

From the Rector

Ten Rules of Respect (Plus One)

Every year in January, it is my custom to publish the Ten Rules of Respect (Plus One). These guidelines have been shared in many parishes in many denominations over the years. I continue to offer them, year after year, as a framework for our common life together, because they encourage us to communicate in healthy, respectful ways, honouring one another's dignity and well-being.

There will be times when we adhere to these rules well, and other times when we fall short. I only ask that we do our very best to incorporate them into our lives (both within and outside of the parish). As we do, I trust God will work through us and in us in our relationships with one another, and that together we will grow into the individuals, and the parish, God hopes we will be.

Peace,
Mother Terry+

Ten (Plus One) Rules for Respect

1. **If you have a problem with me, come to me** (privately).
2. **If I have a problem with you, I will come to you** (privately).
3. **If someone has a problem with me and comes to you, send them to me.** (I'll do the same for you.)
4. **If someone consistently will not come to me, say, "Let's go to Mother Terry together. I am sure she will see us about this."** (I will do the same for you.)
5. **Be careful how you interpret me—I'd rather do that.** On matters that are unclear, do not feel pressured to interpret my feelings or thoughts. It is easy to misinterpret intentions. Assume the best of me, and ask if you have questions about my intentions.

6. **I will be careful how I interpret you.** I will assume the best of you, and ask if I have questions about your intentions.
7. **If it's confidential, don't tell.** If you or anyone comes to me in confidence, I won't tell unless a) the person is going to harm themselves, b) the person is going to physically harm someone else, or c) a child has been physically or sexually abused. I expect the same from you.

A caveat on this: the confidentiality in prayer and support groups is meant to build up the Body of Christ by strengthening one's spiritual life. It is not intended to provide cover for breaking these rules of respectful communication. It is not wise to assume that speaking ill of someone, or behaving destructively in a confidential group, will somehow not get out. These things have a way of doing so.

8. **I do not read unsigned letters or notes.**
9. **I do not manipulate; I will not be manipulated; do not let others manipulate you.** Do not let others try to manipulate me *through* you. I will not preach "at you." I will leave conviction to the Holy Spirit (the Holy Spirit does it better anyway!).
10. **When in doubt, just say it.** The only dumb questions are those that don't get asked. Our relationships with one another, at the end of the day, are the most important things so if you have a concern, pray, and then (if led) speak up. If I can answer it without misrepresenting something, someone, or breaking a confidence, I will.

... and the 11th Rule

11. **Pray for one another.** That's not just a throwaway line. Lifting one another to God in prayer is how we learn, slowly and sometimes painfully, but ultimately joyfully, to see each other with God's eyes, hear each other with God's ears and love each other with God's heart. My holding you in prayer will always include me asking God to love you through me. Pray that for me, and for one another.



14 JAN.
2024



**AND NOW
SOMETHING
COMPLETELY**



DIFFERENT



SPECIAL PERFORMANCE



MICHAEL DIRK

ORGAN CONCERT

Canadian Memorial United Church
Corner of Burrard and 15th, Vancouver

Start At 1:30 PM



Tickets online or at the door!



Labyrinth is Open

The Labyrinth here at St. John's Shaughnessy will be open for walking on Thursday mornings from 9 am to 9:45 am. For those who would like to stay, a service of Holy Eucharist with Healing Prayers begins at 10 am followed by a low-key Bible Study.

Westside Anglican Neighbourhood Ministry

As always, we are very grateful for the generosity of parishioners for their donations that go out to folks living on the street. At the moment we are especially in need of the following items:

- Socks (thick socks are good, but please not so thick that folks cannot get shoes on over them)
- T-shirts (medium size and up is best)
- Pudding cups
- Simple wipes (or an equivalent brand) for hands/face/body in small packets
- Handwarmers
- Toothbrushes individually wrapped
- Disposable shaving razors

We also welcome donations of the following items that are continually needed:

- Warm tops (hoodies, sweaters)
- Sweat pants
- Travel size toothpastes
- Mini unscented soaps (like you find at hotels)
- Meal replacement drinks (e.g. Ensure/Boost)
- Juice boxes with straws
- Fruit caps
- Canned tuna or similar (check that it has a ring pull)
- Soft granola bars (not hard or crunchy)

Prayer List

If you request that someone's name be added to the prayer list, please keep in touch with us. At the end of each month, all names will be removed, so you will need to add the names again at the end of each month. Please also let us know if you want someone removed from the list. Email the office (church@sjns.net) anytime! Thank you.

Financial Support – Stewardship

If you would like to make a financial contribution to help support the worship and ministry of St. John's Shaughnessy, please do! You can use this QR code (point your phone's camera at it) and it will take you to the donation page of our website. If you have recently made a contribution online or by cheque, thank you so very much!

If you currently give by Pre-Authorized Donation, thank you! Our church has been affected by COVID-19 in many ways and financial giving is certainly one.

If you would like to give via monthly Pre-Authorized Donations (easy to change and easy to cancel), please contact the office (church.office@sj.s.net or 604-731-4966).



If you would like to give to the church using a credit card, please use the DONATE button on our website (Canada Helps on top of page one, and Paypal on the bottom of page one). Cheques may be mailed or dropped through the church mail.

ST. JOHN'S, SHAUGHNESSY STAFF AND LEADERSHIP

Please contact the parish office if you would like to be added to our mailing list, so that we may let you know about upcoming events.

Clergy and Staff

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