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# THE HOLY EUCHARIST

THE THIRD SUNDAY AFTER THE EPIPHANY: PROPER 3

JANUARY 21, 2024 • 10:00 AM

*Welcome to St. John's, Shaughnessy!  
Wherever you are on your spiritual  
journey, and whether you are joining us in  
the church building or via the livestream,  
we are glad you are here!*

*If you are new here and would like to learn  
more, please introduce yourself to the clergy  
after the service. If you would like to be  
added to our mailing list so that we may  
keep you informed of upcoming events,  
please contact the church office.*

*Infants and children (and their accompanying  
noises) enliven our services. Colouring, crafts,  
and quiet toys are available in the children's  
area, just to the left of the front pews.*

*We acknowledge with respect that we worship  
on the traditional, ancestral, and unceded  
territory of the Coast Salish Peoples, and we  
pray that we may live more deeply into the  
calls to action from Canada's Truth and  
Reconciliation Commission.*

*A brief organ voluntary offered a few minutes before the hour bids us all keep silence for prayer  
and preparation.*

*The people's responses are in **bold**.*

PRELUDE

Invention No 8 BWV 779

J.S. Bach (1685-1750)

GREETING

*Please stand as you are able.*

# THE ENTRANCE RITE

HYMN

DUKE STREET

1 Je - sus shall reign wher - e'er the sun  
2 Peo - ple and realms of ev - ery tongue  
3 Bless - ings a - bound wher - e'er he reigns;  
4 Let ev - ery crea - ture rise and bring

doth its suc - ces - sive jour - neys run;  
dwell on his love with sweet - est song,  
the pris - oners leap to lose their chains;  
pe - cu - liar hon - ours to our King,

his king - dom stretch from shore to shore,  
and in - fant voic - es shall pro - claim  
the wear - y find e - ter - nal rest,  
an - gels de - scend with songs a - gain,

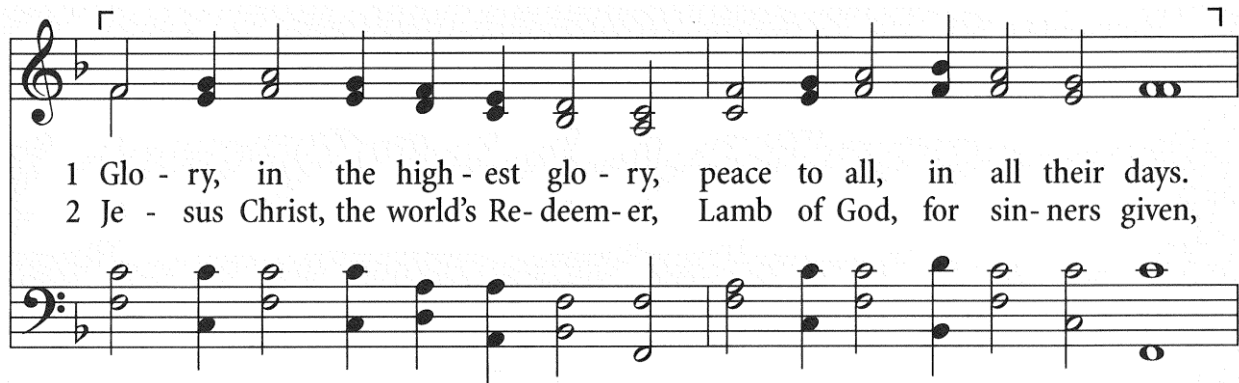
till moons shall wax and wane no more.  
 their ear - ly bless - ings on his name.  
 and all who suf - fer want are blest.  
 and earth re - peat the loud A - men.

### THE OPENING ACCLAMATION

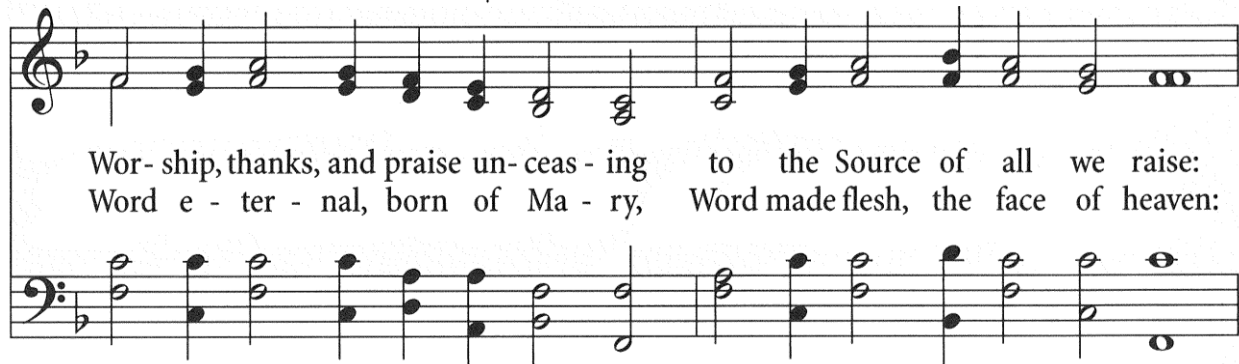
The grace of our Lord Jesus Christ, and the love of God,  
 and the fellowship of the Holy Spirit, be with you all.  
**And also with you.**

### THE COLLECT FOR PURITY

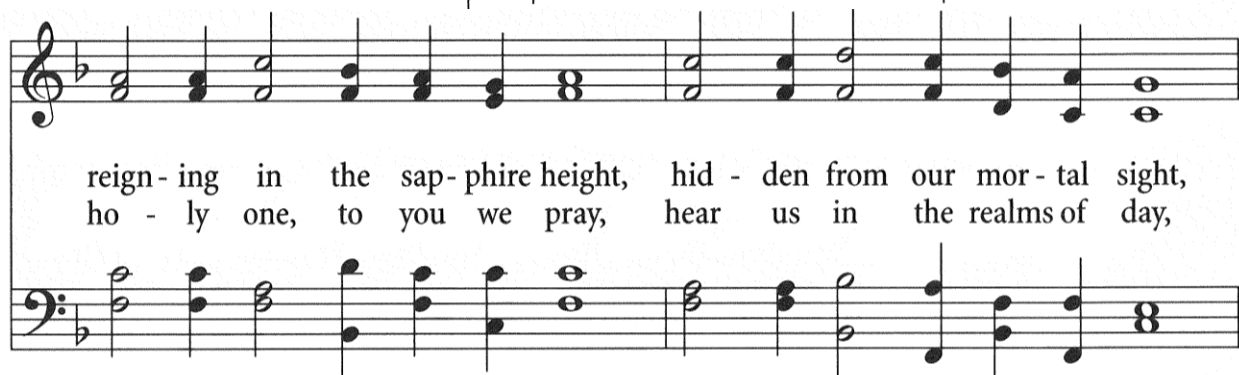
Almighty God,  
 to you all hearts are open,  
 all desires known,  
 and from you no secrets are hidden.  
 Cleanse the thoughts of our hearts  
 by the inspiration of your Holy Spirit,  
 that we may perfectly love you,  
 and worthily magnify your holy name;  
 through Christ our Lord. Amen.



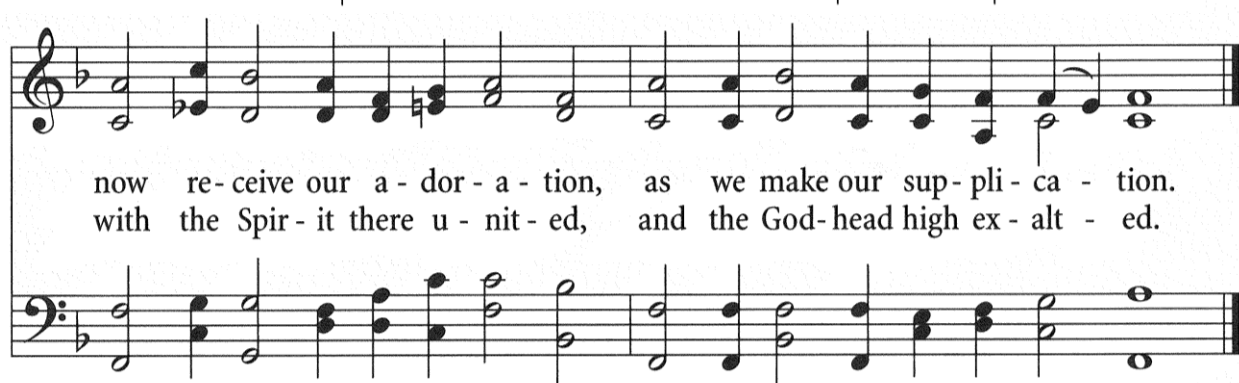
1 Glo - ry, in the high - est glo - ry, peace to all, in all their days.  
2 Je - sus Christ, the world's Re - deem - er, Lamb of God, for sin - ners given,



Wor - ship, thanks, and praise un - ceas - ing to the Source of all we raise:  
Word e - ter - nal, born of Ma - ry, Word made flesh, the face of heaven:



reign - ing in the sap - phire height, hid - den from our mor - tal sight,  
ho - ly one, to you we pray, hear us in the realms of day,



now re - ceive our a - dor - a - tion, as we make our sup - pli - ca - tion.  
with the Spir - it there u - nit - ed, and the God - head high ex - alt - ed.

## THE COLLECT OF THE DAY

Almighty God, by grace alone you call us and accept us in your service. Strengthen us by your Spirit, and make us worthy of your call; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

*Please be seated.*

## THE LITURGY OF THE WORD

### THE FIRST READING

Jonah 3:1-5, 10

*A reading from the Book of Jonah*

The word of the Lord came to Jonah a second time, saying, “Get up, go to Nineveh, that great city, and proclaim to it the message that I tell you.” So Jonah set out and went to Nineveh, according to the word of the Lord. Now Nineveh was an exceedingly large city, a three days’ walk across. Jonah began to go into the city, going a day’s walk. And he cried out, “Forty days more, and Nineveh shall be overthrown!” And the people of Nineveh believed God; they proclaimed a fast, and everyone, great and small, put on sackcloth. When God saw what they did, how they turned from their evil ways, God changed his mind about the calamity that he had said he would bring upon them; and he did not do it.

Hear what the Spirit is saying to God’s people.

**Thanks be to God.**

- 6 For God alone my soul in silence waits;  
truly, my hope is in him.
- 7 He alone is my rock and my salvation,  
my stronghold, so that I shall not be shaken.
- 8 In God is my safety and my honour;  
God is my strong rock and my refuge.
- 9 Put your trust in him always, O people,  
pour out your hearts before him, for God is our refuge.
- 10 Those of high degree are but a fleeting breath,  
even those of low estate cannot be trusted.
- 11 On the scales they are lighter than a breath,  
all of them together.
- 12 Put no trust in extortion; in robbery take no empty pride;  
though wealth increase, set not your heart upon it.
- 13 God has spoken once, twice have I heard it,  
that power belongs to God.
- 14 Steadfast love is yours, O Lord,  
for you repay everyone according to his deeds.

## THE SECOND READING

1 Corinthians 7:29-31

*A reading from the first letter of Paul to the Corinthians*

I mean, brothers and sisters, the appointed time has grown short; from now on, let even those who have wives be as though they had none, and those who mourn as though they were not mourning, and those who rejoice as though they were not rejoicing, and those who buy as though they had no possessions, and those who deal with the world as though they had no dealings with it. For the present form of this world is passing away.

Hear what the Spirit is saying to God's people.

**Thanks be to God.**

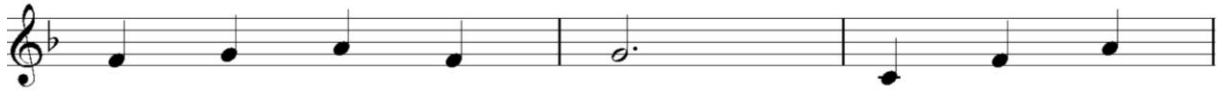
*Please stand as you are able.*

HYMN

GEORGETOWN



1 They cast their nets in Gal - i - lee just  
2 Con - tent - ed, peace - ful fish - er - men, be -  
3 Young John who trimmed the flap - ping sail, home -  
4 The peace of God, it is no peace, but



off the hills of brown; such hap - py,  
fore they ev - er knew the peace of  
less, in Pat - mos died. Pe - ter, who  
strife closed in the sod. Yet let us



sim - ple fish - er - folk, be - fore the Lord came down.  
God that filled their hearts brim - ful, and broke them too.  
hauled the teem - ing net, head - down was cru - ci - fied.  
pray for but one thing— the mar - velous peace of God.

THE GOSPEL ACCLAMATION

*The Cantor sings the Alleluia; then all repeat.*



Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia!

*Cantor* The time is fulfilled, and the kingdom of God is at hand;  
repent, and believe in the gospel. *Alleluia*

The Lord be with you.

**And also with you.**

The Holy Gospel of our Lord Jesus Christ, according to Mark.

**Glory to you, Lord Jesus Christ.**

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news." As Jesus passed along the Sea of Galilee, he saw Simon and his brother Andrew casting a net into the sea - for they were fishermen. And Jesus said to them, "Follow me and I will make you fish for people." And immediately they left their nets and followed him. As he went a little farther, he saw James son of Zebedee and his brother John, who were in their boat mending the nets. Immediately he called them; and they left their father Zebedee in the boat with the hired men, and followed him.

The Gospel of Christ.

**Praise to you, Lord Jesus Christ.**

*Please be seated.*

THE SERMON

The Reverend Terry Shields Dirbas



*Please stand as you are able.*

#### THE APOSTLES' CREED

**I believe in God, the Father almighty, creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.**

**I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.**

*Please remain standing or kneel, as you are able.*

#### THE PRAYERS OF THE PEOPLE

Jesus calls on each of us to follow him. Let us call on Jesus for the needs, concerns, and hopes of people everywhere.

For the peace from above, for the loving-kindness of God, and for the salvation of our souls, let us pray to the Lord.

**Lord, have mercy.**

For the peace of the world, for the welfare of the holy Church of God, and for the unity of all peoples, let us pray to the Lord.

**Lord, have mercy.**

For Justin, the Archbishop of Canterbury; Linda, our Primate; Chris, the National Indigenous Archbishop; and John, our bishop; in the Anglican Cycle of Prayer, for the Church of Church of South India; in the Diocese of New Westminster, for St. Agnes, North Vancouver; St. Paul, Vancouver; St. Titus, Oakridge; St. Timothy, Brentwood; for our companion diocese, the Diocese of Northern Philippines; for our companion parishes of St. Luke, Butbut Proper, and St. James, Luccong; and for all the clergy and people, let us pray to the Lord.

**Lord, have mercy.**

For the leaders of the nations, and for all in authority, including Justin, our Prime Minister; David, our Premier; and Ken, our mayor; let us pray to the Lord.

**Lord, have mercy.**

For this city, for every city and community, and for those who live in them, let us pray to the Lord.

**Lord, have mercy.**

For the good earth which God has given us, and for the wisdom and will to conserve it, let us pray to the Lord.

**Lord, have mercy.**

For those who travel on land, on water, or in the air, let us pray to the Lord.

**Lord, have mercy.**

For the aged and infirm, for the widowed and orphans, and for the sick and suffering, (including . . .), let us pray to the Lord.

**Lord, have mercy.**

For the poor and the oppressed, for the unemployed and the destitute, for prisoners and captives, and for all who remember and care for them, let us pray to the Lord.

**Lord, have mercy.**

For all who have died in the hope of the resurrection, and for all the departed, (especially . . .), let us pray to the Lord.

**Lord, have mercy.**

For deliverance from all danger, violence, oppression, and degradation, let us pray to the Lord.

**Lord, have mercy.**

For the absolution and remission of our sins and offenses, let us pray to the Lord.

**Lord, have mercy.**

That we may end our lives in faith and hope, without suffering and without reproach, let us pray to the Lord.

**Lord, have mercy.**

Defend us, deliver us, and in your compassion protect us, O Lord, by your grace.

**Lord, have mercy.**

In the communion of the Blessed Virgin Mary, St. John the Beloved, and all the saints, let us commend ourselves, and one another, and all our life, to Christ our God.

**To you, O Lord our God.**

*The Celebrant concludes*

Almighty Father, whose blessed Son before his passion prayed for his disciples that they might be one, as you and he are one: Grant that your Church, being bound together in love and obedience to you, may be united in one body by the one Spirit, that the world may believe in him whom you have sent, your Son Jesus Christ our Lord; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

*Please stand as you are able.*

THE PEACE

The peace of the Lord be always with you.

**And also with you.**

*The people greet one another with signs of God's peace.*

THE OFFERTORY

*As the altar is prepared for Holy Communion, the congregation is invited to make an offering as an expression of gratitude for God's generosity. A QR code is provided for those who prefer to donate online. During the collection, a hymn is sung.*





1 Will you come and fol - low me if I but call your name?  
 2 Will you leave your - self be - hind if I but call your name?  
 3 Will you let the blind - ed see if I but call your name?  
 4 Will you love the "you" you hide if I but call your name?  
 5 Lord, your sum - mons ech - oes true when you but call my name.



Will you go where you don't know and nev - er be the same?  
 Will you care for cruel and kind and nev - er be the same?  
 Will you set the pris - oners free and nev - er be the same?  
 Will you quell the fear in - side and nev - er be the same?  
 Let me turn and fol - low you and nev - er be the same.



Will you let my love be shown, will you let my name be known,  
 Will you risk the hos - tile stare should your life at - tract or scare?  
 Will you kiss the lep - er clean and do such as this un - seen,  
 Will you use the faith you've found to re - shape the world a - round,  
 In your com - pa - ny I'll go where your love and foot - steps show.



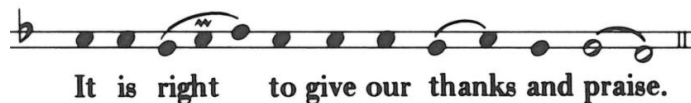
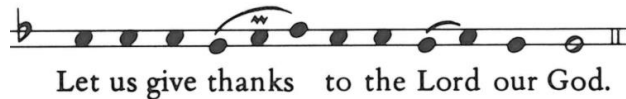
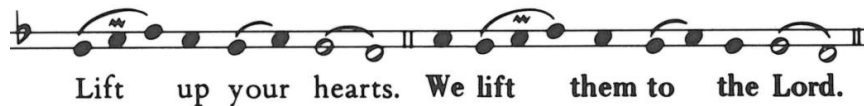
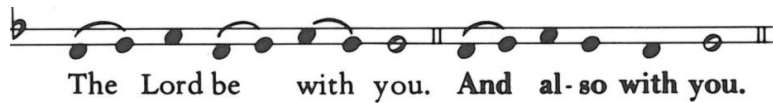
will you let my life be grown in you and you in me?  
 Will you let me an - swer prayer in you and you in me?  
 and ad - mit to what I mean in you and you in me?  
 through my sight and touch and sound in you and you in me?  
 Thus I'll move and live and grow in you and you in me.

## THE HOLY COMMUNION

### THE PRAYER OVER THE GIFTS

Loving God, before the world began you called us. Make holy all we offer you this day, and strengthen us in that calling. We ask this in the name of Jesus Christ the Lord. **Amen.**

### THE GREAT THANKSGIVING



It is indeed right that we should praise you, gracious God, for you created all things. You formed us in your own image: you created us. When we turned away from you in sin, you did not cease to care for us, but opened a path of salvation for all people.

You made a covenant with Israel, and through your servants Abraham and Sarah gave the promise of a blessing to all nations. Through Moses you led your people from bondage into freedom; through the prophets you renewed your promise of salvation.

Therefore, with them, and with all your saints who have served you in every age, we give thanks and raise our voices to proclaim the glory of your name.



Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,  
 heav - en and earth are full of your glor - y. Ho -  
 san - na in the high - est. Ho - san - na in the high - est.  
 Blessed is the one who comes in the name of the Lord. Ho -  
 san - na in the high - est. Ho - san - na in the high - est.

*The Celebrant continues*

Holy God, source of life and goodness, all creation rightly gives you praise. In the fullness of time, you sent your Son Jesus Christ, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He healed the sick and ate and drank with outcasts and sinners; he opened the eyes of the blind and proclaimed the good news of your kingdom to the poor and to those in need. In all things he fulfilled your gracious will.

On the night he freely gave himself to death, our Lord Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Gracious God, his perfect sacrifice destroys the power of sin and death; by raising him to life you give us life for evermore.

Therefore we proclaim the mystery of faith.

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

Recalling his death, proclaiming his resurrection, and looking for his coming again in glory, we offer you, Father, this bread and this cup. Send your Holy Spirit upon us and upon these gifts, that all who eat and drink at this table may be one body and one holy people, a living sacrifice in Jesus Christ, our Lord. Through Christ, with Christ, and in Christ, in the unity of the Holy Spirit, all glory is yours, almighty Father, now and for ever. **Amen.**

#### THE LORD'S PRAYER

And now, as our Saviour Christ has taught us, we are bold to say,

**Our Father,  
who art in heaven,  
hallowed be thy name,  
Thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
the power, and the glory,  
for ever and ever. Amen.**

#### THE BREAKING OF THE BREAD

*The Celebrant breaks the consecrated bread.*

We break this bread to share in the body of Christ.

**We, being many, are one body, for we all share in the one bread.**

THE FRACTION ANTHEM *Mass of St. George*

Andrew Wells (b.1962)

**Larghetto**

(org.) Lamb of God, you take a - way the sin of the

REPEAT Descant

world, have mer - cy on us. Lamb of God, you take a -

way the sin of the world. Grant us peace.

THE INVITATION TO HOLY COMMUNION

The gifts of God for the people of God.  
**Thanks be to God.**

*We invite all baptized Christians to receive the sacrament of Holy Communion. If you prefer to receive a blessing instead of the bread and wine, you may indicate that desire by crossing your arms over your chest. If you are unable to come forward, please ask a sidesperson to have Communion brought to you.*



Thou art the way: to Thee alone  
From sin and death we flee;  
And he who would the Father seek  
Must seek Him, Lord, by Thee.

Thou art the truth: Thy Word alone  
True wisdom can impart;  
Thou only canst inform the mind,  
And purify the heart.

Thou art the life: the rending tomb  
Proclaims Thy conqu'ring arm,  
And those who put their trust in Thee  
Not death nor hell shall harm.

Thou art the way, the truth, the life;  
Grant us that way to know,  
That truth to keep, that life to win,  
Whose joys eternal flow.

(text, Bishop George W. Doane, 1824)

*Please stand as you are able.*

#### THE PRAYER AFTER COMMUNION

Gracious God, our hands have taken holy things; our lives have been nourished by the body of your Son. May we who have eaten at this holy table be strengthened for service in your world. We ask this in the name of Jesus Christ the Lord. **Amen.**

#### THE DOXOLOGY

**Glory to God, whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.**

*Please be seated.*

#### THE NOTICES

Please stand as you are able.


## THE BLESSING

The peace of God which passes all understanding keep your hearts and minds in the knowledge and love of God, and of God's Son, Jesus Christ our Lord; and the blessing of God almighty, the Father, Son, and Holy Spirit, be among you and remain with you always. **Amen.**


## HYMN

REPTON


*Unison*




1 Dear God, com- pas - sion - ate and kind, for - give our  
2 In sim - ple trust like theirs who heard, be - side the  
3 O Sab - bath rest by Gal - i - lee! O calm of  
4 Drop thy still dews of qui - et - ness till all our  
5 Breathe through the heats of our de - sire thy cool - ness



fool - ish ways. Re - clothe us in our right - ful  
Syr - ian sea, the gra - cious call - ing of the  
hills a - bove, where Je - sus knelt to share with  
striv - ings cease; take from our souls the strain and  
and thy balm; let sense be dumb, let flesh re -



mind, in pur - er lives thy ser - vice find, in  
Lord, let us, like them, with - out a word, rise  
thee the si - lence of e - ter - ni - ty in -  
stress, and let our or - dered lives con - fess the  
tire; speak through the earth - quake, wind, and fire, O



deep - er rev - erence, praise, in deep - er rev - erence, praise.  
 up and fol - low thee, rise up and fol - low thee!  
 ter - pret - ed by love, in - ter - pret - ed by love!  
 beau - ty of thy peace, the beau - ty of thy peace.  
 still small voice of calm, O still small voice of calm.

THE DISMISSAL

Let us go forth in the name of Christ.

**Thanks be to God.**

VOLUNTARY Fugue in D BWV 732

J.S. Bach

*Please remain standing as the procession leaves the church. Though some people choose to stay for the entire organ postlude, please feel welcome to depart when the Spirit moves you. We hope you will join us for coffee and refreshments in the Trendell Lounge after the service.*

## ST. JOHN'S, SHAUGHNESSY STAFF AND LEADERSHIP

*Please contact the parish office if you would like to be added to our mailing list, so that we may let you know about upcoming events.*

### Clergy and Staff

The Reverend Terry Shields Dirbas, *Rector* [terry.dirbas@sjs.net](mailto:terry.dirbas@sjs.net)  
The Reverend James Hwang, *Curate* [jhwang@sjs.net](mailto:jhwang@sjs.net)  
The Reverend Dr. Marilyn Hames, *Honorary Assisting Priest*  
The Reverend Karin Fulcher, *Deacon (Retired)*  
The Reverend Pitman Potter, *Deacon (Retired)*  
Dr. Graeme Langager, *Choral Director* [graeme.langager@sjs.net](mailto:graeme.langager@sjs.net)  
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Deanna Ferguson, *Parish Administrator* [church.office@sjs.net](mailto:church.office@sjs.net)

### Trustees

The Rev. Terry Shields Dirbas, *Rector*  
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