



THE HOLY EUCHARIST

THE FIFTH SUNDAY AFTER PENTECOST

July 2, 2023 • 10:00 AM

*Welcome to St. John's, Shaughnessy!
Wherever you are on your spiritual
journey, and whether you are joining us in
the church building or via the livestream,
we are glad you are here!*

*If you are new here and would like to learn
more, please introduce yourself to the clergy
after the service. If you would like to be
added to our mailing list so that we may
keep you informed of upcoming events,
please contact the church office.*

*Infants and children (and their
accompanying noises) enliven our services.
Colouring, crafts, and quiet toys are
available in the children's area, just to the
left of the front pews.*

*We acknowledge with respect that we
worship on the traditional, ancestral, and
unceded territory of the Coast Salish
Peoples, and we pray that we may live more
deeply into the calls to action from Canada's
Truth and Reconciliation Commission.*

*A brief organ voluntary offered a few minutes before the hour bids us all keep silence for prayer
and preparation.*

*The people's responses are in **bold**.*

PRELUDE *Chorale Prelude on "Wachet auf", Op 135a* Max Reger (1873-1916)

GREETING

THE ENTRANCE RITE

HYMN

WOODLANDS

Unison

1 Tell out, my soul, the great-ness of the Lord!
2 Tell out, my soul, the great-ness of his name!
3 Tell out, my soul, the great-ness of his might!
4 Tell out, my soul, the glo-ries of his word!

Un - num - bered bless - ings, give my spir - it voice;
Make known his might, the deeds his arm has done;
Powers and do - min - ions lay their glo - ry by;
Firm is his prom - ise, and his mer - cy sure.

ten - der to me the prom - ise of his word;
his mer - cy sure, from age to age the same;
proud hearts and stub - born wills are put to flight,
Tell out, my soul, the great-ness of the Lord

in God my Sav - iour shall my heart re - jice.
 his ho - ly name—the Lord, the might - y one.
 the hun - gry fed, the hum - ble lift - ed high.
 to chil - dren's chil - dren and for ev - er - more!

THE OPENING ACCLAMATION

The grace of our Lord Jesus Christ, and the love of God,
 and the fellowship of the Holy Spirit, be with you all.
And also with you.

THE COLLECT FOR PURITY

Almighty God,
 to you all hearts are open,
 all desires known,
 and from you no secrets are hidden.
 Cleanse the thoughts of our hearts
 By the inspiration of your Holy Spirit,
 that we may perfectly love you,
 and worthily magnify your holy name;
 through Christ our Lord. Amen.

THE GLORIA

PSALM 42

1 Glo - ry, in the high - est glo - ry, peace to all, in all their days.
 2 Je - sus Christ, the world's Re - deem - er, Lamb of God, for sin - ners given,

Wor - ship, thanks, and praise un - ceas - ing to the Source of all we raise:
 Word e - ter - nal, born of Ma - ry, Word made flesh, the face of heaven:

reign - ing in the sap - phire height, hid - den from our mor - tal sight,
 ho - ly one, to you we pray, hear us in the realms of day,

now re - ceive our a - dor - a - tion, as we make our sup - pli - ca - tion.
 with the Spir - it there u - nit - ed, and the God - head high ex - alt - ed.

THE COLLECT OF THE DAY

Almighty God, you have taught us through your Son that love fulfils the law. May we love you with all our heart, all our soul, all our mind, and all our strength, and may we love our neighbour as ourselves; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

THE CHILDREN'S FOCUS

THE LITURGY OF THE WORD

THE FIRST READING

Genesis 22:1-14

A reading from the Book of Genesis

After these things God tested Abraham. He said to him, "Abraham!" And he said, "Here I am." He said, "Take your son, your only son Isaac, whom you love, and go to the land of Moriah, and offer him there as a burnt offering on one of the mountains that I shall show you." So Abraham rose early in the morning, saddled his donkey, and took two of his young men with him, and his son Isaac; he cut the wood for the burnt offering, and set out and went to the place in the distance that God had shown him. On the third day Abraham looked up and saw the place far away. Then Abraham said to his young men, "Stay here with the donkey; the boy and I will go over there; we will worship, and then we will come back to you." Abraham took the wood of the burnt offering and laid it on his son Isaac, and he himself carried the fire and the knife. So the two of them walked on together. Isaac said to his father Abraham, "Father!" And he said, "Here I am, my son." He said, "The fire and the wood are here, but where is the lamb for a burnt offering?" Abraham said, "God himself will provide the lamb for a burnt offering, my son." So the two of them walked on together.

When they came to the place that God had shown him, Abraham built an altar there and laid the wood in order. He bound his son Isaac, and laid him on the altar, on top of the wood. Then Abraham reached out his hand and took the knife to kill his son. But the angel of the Lord called to him from heaven, and said, "Abraham, Abraham!" And he said, "Here I am." He said, "Do not lay your hand on the boy or do anything to him; for now I know that you fear God, since you have not withheld your son, your only son, from me." And Abraham looked up and saw a ram, caught in a thicket by its horns. Abraham went and took the ram and offered it

up as a burnt offering instead of his son. So Abraham called that place “The Lord will provide”; as it is said to this day, “On the mount of the Lord it shall be provided.”

Hear what the Spirit is saying to God’s people.

Thanks be to God.

PSALM 13 *Usquequo, Domine?* Anglican Chant: Edwin George Monk (1819-1900)
Charles Villier Stanford (1852-1924)

- 1 How long, O Lord? will you forget me for ever?
how long will you hide your face from me?
- 2 How long shall I have perplexity in my mind,
and grief in my heart, day after day?
how long shall my enemy triumph over me?
- 3 Look upon me and answer me, O Lord my God;
give light to my eyes, lest I sleep in death;
- 4 Lest my enemy say, “I have prevailed over him,”
and my foes rejoice that I have fallen.
- 5 But I put my trust in your mercy;
my heart is joyful because of your saving help.
- 6 I will sing to the Lord, for he has dealt with me richly;
I will praise the name of the Lord Most High.

A reading from the letter of Paul to the Romans

Do not let sin exercise dominion in your mortal bodies, to make you obey their passions. No longer present your members to sin as instruments of wickedness, but present yourselves to God as those who have been brought from death to life, and present your members to God as instruments of righteousness. For sin will have no dominion over you, since you are not under law but under grace.

What then? Should we sin because we are not under law but under grace? By no means! Do you not know that if you present yourselves to anyone as obedient slaves, you are slaves of the one whom you obey, either of sin, which leads to death, or of obedience, which leads to righteousness? But thanks be to God that you, having once been slaves of sin, have become obedient from the heart to the form of teaching to which you were entrusted, and that you, having been set free from sin, have become slaves of righteousness. I am speaking in human terms because of your natural limitations. For just as you once presented your members as slaves to impurity and to greater and greater iniquity, so now present your members as slaves to righteousness for sanctification.

When you were slaves of sin, you were free in regard to righteousness. So what advantage did you then get from the things of which you now are ashamed? The end of those things is death. But now that you have been freed from sin and enslaved to God, the advantage you get is sanctification. The end is eternal life. For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.

Hear what the Spirit is saying to God's people.

Thanks be to God.

HYMN AT THE SEQUENCE

FULDA (WALTON)

1 Where cross the crowd - ed ways of life, where cries of
 2 In haunts of wretch - ed - ness and need, on shad - owed
 3 From chil - dren's wound - ed help - less - ness, from men and
 4 The cup of wa - ter given for you still holds the

tribe and race re - sound, a - mid the noise of
 thresh - olds, dark with fears, from paths where hide the
 wom - en's grief and toil, from fam - ished souls, from
 fresh - ness of your grace; yet long the mul - ti -

self - ish strife, O Christ, your word of love is found.
 lures of greed, we catch the vi - sion of your tears.
 sor - row's stress, your heart has nev - er known re - coil.
 tudes to view the strong com - pas - sion of your face.

5 O Jesus, from the mountainside
 make haste to heal these hearts of pain.
 Among these restless throngs abide;
 O tread the city's streets again,

6 till all the world shall learn your love,
 and follow where your feet have trod;
 till glorious from your heaven above
 shall come the city of our God.

THE GOSPEL ACCLAMATION

The Cantor sings the Refrain; then all repeat.



Cantor You are a chosen race, a royal priesthood, a holy nation, that you may declare the wonderful deeds of him who called you out of darkness into his marvellous light. *Refrain.*

THE HOLY GOSPEL

Matthew 10:40-42

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ, according to Matthew.

Glory to you, Lord Jesus Christ.

Jesus said, "Whoever welcomes you welcomes me, and whoever welcomes me welcomes the one who sent me. Whoever welcomes a prophet in the name of a prophet will receive a prophet's reward; and whoever welcomes a righteous person in the name of a righteous person will receive the reward of the righteous; and whoever gives even a cup of cold water to one of these little ones in the name of a disciple - truly I tell you, none of these will lose their reward."

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

THE SERMON

The Rev. Terry Shields Dirbas

Please stand as you are able.

THE APOSTLES' CREED

I believe in God,
the Father almighty,
creator of heaven and earth.

I believe in Jesus Christ,
his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

THE PRAYERS OF THE PEOPLE

Through baptism we are dead to sin and alive to God in Christ Jesus. Let us offer prayers for new and abundant life for people everywhere.

God of faithfulness, we pray for your Church throughout the world, and for ourselves; that having been justified by your Son, Jesus Christ, we might also be sanctified, growing in his likeness. In the Anglican Communion, we pray for Justin, the Archbishop of Canterbury; for Linda, our Primate; for Chris, the National Indigenous Archbishop; and for John, our own bishop. In the Anglican Cycle of Prayer, we pray for the Igreja Episcopal Anglicana do Brasil. In our own diocese, we pray for St. Thomas, Chilliwack; St. Thomas, Vancouver; and the Anglican Church Women. We pray also for our companion diocese, the Diocese of Northern Philippines; and for our companion parishes of St. Luke, Butbut Proper and St. James, Luccong.

Lord in your mercy:

Hear our prayer.

Almighty God, whose wisdom and whose love are over all, accept the prayers we offer for our nation. Give integrity to its citizens and wisdom to those in authority, that harmony and justice may be secured in obedience to your will. We pray especially for Justin, our prime minister; David, our premier; Ken, our mayor; and for all those who hold authority in the nations of the earth, and for all who serve the common good.

Lord in your mercy:

Hear our prayer.

Loving God, we offer to you the concerns of our hearts for those we love, for all those in need, and for those who have been commended to our prayers, remembering especially the poor, the sick, the lonely, and all who minister to them (including . . .). May they know the healing power of your love.

Lord in your mercy:

Hear our prayer.

Precious in your sight, O Lord, is the death of your servants. We entrust to your loving care all those we love but see no longer (especially . . .). Receive them into the arms of your mercy, and comfort those who grieve with the sure and certain hope of the resurrection.

Lord in your mercy:

Hear our prayer.

The Celebrant concludes

God of eternal life, whom we love more than life itself, receive our prayers for the needs of your church and your world and give us the strength to follow you; through Jesus Christ our Lord. **Amen.**

THE CONFESSION AND ABSOLUTION

Dear friends in Christ, God is steadfast in love and infinite in mercy; God welcomes sinners and invites them to this table. Let us confess our sins, confident in God's forgiveness.

Most merciful God, **we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

Please stand as you are able.

THE PEACE

The peace of the Lord be always with you.

And also with you.

THE OFFERTORY

As the altar is prepared for Holy Communion, the congregation is invited to make an offering as an expression of gratitude for God's generosity. A QR code is provided for those who prefer to donate online. During the collection, a hymn is sung.



OFFERTORY HYMN

PICARDY



1 Let all mortal flesh keep silence, and with fear and
 2 King of kings, yet born of Ma - ry, as of old on
 3 Rank on rank the host of hea - ven spreads its van - guard
 4 At his feet the six - winged ser - aph; cher - u - bim with



trem - bling stand; pon - der noth - ing earth - ly -
 earth he stood, Lord of lords in hu - man
 on the way, as the Light of Light de -
 sleep - less eye veil their fac - es to the



mind - ed, for with bless - ing in his hand
 ves - ture, in the Bo - dy and the Blood
 scend - eth from the realms of end - less day,
 Pres - ence, as with cease - less voice they cry,



Christ our God to earth de - scend - eth,
 he will give to all the faith - ful
 that the powers of hell may va - nish
 "Al - le - lu - ia, al - le - lu - ia!"



our full hom - age to de - mand.
 his own self for heaven - ly food.
 as the dark - ness clears a way.
 Al - le - lu - ia, Lord Most High!"

THE HOLY COMMUNION

THE PRAYER OVER THE GIFTS

God of wisdom, receive all we offer you this day. Enrich our lives with the gifts of your Spirit, that we may follow the way of our Lord Jesus Christ, and serve one another in freedom. We ask this in his name. **Amen.**

THE GREAT THANKSGIVING

The Lord be with you. And al-so with you.
Lift up your hearts. We lift them to the Lord.
Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

The image shows four staves of musical notation in a single system. Each staff begins with a treble clef and a key signature of one flat (B-flat). The first staff contains the lyrics 'The Lord be with you. And al-so with you.' The second staff contains 'Lift up your hearts. We lift them to the Lord.' The third staff contains 'Let us give thanks to the Lord our God.' The fourth staff contains 'It is right to give our thanks and praise.' The music consists of quarter and eighth notes, with some phrases marked with a fermata.

We give you thanks and praise, almighty God, for the gift of a world full of wonder, and for our life which comes from you. By your power you sustain the universe.

Glory to you for ever and ever.

You created us to love you with all our heart, and to love each other as ourselves, but we rebel against you by the evil that we do. In Jesus, your Son, you bring healing to our world and gather us into one great family. Therefore, with all who serve you on earth and in heaven, we praise your wonderful name, as we sing,

THE SANCTUS & BENEDICTUS *Community Mass* R. Proulx (1937-2010)

Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,
heav - en and earth are full of your glor - y. Ho -
san - na in the high - est. Ho - san - na in the high - est.
Blessed is the one who comes in the name of the Lord. Ho -
san - na in the high - est. Ho - san - na in the high - est.

The image shows five staves of musical notation in a single system. Each staff begins with a treble clef and a key signature of one flat (B-flat). The first staff contains the lyrics 'Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,'. The second staff contains 'heav - en and earth are full of your glor - y. Ho -'. The third staff contains 'san - na in the high - est. Ho - san - na in the high - est.'. The fourth staff contains 'Blessed is the one who comes in the name of the Lord. Ho -'. The fifth staff contains 'san - na in the high - est. Ho - san - na in the high - est.'. The music consists of quarter, eighth, and sixteenth notes, with some phrases marked with a fermata.

The Celebrant continues

We give you thanks and praise, loving Father, because in sending Jesus, your Son, to us you showed us how much you love us. He cares for the poor and the hungry. He suffers with the sick and the rejected.

Betrayed and forsaken, he did not strike back but overcame hatred with love. On the cross he defeated the power of sin and death. By raising him from the dead you show us the power of your love to bring new life to all your people.

Glory to you for ever and ever.

On the night before he gave up his life for us, Jesus, at supper with his friends, took bread, gave thanks to you, broke it, and gave it to them, saying, "Take this, all of you, and eat it: this is my body which is given for you."

After supper, Jesus took the cup of wine, said the blessing, gave it to his friends, and said, "Drink this, all of you: this is the cup of my blood, the blood of the new and eternal covenant, which is shed for you and for many, so that sins may be forgiven. Do this in memory of me."

Glory to you for ever and ever.

Gracious God, with this bread and wine we celebrate the death and resurrection of Jesus, and we offer ourselves to you in him. Send your Holy Spirit on us and on these gifts, that we may know the presence of Jesus in the breaking of bread, and share in the life of the family of your children.

Father, you call us to be your servants; fill us with the courage and love of Jesus, that all the world may gather in joy at the table of your kingdom.

We sing your praise, almighty Father, through Jesus, our Lord, in the power of the Holy Spirit, now and for ever.

Glory to you for ever and ever. Amen.

THE LORD'S PRAYER

And now, as our Saviour Christ has taught us, we are bold to say,

Our Father,
who art in heaven,
hallowed be thy name,
Thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
the power, and the glory,
for ever and ever. Amen.

THE BREAKING OF THE BREAD

The Celebrant breaks the consecrated bread.

We break this bread to share in the body of Christ.

We, being many, are one body,
for we all share in the one bread.

THE FRACTION ANTHEM *Mass of St. George* Andrew Wells (b.1962)

Larghetto

(org.) *mp* Lamb of God, you take a - way the sin of the

world, have mer - cy on us. **REPEAT** **Descant** Lamb of God, you take a -

way the sin of the world. *pp* Grant us peace.

The musical score is written for organ and voice. It begins with a treble clef and a 2/4 time signature. The first staff includes the tempo marking 'Larghetto' and the dynamic marking 'mp'. The lyrics are: '(org.) Lamb of God, you take a - way the sin of the'. The second staff starts with a repeat sign and a descant section. The lyrics are: 'world, have mer - cy on us. REPEAT Lamb of God, you take a -'. The third staff continues the descant and includes the dynamic marking 'pp'. The lyrics are: 'way the sin of the world. Grant us peace.' The score ends with a double bar line.

THE INVITATION TO HOLY COMMUNION

The gifts of God for the people of God.

Thanks be to God.

We invite all baptized Christians to receive the sacrament of Holy Communion. Gluten-free wafers are available upon request. If you prefer to receive a blessing instead of the bread and wine, you may indicate that desire by crossing your arms over your chest. If you are unable to come forward, please ask a sidesperson to have Communion brought to you.

COMMUNION ANTHEM *Ave Verum Corpus* William Byrd (1542/3 - 1623)

Ave verum corpus, natum de Maria Virgine, Vere passum, immolatum in cruce pro homine: cujus latus perforatum, unde fluxit sanguine. Esto nobis praegustatum in mortis examine. O dulcis, O pie, O Jesu Fili Mariae; miserere mei. Amen.

Hail, true Body, born of the Virgin Mary, who having truly suffered, was sacrificed on the cross for mankind, from whose pierced side water and blood flowed. Be for us a sweet foretaste in the trial of death. O sweet, O gentle, O Jesu, Son of Mary, have mercy on me.

THE PRAYER AFTER COMMUNION

God of power, we are nourished by the riches of your grace. Raise us to new life in your Son Jesus Christ and fit us for his eternal kingdom, that all the world may call him Lord. We ask this in his name. **Amen.**

THE DOXOLOGY

Glory to God, **whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.**

THE NOTICES

THE BLESSING

The peace of God which passes all understanding keep your hearts and minds in the knowledge and love of God, and of God's Son, Jesus Christ our Lord. And the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

HYMN AT THE CLOSING

WACHET AUF

1 Praise the Lord through ev - ery na - tion; his ho - ly
 2 Je - sus, Lord, our Cap - tain glo - rious, o'er sin, and

arm hath wrought sal - va - tion; ex - alt him on his
 death, and hell vic - to - rious, wis - dom and might to

Fa - ther's throne. Praise your King, ye Chris - tian le -
 thee be - long: we con - fess, pro - claim, a - dore

gions, who now pre - pares in heaven - ly re -
 thee; we bow the knee, we fall be - fore

gions un - fail - ing man - sions for his own: with
 thee; thy love hence - forth shall be our song. The

voice and min - strel - sy ex - tol his ma - jes -
 cross mean-while we bear, the crown ere-long to

ty: Al - le - lu - ia! His praise shall sound all
 wear: Al - le - lu - ia! Thy reign ex - tend world

na - ture round, and hymns on ev - ery tongue a - bound.
 with - out end; let praise from all to thee a - scend.

THE DISMISSAL

Let go forth in the name of Christ.
Thanks be to God.

VOLUNTARY *Fantaisie sur "O Canada"*

Denis Bédard (b. 1950)

Please remain standing as the procession leaves the church. We hope you will join us for refreshments in the Trendell Lounge after the service.

ST. JOHN'S, SHAUGHNESSY STAFF AND LEADERSHIP

Please contact the parish office if you would like to be added to our mailing list, so that we may let you know about upcoming events.

Clergy and Staff

The Reverend Terry Shields Dirbas, *Rector* terry.dirbas@sjs.net
The Reverend James Hwang, *Curate* jhwang@sjs.net
The Reverend Dr. Marilyn Hames, *Honorary Assisting Priest*
The Reverend Karin Fulcher, *Honorary Deacon*
The Reverend Pitman Potter, *Honorary Deacon*
Michael Dirk, *Music Director* organist@sjs.net
Ann Houghton, *Interim Parish Administrator* church.office@sjs.net

Trustees

The Rev. Terry Shields Dirbas, *Rector*
Ken Pepin, *Rector's Warden* ken.pepin@sjs.net
Joan Stewart, *People's Warden* joan.stewart@sjs.net
Mike Dezell mike.dezell@sjs.net
Catherine Holmen catherine.holmen@sjs.net



1490 Nanton Ave. Vancouver, BC, V6H 2E2
(604) 731-4966
www.sjs.net