



THE HOLY EUCHARIST

THE FIRST SUNDAY IN LENT

February 18, 2024 • 10:00 AM

*Welcome to St. John's, Shaughnessy!
Wherever you are on your spiritual
journey, and whether you are joining us in
the church building or via the livestream,
we are glad you are here!*

*If you are new here and would like to learn
more, please introduce yourself to the clergy
after the service. If you would like to be
added to our mailing list so that we may
keep you informed of upcoming events,
please contact the church office.*

*Infants and children (and their
accompanying noises) enliven our services.
Colouring, crafts, and quiet toys are
available in the children's area, just to the
left of the front pews.*

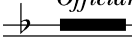

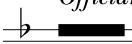
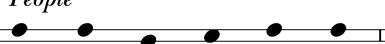
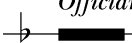



*We acknowledge with respect that we
worship on the traditional, ancestral, and
unceded territory of the Coast Salish
Peoples, and we pray that we may live more
deeply into the calls to action from Canada's
Truth and Reconciliation Commission.*

*During the season of Lent, there is no organ prelude. In the silence before the service begins, we
invite you to spend a quiet moment in prayer and preparation for worship.*


*The people's responses are in **bold**.*

THE ENTRANCE RITE

THE GREAT LITANY

<i>Officiant</i>		<i>People</i>	
O God the Father, Creator of heaven and earth, Have mer - cy up - on us.			
<i>Officiant</i>		<i>People</i>	
O God the Son, Redeemer of the world, Have mer - cy up - on us.			
<i>Officiant</i>		<i>People</i>	
O God the Holy Ghost, Sanctifier of the faith - ful, Have mer - cy up - on us.			
<i>Officiant</i>		<i>People</i>	
O holy, blessed, and glorious Trinity, one God, Have mer - cy up - on us.			

Remember not, Lord, our offences, nor the offences of our forefathers;
spare us, good Lord, spare thy people, whom thou hast redeemed with
thy most precious blood.

<i>People</i>	
Spare us, good Lord.	

From all evil and mischief; from sin, from the crafts and assaults of the
devil; from thy wrath, and from everlasting condemnation,

<i>People</i>	
Good Lord, de - liv - er us.	

From all blindness of heart; from pride, vainglory, and hypocrisy; from
envy, hatred, and malice, and all uncharitableness,

Good Lord, deliver us.

From all uncleanness in thought, word, and deed; and from all the deceits
of the world, the flesh, and the devil,

Good Lord, deliver us.

From lightning and tempest; from earthquake, fire, and flood; from plague, pestilence, and famine; from battle and murder, and from sudden death,

Good Lord, deliver us.

From all sedition, conspiracy, and rebellion; from all false doctrine, heresy, and schism; from hardness of heart, and contempt of thy Word and Commandment,

Good Lord, deliver us.

By the mystery of thy holy Incarnation; by thy holy Nativity; by thy Baptism, Fasting, and Temptation,

Good Lord, deliver us.

By thine Agony and bloody Sweat; by thy Cross and Passion; by thy precious Death and Burial,

Good Lord, deliver us.

By thy glorious Resurrection and Ascension; by thy sending of the Holy Spirit; by thy heavenly Intercession; and by thy Coming again in glory,

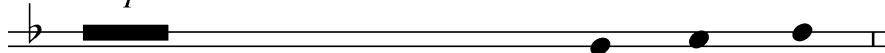
Good Lord, deliver us.

In all times of tribulation; in all times of prosperity; in the hour of death, and in the day of judgement,

Good Lord, deliver us.

We sinners do beseech thee to hear us, O Lord God: and that it may please thee to rule and govern thy holy Church universal in the right way,

People



We beseech thee to hear us, good Lord.

To keep and strengthen in the true worshipping of thee, in holiness of life, and in devotion to his people, thy servant Charles, our most gracious King and Governor,

We beseech thee to hear us, good Lord.

To be his defender and keeper, giving him the victory over all his enemies,

We beseech thee to hear us, good Lord.

To give to all Bishops, Priests, and Deacons, true knowledge and understanding of thy Word; and that both by their preaching and living they may set it forth and show it accordingly,

We beseech thee to hear us, good Lord.

To send forth labourers into thy harvest; to prosper their work by thy Holy Spirit; to make thy saving health known unto all nations; and to hasten thy kingdom,

We beseech thee to hear us, good Lord.

To bless the people of our Country and the Commonwealth, and to endue those set in authority with grace, wisdom, and understanding,

We beseech thee to hear us, good Lord.

To bless and guide the judges and Magistrates, giving them grace to execute justice, and to maintain truth,

We beseech thee to hear us, good Lord.

To bless and keep the King's forces by sea, and land, and air, and to shield them in all dangers and adversities,

We beseech thee to hear us, good Lord.

To give to all nations unity, peace, and concord, that they may serve thee without fear,

We beseech thee to hear us, good Lord.

To bless and protect all who serve mankind by their labour and learning,

We beseech thee to hear us, good Lord.

To preserve all that travel, all women labouring of child, all sick persons and young children; and to show thy pity upon all prisoners and captives,

We beseech thee to hear us, good Lord.

To defend, and provide for, all widows and orphans, and all who are desolate and oppressed,

We beseech thee to hear us, good Lord.

To bless and keep all thy people,
We beseech thee to hear us, good Lord.

To give to all thy people increase of grace, to hear meekly thy Word, and
to receive it with pure affection, and to bring forth the fruit of the Spirit,
We beseech thee to hear us, good Lord.

To bring into the way of truth all who have erred and are deceived,
We beseech thee to hear us, good Lord.

To strengthen such as do stand; to encourage the faint-hearted; to raise
up those who fall; and finally to beat down Satan under our feet,
We beseech thee to hear us, good Lord.

To succour, help, and comfort all that are in danger, necessity, and
tribulation,
We beseech thee to hear us, good Lord.

To have mercy upon all men,
We beseech thee to hear us, good Lord.

To give and preserve to our use the kindly fruits of the earth, so that in
due time we may enjoy them,
We beseech thee to hear us, good Lord.

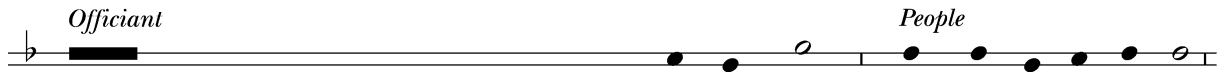
To forgive our enemies, persecutors, and slanderers, and to turn their
hearts,
We beseech thee to hear us, good Lord.

To give us true repentance; to forgive us all our sins, negligences, and
ignorances; and to endue us with the grace of thy Holy Spirit, to amend
our lives according to thy holy Word,
We beseech thee to hear us, good Lord.



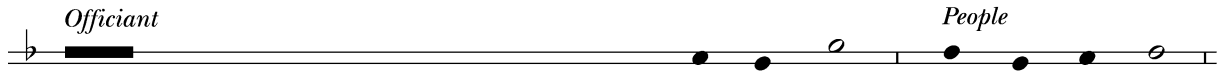
Officiant Son of God, we beseech thee to hear us.

People Son of God, we beseech thee to hear us.

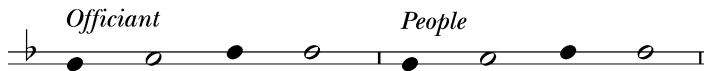


O Lamb of God, that takest away the sins of the world, Have mer-cy up-on us.

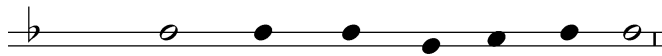
O Lamb of God, that takest away the sins of the world, Have mer-cy up-on us.



O Lamb of God, that takest away the sins of the world, Grant us thy peace.



O Christ, hear us. O Christ, hear us.



Officiant Lord, have mer - cy up - on us.

People Christ, have mer - cy up - on us.

Officiant Lord, have mer - cy up - on us.

THE COLLECT OF THE DAY

Almighty God, whose Son fasted forty days in the wilderness, and was tempted as we are but did not sin, give us grace to discipline ourselves in submission to your Spirit, that as you know our weakness, so we may know your power to save; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

THE LITURGY OF THE WORD

THE FIRST READING

Genesis 9:8-17

A reading from the Book of Genesis

God said to Noah and to his sons with him, "As for me, I am establishing my covenant with you and your descendants after you, and with every living creature that is with you, the birds, the domestic animals, and every animal of the earth with you, as many as came out of the ark. I establish my covenant with you, that never again shall all flesh be cut off by the waters of a flood, and never again shall there be a flood to destroy the earth." God said, "This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth." God said to Noah, "This is the sign of the covenant that I have established between me and all flesh that is on the earth."

Hear what the Spirit is saying to God's people.

Thanks be to God.

- ¹ To you, O Lord, I lift up my soul; my God, I put my trust in you;
let me not be humiliated, nor let my enemies triumph over me.
- ² Let none who look to you be put to shame;
let the treacherous be disappointed in their schemes.
- ³ Show me your ways, O Lord,
and teach me your paths.
- ⁴ Lead me in your truth and teach me,
for you are the God of my salvation;
in you have I trusted all the day long.
- ⁵ Remember, O Lord, your compassion and love,
for they are from everlasting.
- ⁶ Remember not the sins of my youth and my transgressions;
remember me according to your love
and for the sake of your goodness, O Lord.
- ⁷ Gracious and upright is the Lord;
therefore he teaches sinners in his way.
- ⁸ He guides the humble in doing right
and teaches his way to the lowly.
- ⁹ All the paths of the Lord are love and faithfulness
to those who keep his covenant and his testimonies.

THE SECOND READING

1 Peter 3:18-22

A reading from the first letter of Peter

Christ also suffered for sins once for all, the righteous for the unrighteous, in order to bring you to God. He was put to death in the flesh, but made alive in the spirit, in which also he went and made a proclamation to the spirits in prison, who in former times did not obey, when God waited patiently in the days of Noah, during the building of the ark, in which a few, that is, eight persons, were saved through water. And baptism, which this prefigured, now saves you -not as a removal of dirt from the body, but as an appeal to God for a good conscience, through the resurrection of Jesus Christ, who has gone into heaven and is at the right hand of God, with angels, authorities, and powers made subject to him.

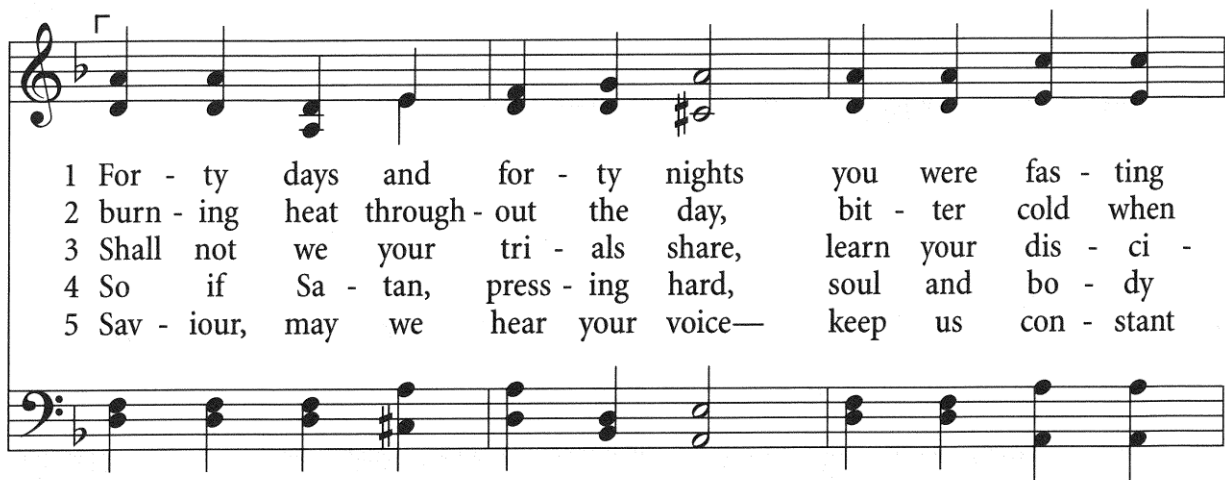
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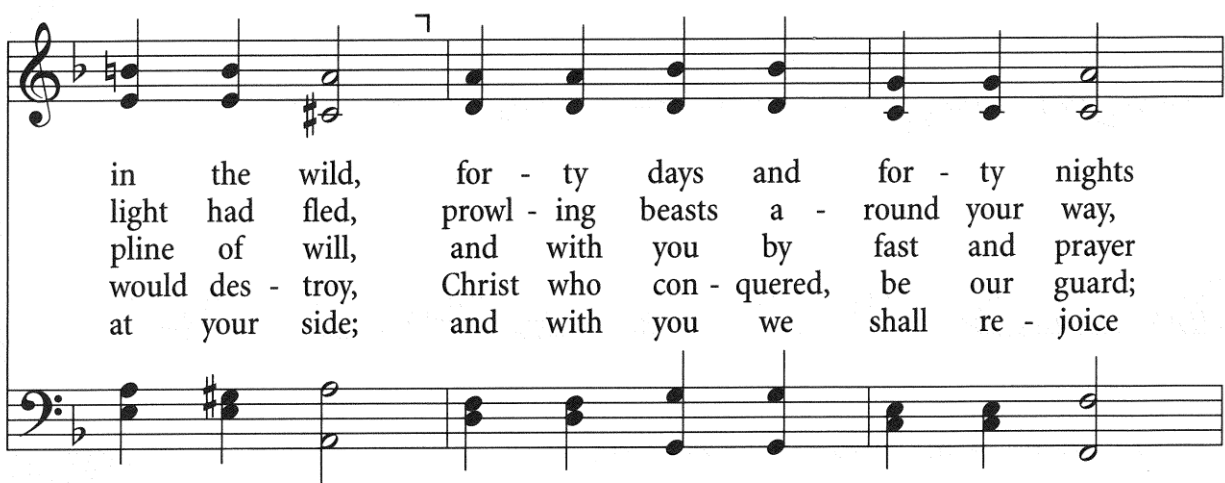
Please stand as you are able.

HYMN

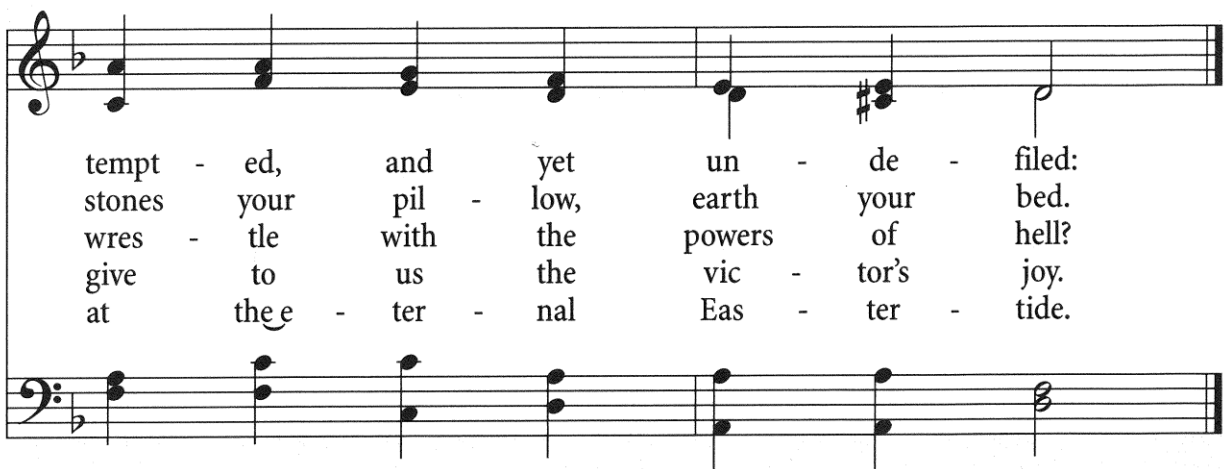
HEINLEIN (AUS DER TIEFE)



1 For - ty days and for - ty nights you were fas - ting
2 burn - ing heat through - out the day, bit - ter cold when
3 Shall not we your tri - als share, learn your dis - ci -
4 So if Sa - tan, press - ing hard, soul and bo - dy
5 Sav - iour, may we hear your voice— keep us con - stant



in the wild, for - ty days and for - ty nights
light had fled, prowl - ing beasts a - round your way,
plene of will, and with you by fast and prayer
would des - troy, Christ who con - quered, be our guard;
at your side; and with you we shall re - joice



tempt - ed, and yet un - de - filed:
stones your pil - low, earth your bed.
wres - tle with the powers of hell?
give to us the vic - tor's joy.
at the e - ter - nal Eas - ter - tide.

THE GOSPEL ACCLAMATION

The Cantor sings the Refrain; then all repeat.



Cantor We shall not live by bread alone, but by every word that proceeds from the mouth of God. *Refrain*

THE HOLY GOSPEL

Mark 1:9-15

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ, according to Mark.

Glory to you, Lord Jesus Christ.

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as he was coming up out of the water, he saw the heavens torn apart and the Spirit descending like a dove on him. And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased." And the Spirit immediately drove him out into the wilderness. He was in the wilderness forty days, tempted by Satan; and he was with the wild beasts; and the angels waited on him. Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

Please be seated.

THE SERMON

The Rev. James Hwang

Please stand as you are able.

THE APOSTLES' CREED

I believe in God,
the Father almighty,
creator of heaven and earth.
I believe in Jesus Christ,
his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again
to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

Please stand as you are able.

THE PEACE

Since we are justified by faith, we have peace with God through our Lord
Jesus Christ, who has given us access to his grace.

The peace of the Lord be always with you.

And also with you.

The people greet one another with signs of God's peace.

THE OFFERTORY

As the altar is prepared for Holy Communion, the congregation is invited to make an offering as an expression of gratitude for God's generosity. A QR code is provided for those who prefer to donate online. During the collection, a hymn is sung.



OFFERTORY HYMN

OLD 124TH

1 E - ter - nal Lord of love, be - hold your Church
2 So dai - ly dy - ing to the way of self,
3 If dead in you, so in you we a - rise,

walk - ing once more the pil - grim way of Lent,
so dai - ly liv - ing to your way of love,
you the first - born of all the faith - ful dead;

led by your cloud by day, by night your fire,
we walk the road, Lord Je - sus, that you trod,
and as through ston - y ground the green shoots break,

moved by your love and toward your pres - ence bent:
 know - ing our - selves bap - tized in - to your death:
 glo - rious in spring - time dress of leaf and flower,
 far off yet here— the goal of all de - sire.
 so we are dead and live with you in God.
 so in the Fa - ther's glo - ry shall we wake.

THE HOLY COMMUNION

THE PRAYER OVER THE GIFTS

God of our journey, as we walk with you on your path of obedience, sustain us on our way and lead us to your glory; through Jesus Christ our Lord. **Amen.**

THE GREAT THANKSGIVING

The Lord be with you. And al - so with you.
 Lift up your hearts. We lift them to the Lord.
 Let us give thanks to the Lord our God.
 It is right to give our thanks and praise.

It is indeed right and good to give you thanks and praise, almighty God and everlasting Father, through Jesus Christ your Son. For in these forty days you lead us into the desert of repentance that through a pilgrimage of prayer and discipline we may grow in grace and learn to be your people once again. Through fasting, prayer and acts of service you bring us back to your generous heart. Through study of your holy word you open our eyes to your presence in the world and free our hands to welcome others into the radiant splendour of your love. As we prepare to celebrate the Easter feast with joyful hearts and minds we bless you for your mercy and join with saints and angels for ever praising you and saying:

THE SANCTUS & BENEDICTUS *The Good Shepherd Service* Graeme Langager

Ho - ly, ho - ly, ho - ly, Lord, God al - might-y;

hea-ven and earth are full of Thy glo-ry. Ho-san-na in the high-est.

Ho - ly, ho - ly, ho - ly, Lord, God al - might-y.

Bless - ed is he who comes in the name of the

Lord. Ho - san - na in the high - est.

Accept our praises, heavenly Father, through your Son our Saviour Jesus Christ, and as we follow his example and obey his command, grant that by the power of your Holy Spirit these gifts of bread and wine may be to us his body and his blood; who, in the same night that he was betrayed, took bread and gave you thanks; he broke it and gave it to his disciples, saying: Take, eat; this is my body which is given for you; do this in remembrance of me.

In the same way, after supper he took the cup and gave you thanks; he gave it to them, saying: Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.

Therefore, heavenly Father, we remember his offering of himself made once for all upon the cross; we proclaim his mighty resurrection and glorious ascension; we look for the coming of your kingdom, and with this bread and this cup we make the memorial of Christ your Son our Lord.

Great is the mystery of faith:

Christ has died.

Christ is risen.

Christ will come again.

Accept through him, our great high priest, this our sacrifice of thanks and praise, and as we eat and drink these holy gifts in the presence of your divine majesty, renew us by your Spirit, inspire us with your love and unite us in the body of your Son, Jesus Christ our Lord. Through him, and with him, and in him, in the unity of the Holy Spirit, with all who stand before you in earth and heaven, we worship you, Father almighty, in songs of everlasting praise: Blessing and honour and glory and power be yours for ever and ever. **Amen.**

THE LORD'S PRAYER

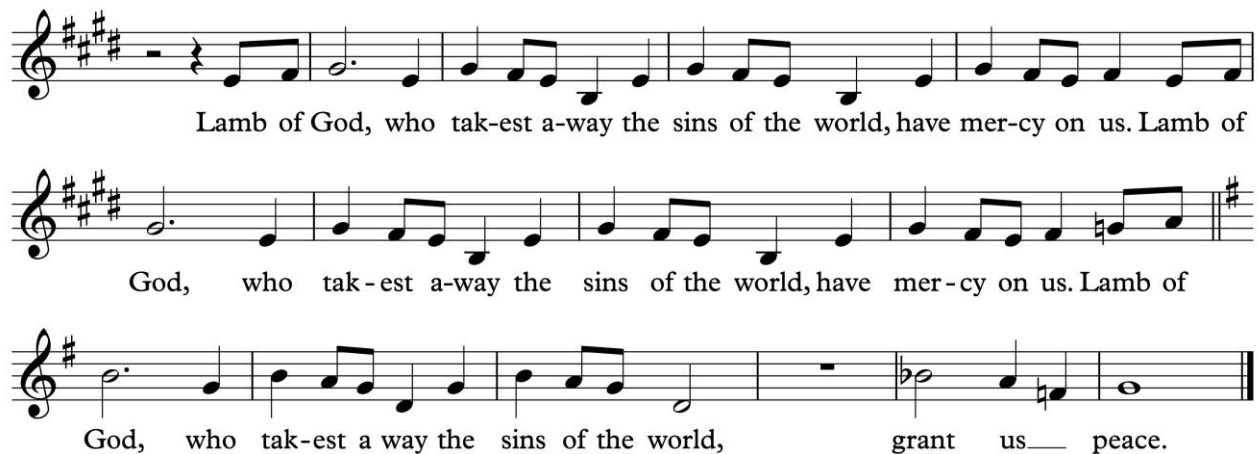
And now, as our Saviour Christ has taught us, we are bold to say,

**Our Father,
who art in heaven,
hallowed be thy name,
Thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
the power, and the glory,
for ever and ever. Amen.**

THE BREAKING OF THE BREAD

The Celebrant breaks the consecrated bread.

Every time we eat this bread and drink this cup
we proclaim the Lord's death until he comes.



Lamb of God, who tak-est a-way the sins of the world, have mer-cy on us. Lamb of
God, who tak-est a-way the sins of the world, have mer-cy on us. Lamb of
God, who tak-est a way the sins of the world, grant us— peace.

THE PRAYER OF HUMBLE ACCESS

We do not presume to come to this your table, O merciful Lord, trusting in our own righteousness, but in your manifold and great mercies. We are not worthy so much as to gather up the crumbs under your table. But you are the same Lord, whose nature is always to have mercy. Grant us, therefore, gracious Lord, So to eat the flesh of your dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

THE INVITATION TO HOLY COMMUNION

Draw near with faith. Receive the body of our Lord Jesus Christ which he gave for you, and his blood which he shed for you. Eat and drink in remembrance that he died for you, and feed on him in your hearts by faith with thanksgiving.

We invite all baptized Christians to receive the sacrament of Holy Communion. Gluten-free wafers are available upon request. If you prefer to receive a blessing instead of the bread and wine, you may indicate that desire by crossing your arms over your chest. If you are unable to come forward, please ask a sidesperson to have Communion brought to you.

COMMUNION ANTHEM *Prevent Us, O Lord* Herbert Brewer (1865-1928)

Prevent us O Lord, in all our doings with thy most gracious favour,
and further us with thy continual help;
that in all our works begun, continued, and ended in thee,
we may glorify thy holy Name.
And finally by thy mercy, obtain everlasting life;
through Jesus Christ our Lord. Amen.

Please stand as you are able.

PRAYER AFTER COMMUNION

Faithful God, in this holy bread you increase our faith and hope and love.
Lead us in the path of Christ who is your Word of life. We ask this in his
name. **Amen.**

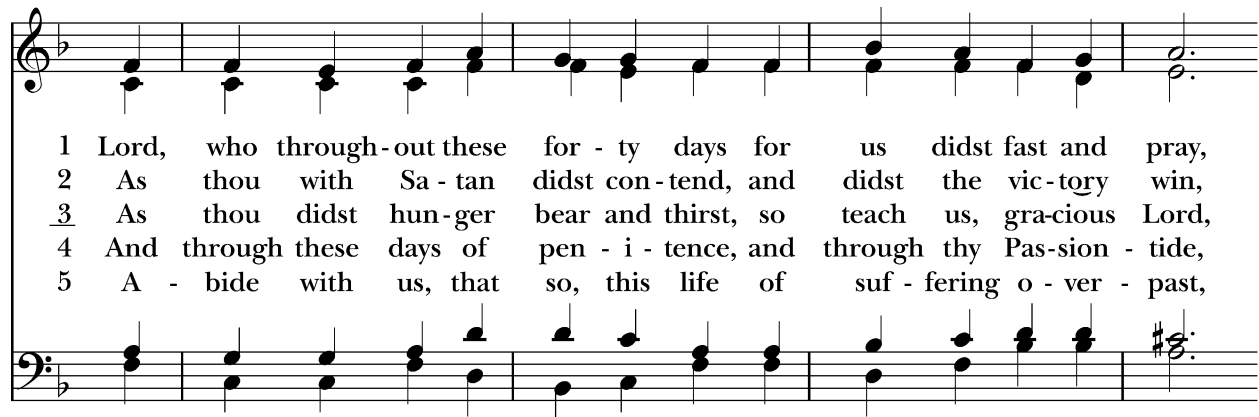
Please be seated.

THE NOTICES

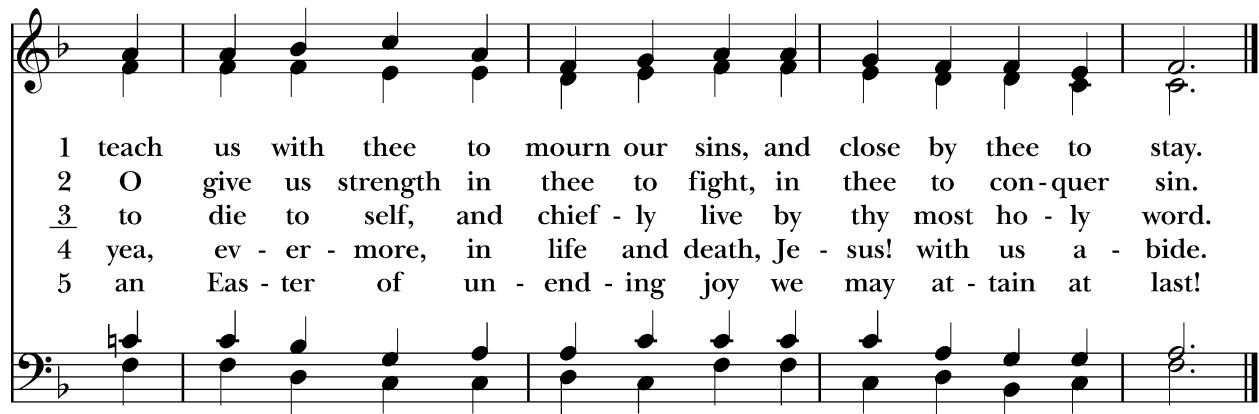
THE SOLEMN PRAYER OVER THE PEOPLE

Bow down before the Lord.

Grant, Almighty God, that your people may recognize their weakness and
put their whole trust in your strength, so that they may rejoice for ever in
the protection of your loving providence; through Christ our Lord.
Amen.



1 Lord, who through-out these for - ty days for us didst fast and pray,
 2 As thou with Sa - tan didst con - tend, and didst the vic - tory win,
 3 As thou didst hun - ger bear and thirst, so teach us, gra - cious Lord,
 4 And through these days of pen - i - tence, and through thy Pas - sion - tide,
 5 A - bide with us, that so, this life of suf - fering o - ver - past,



1 teach us with thee to mourn our sins, and close by thee to stay.
 2 O give us strength in thee to fight, in thee to con - quer sin.
 3 to die to self, and chief - ly live by thy most ho - ly word.
 4 yea, ev - er - more, in life and death, Je - sus! with us a - bide.
 5 an Eas - ter of un - end - ing joy we may at - tain at last!

THE DISMISSAL

Let us go forth in the name of Christ.

Thanks be to God.

Please remain standing as the procession leaves the church. We hope you will join us for coffee and refreshments in the Trendell Lounge after the service.

ST. JOHN'S, SHAUGHNESSY STAFF AND LEADERSHIP

Please contact the parish office if you would like to be added to our mailing list, so that we may let you know about upcoming events.

Clergy and Staff

The Reverend Terry Shields Dirbas, *Rector* terry.dirbas@sjs.net
The Reverend James Hwang, *Curate* jhwang@sjs.net
The Reverend Dr. Marilyn Hames, *Honorary Assisting Priest*
The Reverend Karin Fulcher, *Deacon (Retired)*
The Reverend Pitman Potter, *Deacon (Retired)*
Dr. Graeme Langager, *Choral Director* graeme.langager@sjs.net
Michael Dirk, *Principal Organist and Artist-in-Residence* organist@sjs.net
Jonathan Robinson, *Assistant Organist*
Deanna Ferguson, *Parish Administrator* church.office@sjs.net

Trustees

The Rev. Terry Shields Dirbas, *Rector*
Ken Pepin, *Rector's Warden* ken.pepin@sjsparish.net
Joan Stewart, *People's Warden* joan.stewart@sjsparish.net
Mike Dezell mike.dezell@sjsparish.net
Catherine Holmen catherine.holmen@sjsparish.net



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