

*The Cantor sings the Refrain; then all repeat.*

*Unison*

Praise to you, O Lord, King of e - ter - nal glo - ry.

*Cantor* I do not glory except in the cross of our Lord Jesus Christ, by which the world has been crucified to me, and I to the world.  
*Refrain*

## THE HOLY GOSPEL

Mark 8:31-38

The Lord be with you.

**And also with you.**

The Holy Gospel of our Lord Jesus Christ, according to Mark.

**Glory to you, Lord Jesus Christ.**

Jesus began to teach his disciples that the Son of Man must undergo great suffering, and be rejected by the elders, the chief priests, and the scribes, and be killed, and after three days rise again. He said all this quite openly. And Peter took him aside and began to rebuke him. But turning and looking at his disciples, he rebuked Peter and said, "Get behind me, Satan! For you are setting your mind not on divine things but on human things." He called the crowd with his disciples, and said to them, "If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake, and for the sake of the gospel, will save it. For what will it profit them to gain the whole world and forfeit their life? Indeed, what can they give in return for their life? Those who are ashamed of me and of my words in this adulterous and sinful generation, of them the Son of Man will also be ashamed when he comes in the glory of his Father with the holy angels."

The Gospel of Christ.

**Praise to you, Lord Jesus Christ.**

*Please be seated.*

THE SERMON

The Rev. Terry Shields Dirbas

*Please stand as you are able.*

THE APOSTLES' CREED

I believe in God,  
**the Father almighty,**  
**creator of heaven and earth.**  
I believe in Jesus Christ,  
**his only Son, our Lord.**  
**He was conceived by the power of the Holy Spirit**  
**and born of the Virgin Mary.**  
**He suffered under Pontius Pilate,**  
**was crucified, died, and was buried.**  
**He descended to the dead.**  
**On the third day he rose again.**  
**He ascended into heaven,**  
**and is seated at the right hand of the Father.**  
**He will come again**  
**to judge the living and the dead.**  
I believe in the Holy Spirit,  
**the holy catholic Church,**  
**the communion of saints,**  
**the forgiveness of sins,**  
**the resurrection of the body,**  
**and the life everlasting. Amen.**

## THE PRAYERS OF THE PEOPLE

With confidence and trust let us pray to the Lord, saying, “Lord, have mercy.”

For the one holy catholic and apostolic Church throughout the world, that it may be filled with truth, unity, and peace; we pray to you, Lord.  
**Lord, have mercy.**

For the mission of the Church, that in faithful witness it may preach the gospel to the ends of the earth. We pray for Justin, the Archbishop of Canterbury; Linda, our Primate; Chris, the National Indigenous Archbishop; and John, our bishop. In the Anglican Cycle of Prayer, we pray for the Anglican Church of Tanzania. In the diocesan cycle of prayer, we pray for the Archdeacons of Burrard, Granville, Lougheed, Capilano, Fraser, Westminster, the Archdeacon for Deacons, and the Executive Archdeacon. We pray also for our companion diocese, the Diocese of Northern Philippines; and for our companion parishes of St. Luke, Butbut Proper, and St. James, Luccong.

For all who proclaim the gospel, and all who seek the truth, we pray to you, Lord.

**Lord, have mercy.**

For those preparing for baptism and for their families and sponsors, remembering especially Shiloh Owen Trethewey, we pray to you, Lord.

**Lord, have mercy.**

For peace in the world, that a spirit of respect and reconciliation may grow among nations and peoples, we pray to you, Lord.

**Lord, have mercy.**

For the poor, the persecuted, the sick, and all who suffer; for refugees, prisoners, and all in danger; that they may be relieved and protected, (remembering especially . . . ) we pray to you, Lord.

**Lord, have mercy.**

For all whom we have injured or offended, and for the grace to amend our lives and to further the reign of God, we pray to you, Lord.

**Lord, have mercy.**

For all who have died in the communion of your Church, and those whose faith is known to you alone, (remembering especially . . .). That they may rest in peace and rise in glory, we pray to you, Lord.  
**Lord, have mercy.**

*The Celebrant concludes*

O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and for ever. **Amen.**

*Please stand as you are able.*

#### THE PEACE

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, who has given us access to his grace.

The peace of the Lord be always with you.

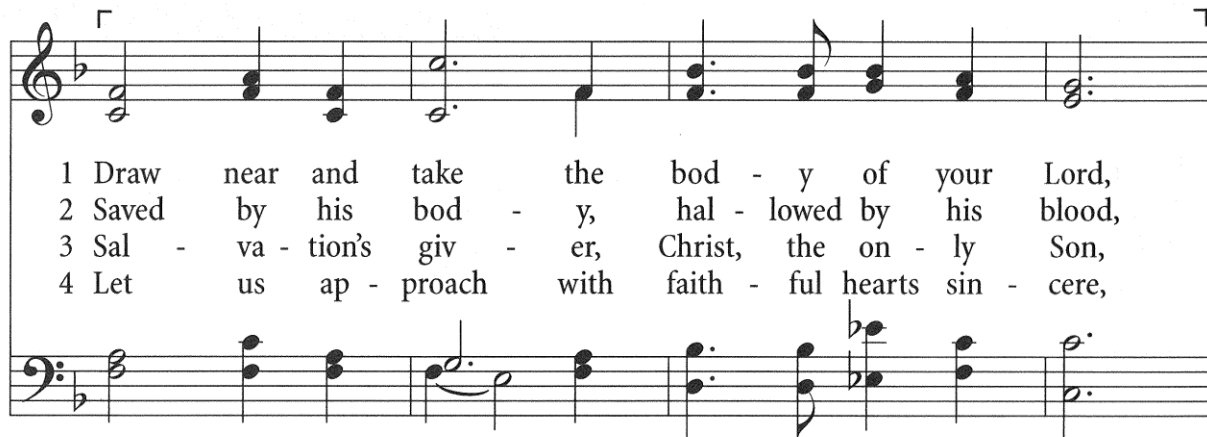
**And also with you.**

*The people greet one another with signs of God's peace.*

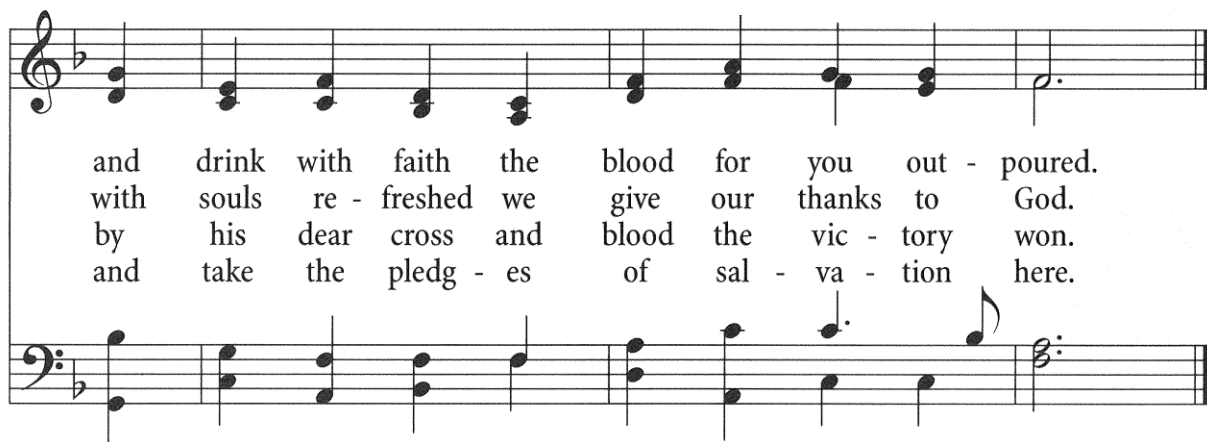
#### THE OFFERTORY

*As the altar is prepared for Holy Communion, the congregation is invited to make an offering as an expression of gratitude for God's generosity. A QR code is provided for those who prefer to donate online. During the collection, a hymn is sung.*





1 Draw near and take the bod - y of your Lord,  
2 Saved by his bod - y, hal - lowed by his blood,  
3 Sal - va - tion's giv - er, Christ, the on - ly Son,  
4 Let us ap - proach with faith - ful hearts sin - cere,



and drink with faith the blood for you out - poured.  
with souls re - freshed we give our thanks to God.  
by his dear cross and blood the vic - tory won.  
and take the pledg - es of sal - va - tion here.

5 The Lord in this world rules his saints, and shields;  
to all believers life eternal yields;

6 with heavenly bread makes those who hunger whole;  
gives living waters to the thirsting soul.

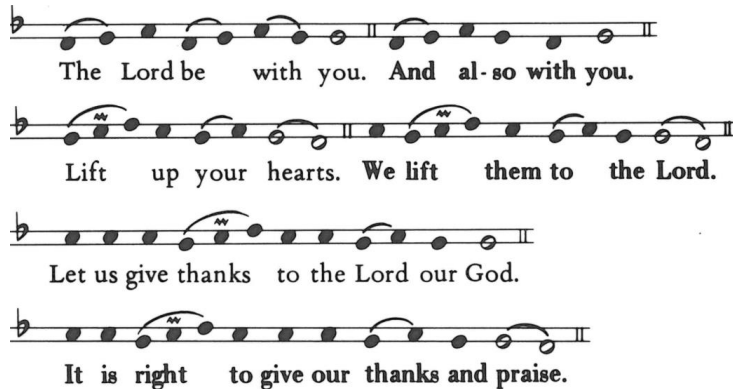
7 Before your presence, Lord, all people bow.  
In this your feast of love be with us now.

## THE HOLY COMMUNION

### THE PRAYER OVER THE GIFTS

God of wisdom, may the light of the eternal Word, our Lord and Saviour Jesus Christ, guide us to your glory. We ask this in his name. **Amen.**

### THE GREAT THANKSGIVING



It is indeed right and good to give you thanks and praise, almighty God and everlasting Father, through Jesus Christ your Son. For in these forty days you lead us into the desert of repentance that through a pilgrimage of prayer and discipline we may grow in grace and learn to be your people once again. Through fasting, prayer and acts of service you bring us back to your generous heart. Through study of your holy word you open our eyes to your presence in the world and free our hands to welcome others into the radiant splendour of your love. As we prepare to celebrate the Easter feast with joyful hearts and minds we bless you for your mercy and join with saints and angels for ever praising you and saying:

Ho - ly, ho - ly, ho - ly, Lord, God al - might - y;  
hea-ven and earth are full of Thy glo - ry. Ho - san - na in the high-est.  
Ho - ly, ho - ly, ho - ly, Lord, God al - might - y.  
Bless - ed is he who comes in the name of the  
Lord. Ho - san - na in the high - est.

*The Celebrant continues*

Accept our praises, heavenly Father, through your Son our Saviour Jesus Christ, and as we follow his example and obey his command, grant that by the power of your Holy Spirit these gifts of bread and wine may be to us his body and his blood; who, in the same night that he was betrayed, took bread and gave you thanks; he broke it and gave it to his disciples, saying: Take, eat; this is my body which is given for you; do this in remembrance of me.

In the same way, after supper he took the cup and gave you thanks; he gave it to them, saying: Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.

Therefore, heavenly Father, we remember his offering of himself made once for all upon the cross; we proclaim his mighty resurrection and glorious ascension; we look for the coming of your kingdom, and with this bread and this cup we make the memorial of Christ your Son our Lord.

Great is the mystery of faith:

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

Accept through him, our great high priest, this our sacrifice of thanks and praise, and as we eat and drink these holy gifts in the presence of your divine majesty, renew us by your Spirit, inspire us with your love and unite us in the body of your Son, Jesus Christ our Lord. Through him, and with him, and in him, in the unity of the Holy Spirit, with all who stand before you in earth and heaven, we worship you, Father almighty, in songs of everlasting praise: Blessing and honour and glory and power be yours for ever and ever. **Amen.**

#### THE LORD'S PRAYER

And now, as our Saviour Christ has taught us, we are bold to say,

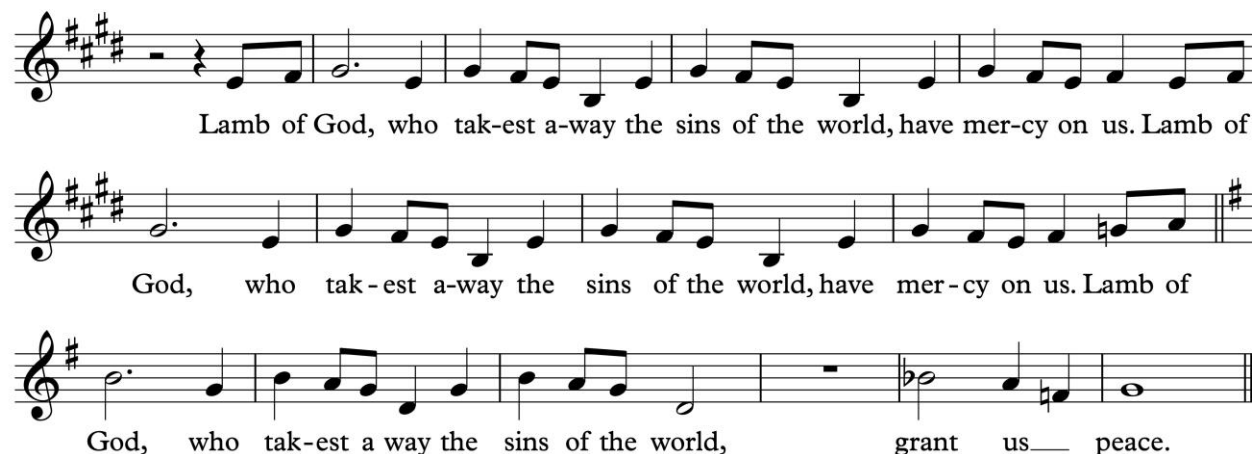
**Our Father,  
who art in heaven,  
hallowed be thy name,  
Thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
the power, and the glory,  
for ever and ever. Amen.**

#### THE BREAKING OF THE BREAD

*The Celebrant breaks the consecrated bread.*

Every time we eat this bread and drink this cup  
**we proclaim the Lord's death until he comes.**





Lamb of God, who tak-est a-way the sins of the world, have mer-cy on us. Lamb of  
God, who tak-est a-way the sins of the world, have mer-cy on us. Lamb of  
God, who tak-est a way the sins of the world, grant us— peace.

## THE PRAYER OF HUMBLE ACCESS

**We do not presume to come to this your table, O merciful Lord, trusting in our own righteousness, but in your manifold and great mercies. We are not worthy so much as to gather up the crumbs under your table. But you are the same Lord, whose nature is always to have mercy. Grant us, therefore, gracious Lord, So to eat the flesh of your dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.**

## THE INVITATION TO HOLY COMMUNION

Draw near with faith. Receive the body of our Lord Jesus Christ which he gave for you, and his blood which he shed for you. Eat and drink in remembrance that he died for you, and feed on him in your hearts by faith with thanksgiving.

*We invite all baptized Christians to receive the sacrament of Holy Communion. Gluten-free wafers are available upon request. If you prefer to receive a blessing instead of the bread and wine, you may indicate that desire by crossing your arms over your chest. If you are unable to come forward, please ask a sidesperson to have Communion brought to you.*

When I survey the wondrous cross  
on which the Prince of glory died,  
my richest gain I count but loss,  
and pour contempt on all my pride.

Forbid it, Lord, that I should boast  
save in the death of Christ, my God!  
All the vain things that charm me most,  
I sacrifice them through his blood.

See, from his head, his hands, his feet,  
sorrow and love flow mingled down.  
Did e'er such love and sorrow meet,  
or thorns compose so rich a crown?

Were the whole realm of nature mine,  
that were a present far too small.  
Love so amazing, so divine,  
demands my soul, my life, my all. Amen.

*Please stand as you are able.*

#### PRAYER AFTER COMMUNION

Creator of heaven and earth, we thank you for these holy mysteries,  
which bring us now a share in the life to come, through Jesus Christ our  
Lord. **Amen.**

*Please be seated.*

#### THE NOTICES

#### THE SOLEMN PRAYER OVER THE PEOPLE

Bow down before the Lord.

*Please kneel or bow, as you are able.*

Keep this your family, Lord, with your never-failing mercy, that relying  
solely on the help of your heavenly grace, they may be upheld by your  
divine protection; through Christ our Lord. **Amen.**

## HYMN

## BOURBON



1 Take up your cross, the Sa - vior said, if  
 2 Take up your cross, let not its weight fill  
 3 Take up your cross, heed not the shame, and  
 4 Take up your cross, then, in his strength, and  
 5 Take up your cross, and fol - low Christ, nor



1 you would my dis - ci - ple be; take up your cross with  
 2 your weak spi - rit with a - larm; his strength shall bear your  
 3 let your fool - ish heart be still; the Lord for you ac -  
 4 calm - ly ev - ery dan - ger brave: it guides you to a -  
 5 think till death to lay it down; for on - ly those who



1 will - ing heart, and hum - bly fol - low af - ter me.  
 2 spi - rit up, and brace your heart, and nerve your arm.  
 3 cept - ed death up - on a cross, on Cal - vary's hill.  
 4 bun - dant life and leads to vic - tory o'er the grave.  
 5 bear the cross may hope to wear the glo - rious crown.

## THE DISMISSAL

Let us go forth in the name of Christ.

**Thanks be to God.**

*Please remain standing as the procession leaves the church. We hope you will join us for coffee and refreshments in the Trendell Lounge after the service.*

## ST. JOHN'S, SHAUGHNESSY STAFF AND LEADERSHIP

*Please contact the parish office if you would like to be added to our mailing list, so that we may let you know about upcoming events.*

### Clergy and Staff

The Reverend Terry Shields Dirbas, <i>Rector</i>	<a href="mailto:terry.dirbas@sjs.net">terry.dirbas@sjs.net</a>
The Reverend James Hwang, <i>Curate</i>	<a href="mailto:jhwang@sjs.net">jhwang@sjs.net</a>
The Reverend Dr. Marilyn Hames, <i>Honorary Assisting Priest</i>	
The Reverend Karin Fulcher, <i>Deacon (Retired)</i>	
The Reverend Pitman Potter, <i>Deacon (Retired)</i>	
Dr. Graeme Langager, <i>Choral Director</i>	<a href="mailto:graeme.langager@sjs.net">graeme.langager@sjs.net</a>
Michael Dirk, <i>Principal Organist and Artist-in-Residence</i>	<a href="mailto:organist@sjs.net">organist@sjs.net</a>
Jonathan Robinson, <i>Assistant Organist</i>	
Deanna Ferguson, <i>Parish Administrator</i>	<a href="mailto:church.office@sjs.net">church.office@sjs.net</a>

### Trustees

The Rev. Terry Shields Dirbas, <i>Rector</i>	
Ken Pepin, <i>Rector's Warden</i>	<a href="mailto:ken.pepin@sjsparish.net">ken.pepin@sjsparish.net</a>
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