

*"Let the same mind be in you that was in Christ Jesus, who, though he was in the form of God, did not regard equality with God as something to be exploited, but emptied himself, taking the form of a slave, and being born in human likeness. " - Philippians 2:5-7*

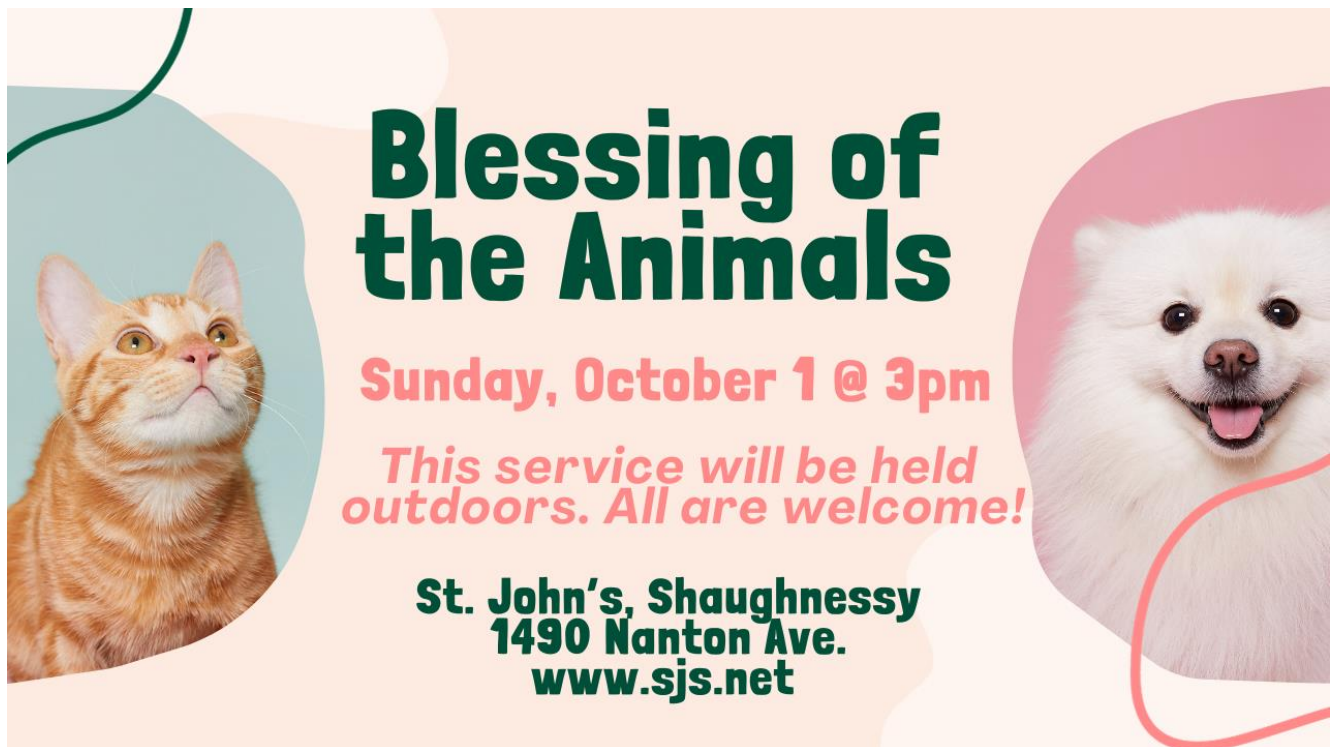
This is one of my favourite scripture passages. You'll notice, if you read it in your old-fashioned (non-digital) Bible, and even in many online resources, that the text of these verses and those that follow is set apart like a poem. Scholars believe Paul is quoting a very early Christian hymn which would have already been known to his readers. Considering that the letter to the Philippians was written around the year 61 CE, this is a very early piece of Christian history!

In the decades after Jesus' death and resurrection, believers didn't have their theology neatly organized-- that would take the Church centuries to iron out. They weren't sure what to say about Jesus' divinity and his humanity; they didn't have a theory of the Trinity (though they believed in the Father, Son, and Holy Spirit); and they certainly hadn't wrestled much with how atonement worked (a subject that's still not settled). The Gospel was so fresh, and Jesus' followers still expected this world would end quickly. Why grapple with such things?

But here, we have some insight into their perspective on Jesus' identity and his resurrection. And what do we learn? The way of God demonstrated in Jesus Christ was the way of humility. Jesus willingly gave up the benefits of divinity, and his humility is what leads to his ultimate triumph. Jesus' voluntarily being made low leads to his being lifted high, exalted to the right hand of God, that the rest of us might make ourselves humble before him.

It's a beautiful vision of his teaching that the last shall be first, and that greatness is manifest in humility. And we are called to follow Jesus' example, in our own lives, being humble, as he was humble. If Jesus, who had every cause for boasting, made himself low, how much more ought we to subject ourselves to one another's needs and best interests, for the sake of sharing God's love?

Blessings,  
Mother Terry+



**Blessing of  
the Animals**

**Sunday, October 1 @ 3pm**

*This service will be held  
outdoors. All are welcome!*

**St. John's, Shaughnessy  
1490 Nanton Ave.  
[www.sjs.net](http://www.sjs.net)**

Our annual Blessing of the Animals will take place this Sunday afternoon at 3 p.m. Please bring your own pets, and spread the word to friends and family. Please keep dogs on leash and cats in carriers for everyone's safety and comfort.



# TAIZÉ PRAYER

THURSDAY, OCTOBER 5TH AT 6PM

ST. JOHN'S, SHAUGHNESSY  
1490 NANTON AVE

Taizé is a form of Christian prayer originating from the ecumenical Christian community of Taizé in France.

One is invited to rest in God through the singing of psalm verses and other simple chants, alternating with periods of silent reflection.

HARVEST  
**THANKSGIVING**  
SUNDAY, OCTOBER 8



Bring the bread and wine or sparkling cider  
for your Thanksgiving table for a special blessing.

*O give thanks to the Lord, for he is good; for his steadfast  
love endures forever. -1 Chronicles 16:34*



**Benefit Concert**  
**For**  
***The Westside Anglican Neighbourhood Ministry***  
**With**  
***Neighbourhood Gospel Band***  
**Special Guest Jim Byrnes**

Sunday, October 15, 2023 4:00pm  
St. John's Shaughnessy Anglican Church  
1490 Nanton Avenue, Vancouver  
Admission by Donation



*Original watercolour by Marilyn Hames © 2023,  
adapted by permission.*





## Small Group for Spiritual Practice A Tree of Life

Oct 17th - Nov 21st (5 Tuesdays, no session on Nov 7th)  
7:00pm - 8:00pm

in person at St. John's parish

Facilitated by James Hwang and Karin Fulcher

Using scriptures and literature related to the metaphor of a tree,  
we will find God in our hearts and within our daily lives.

It will be a time for us to find God-seed in us, be rooted in God,  
connect inner and outer life, discover seasons of our journey,  
and open a fruitful life throughout 5 weeks course.

Each session will last about an hour  
and involve reflection and sharing.

If you are interested or have any questions,  
Please email : [jhwang@sjs.net](mailto:jhwang@sjs.net)





# Solemn Choral Evensong

for All Faithful Departed

with prayers for those who have been  
laid to rest in the Garden of Remembrance

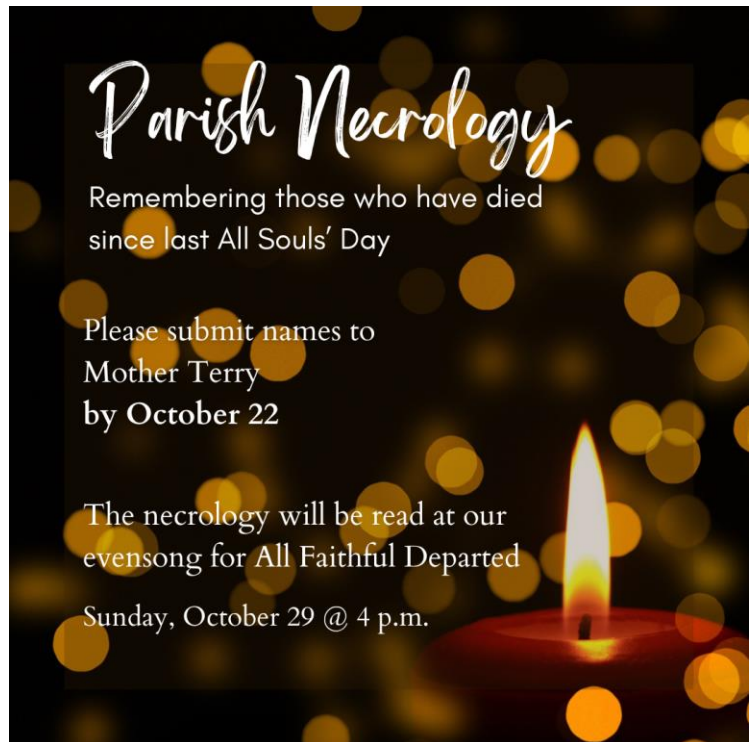
SUNDAY, OCTOBER 29 @ 4 P.M.  
ST. JOHN'S, SHAUGHNESSY  
1490 NANTON AVE.

## Parish Necrology:

**Please submit names by  
October 22**

At our choral evensong on October 29, we will observe the Commemoration of All Faithful Departed. While this is a service to remember all those who have gone before us, there is also a long tradition of reading the parish necrology, or list of those who have died since the last All Souls' Day.

If you have family members or close friends who have died in the past year, please submit their names to Mother Terry by October 22. Please also reach out to their loved ones to let them know about the worship service, and that they will be named in our prayers that evening. Often their relatives will choose to attend, and it can serve as a wonderful way to offer support to those who are still grieving.

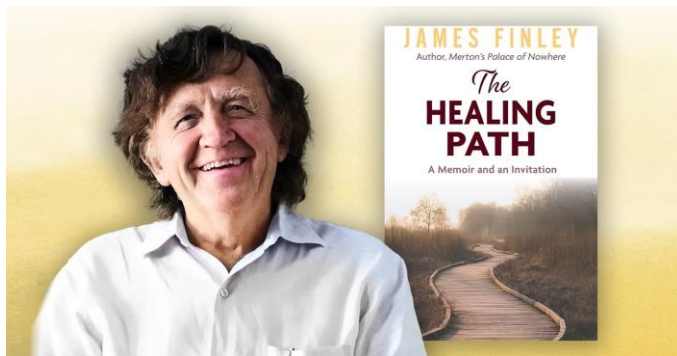


## Trick-or-Treating at Church Sunday, October 29 after the 10 a.m. service

Children and “children at heart” are invited to wear costumes to church the morning of October 29. (Please keep costumes “family friendly.”) After the service, young people are invited to trick-or-treat around the church. Volunteers to host a station for trick-or-treating are needed. We would also be grateful for donations of candy for this event. **Please**

**contact Father James to sign up or for more information.** Thank you!





**The Healing Path:  
A Memoir and an Invitation**  
**A Zoom Event with  
James Finley, Ph.D.**  
Student of Thomas Merton,  
contemplative practitioner and  
Clinical Psychologist

Join us as Jim Finley guides us through an exploration of his latest book ***The Healing Path: A Memoir and an Invitation***. Hosted by Heather Ruce and Carol Hekman, our time together will include a talk from Jim on the book's themes, question and response, and contemplative practice.

***The Healing Path: A Memoir and an Invitation:*** The book explores the spirituality of healing, the fruit of the author's lifetime in conducting spiritual direction and psychotherapy, drawing on his lessons from Thomas Merton and study of the mystical path. It is primarily written as a memoir of his recovery from the traumatic wounds of his early life (abusive father, abuse by his confessor in the monastery, a dysfunctional marriage, and his road to healing and wholeness). But it is not just about his story—it is an invitation to the reader to reflect and resonate with the lessons that apply to their own stories.

**Registration:** Pay from the Heart – \$10 – \$50 (Please be generous!)

The Event will be recorded and made available for a limited time after the event to all who have registered.

**Schedule for the Day (in PST):**

10:00 Session 1

11:30 Break

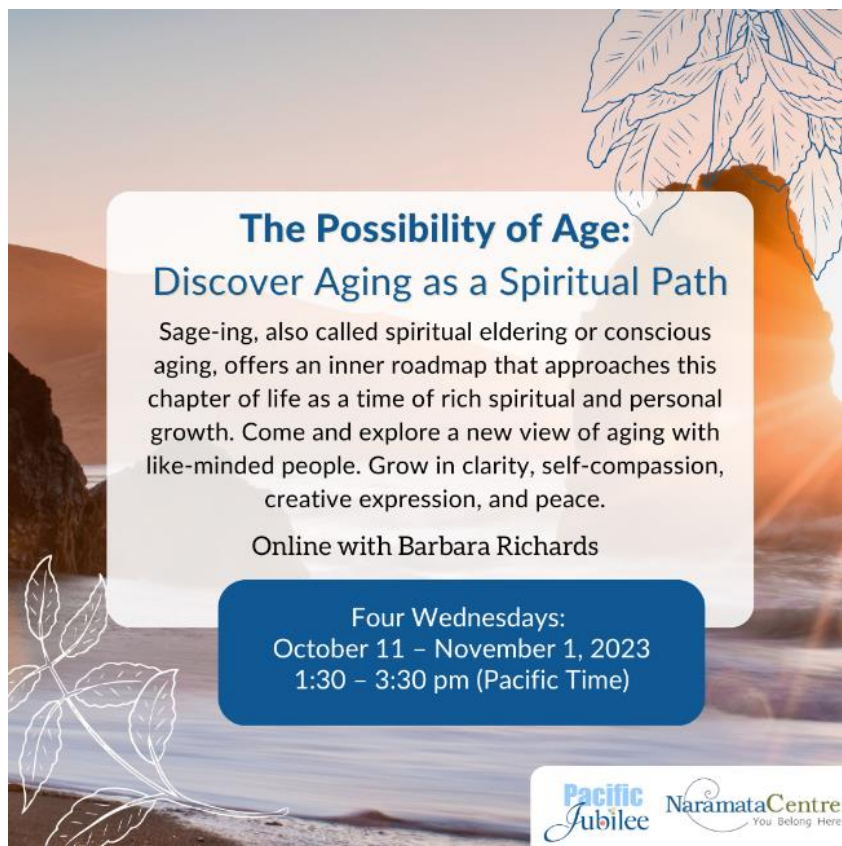
11:50 Session 2

1:30 Close

In collaboration with The Contemplative Society. More info:

[lorie@loriemartin.com](mailto:lorie@loriemartin.com)

To Register: <https://www.contemplative.org/events2/the-healing-path-a-memoir-and-an-invitation-with-jim-finley/>



## The Possibility of Age: Discover Aging as a Spiritual Path

Sage-ing, also called spiritual eldering or conscious aging, offers an inner roadmap that approaches this chapter of life as a time of rich spiritual and personal growth. Come and explore a new view of aging with like-minded people. Grow in clarity, self-compassion, creative expression, and peace.

Online with Barbara Richards

Four Wednesdays:  
October 11 – November 1, 2023  
1:30 – 3:30 pm (Pacific Time)

Pacific Jubilee NaramataCentre  
You Belong Here

## The Possibility of Age: Discover Aging as a Spiritual Path

Live Online with  
Barbara Richards.

Four Wednesdays: October 11 - November 1, 2023 1:30 – 3:30 pm Pacific Time.

*Are you facing the uncharted post-career years, wondering what's next?*

Many of us who are approaching the third

chapter of life feel unsettled, restless, and adrift. We sense the years 55 to 80+ can be some of our best, but we don't know how to navigate the changes that come with aging. Sage-ing, also called spiritual eldering or conscious aging, offers an inner roadmap that approaches this chapter of life as a time of rich spiritual and personal growth – a time that can bring gifts not available in earlier decades.

In this series, our inner work will include:

- transforming our images of aging ·
- cultivating the consciousness of a wise elder ·
- harvesting our wisdom through life review ·
- healing our past through forgiveness and recontextualizing ·
- embracing our mortality in order to live more fully ·
- envisioning ways of creating legacy that is our gift to the future

Come and explore a new view of aging with like-minded people. Grow in clarity, self-compassion, creative expression, and peace. This event is offered through the partnership of Pacific Jubilee and Naramata Centre. The cost for four two-hour sessions via Zoom is \$172.00

[LEARN MORE AND REGISTER](#)



**Pottery hand building  
workshop  
- spiritual practice of creativity**

October 14th Saturday 2pm  
(pinching)

At St. John's Shaughnessy Parish  
Facilitated by James Hwang  
Number of participants is limited



Spirituality in general always includes restoring connection. From my experience of doing pottery over 10 years, pottery in that sense, is not just a craft but also a spiritual practice of being in touch with the soil in a tactile way, being in touch with your body, being in touch with your inner creativity. The sessions are offered separately on different dates and will include some reflective sharing about creativity and conversations.

Since there is no wheel at the parish, it will be slap building, coiling, or pinching. Due to the limits of space, each session will accommodate a limited number between 2 and 4 participants, and you may inquire other specific dates of your own if you are registering with someone (non-parishioner is welcome as well).

The materials and kiln will be offered by Hand Eye Pottery Studio. To get the final piece, it will take about 2 weeks, and once it is bisque fired, you will get an email to choose which glaze you would like to choose. The fee is for the material and firing fee. It will be decided by the size of the object later, and I speculate approximately 10 CAD for the size of cereal bowl. Please register at [jhwang@sjs.net](mailto:jhwang@sjs.net) (please indicate what you would like to make, i.e. cup, bowl, vase, plant pot, plate, etc.)

# !!HALLOWEEN SPOOKTACULAR!!



The original organ for St John's, Shaughnessy was an 'organ transplant' from Canton, Ohio's CrossRoads United Church containing 1478 pipes crafted in 1920 by the Estey organ company for their opus 1869. By the early 60s this instrument was due for a significant overhaul, and it was determined more cost effective to replace with new, which also enticed the prospective organist Fred Carter to immigrate from Armagh Ireland to SJS. The \$85k (equivalent to 3 Shaughnessy homes at the time) contract was awarded to the Hallman organ company of Kitchner Ontario.

What was salvageable of the redundant Estey organ was incorporated into a hybrid house

theatre style organ in Victoria. When the 3600 pipes of the Hallman arrived in 1968, it enjoyed the title of being GVRD's largest pipe organ until 2001. In addition to its grand size, it has several novel features: two sets of pipes which sound below audible range (16Hz); 9 sets of pipes sounding antiphonally from the gallery, a horizontal copper state trumpet, a gallery console and movable master console on the chancel. Though having had exceptional care for decades by local technician Marianne Huestis, by its 50th year, it too needed a significant overhaul. Headed up by Music Director Michael Dirk and the exceptional talents of Steve Miller of Calgary, the electronics were updated from analog to digital, and several other enhancements including a few more ranks (oboe, clarinet, flute, and string), chimes, new silent blowers and swell expression motors.



Dedicated Oct 28, 1968 by Archbishop Godfrey Gower, the 55th anniversary will be celebrated the night prior on Friday Oct 27, 7:30pm by local members of the Royal Canadian College of Organists Vancouver Centre (for whom Michael Dirk serves as co-president). This free/by-donation recital features local organists dressing up in costume and offering the spookiest and scariest music written for the 'king of instruments' (Bach Toccata & Fugue in d minor, Phantom of the Opera, Böellmann's Suite Gothique etc). Costumes are encouraged, and there are Halloween treats for the kids and the young at heart!





# Upcoming Events

## **SUNDAY, OCTOBER 1**

3 p.m. Blessing of the Animals

## **THURSDAY, OCTOBER 5**

6 p.m. Taizé Prayer

## **SUNDAY, OCTOBER 15**

4 p.m.-6 p.m.

Benefit Concert for the  
Westside Anglican  
Neighbourhood Ministry  
*featuring the Neighbourhood  
Gospel Band, with special guest  
Jim Byrnes. Reception to follow.*

## **FRIDAY, OCTOBER 27**

7:30 p.m.

18th Annual RCCO  
Organ Spooktacular  
Halloween Concert

## **SUNDAY, OCTOBER 29**

4 p.m. Choral Evensong  
for All Faithful Departed

## **EVERY THURSDAY**

10 a.m. Healing Eucharist and Bible Study

St. John's, Shaughnessy  
1490 NANTON AVE.

# Calendar



## Prayer List

If you request that someone's name be added to the prayer list, please keep in touch with us. At the end of each month, all names will be removed, so you will need to add the names again at the end of each month. Please also let us know if you want someone removed from the list. Email the office ([church@sjs.net](mailto:church@sjs.net)) anytime! Thank you.

## Financial Support – Stewardship

If you would like to make a financial contribution to help support the worship and ministry of St. John's Shaughnessy, please do! You can use this QR code (point your phone's camera at it) and it will take you to the donation page of our website. If you have recently made a contribution online or by cheque, thank you so very much!

If you currently give by Pre-Authorized Donation, thank you! Our church has been affected by COVID-19 in many ways and financial giving is certainly one.

If you would like to give via monthly Pre-Authorized Donations (easy to change and easy to cancel),



please contact Ann in the office ([church.office@sjs.net](mailto:church.office@sjs.net) or 604-731-4966).

If you would like to give to the church using a credit card, please use the DONATE button on our website (Canada Helps on top of page one, and Paypal on the bottom of page one). Cheques may be mailed or dropped through the church mail.

## ST. JOHN'S, SHAUGHNESSY STAFF AND LEADERSHIP

*Please contact the parish office if you would like to be added to our mailing list, so that we may let you know about upcoming events.*

### Clergy and Staff

The Reverend Terry Shields Dirbas, *Rector* [terry.dirbas@sjs.net](mailto:terry.dirbas@sjs.net)  
The Reverend James Hwang, *Curate* [jhwang@sjs.net](mailto:jhwang@sjs.net)  
The Reverend Dr. Marilyn Hames, *Honorary Assisting Priest*  
The Reverend Karin Fulcher, *Honorary Deacon*  
The Reverend Pitman Potter, *Honorary Deacon*  
Michael Dirk, *Principal Organist and Artist-in-Residence* [organist@sjs.net](mailto:organist@sjs.net)  
Ann Houghton, *Interim Parish Administrator* [church.office@sjs.net](mailto:church.office@sjs.net)

### Trustees

The Rev. Terry Shields Dirbas, *Rector* [terry.dirbas@sjs.net](mailto:terry.dirbas@sjs.net)  
Ken Pepin, *Rector's Warden* [ken.pepin@sjsparish.net](mailto:ken.pepin@sjsparish.net)  
Joan Stewart, *People's Warden* [joan.stewart@sjsparish.net](mailto:joan.stewart@sjsparish.net)  
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