

Dear friends in Christ,



Easter is almost here! I hope you will join us for as many of our Holy Week services as your schedule allows. These services are tender, poignant, and include lots of beautiful music. They also allow us to pace ourselves through the story of Jesus' passion and resurrection, enjoying and contemplating events little by little (as opposed to Palm/Passion Sunday, when we take the entire story in on a single day.) Because these liturgies are so unique, Holy Week is also a great time to bring friends to church. Please see the calendar below for a schedule of services.

As we set our sights toward Easter, I would like to share with you the Paschal Homily of John Chrysostom. This sermon, written in the fourth century, is read aloud

every year at Paschal matins in the Eastern Orthodox and Byzantine Catholic churches, as well as in a number of Anglican parishes at the Great Vigil of Easter. I offer it here as reminder of our connection to our forebears in faith, to our fellow Christians throughout the world, and to those who will come after us. The word John Chrysostom shared with them still resonates with us, many centuries later, and I suspect it will do so for centuries to come. May our praise and thanksgiving, this Easter, be combined with the praises of the whole communion of saints—past, present, and future—as together we give glory to our Risen Lord.

Peace and blessings,

Mother Terry+

The Paschal Homily of St. John Chrysostom (circa 400 AD)

Are there any who are devout lovers of God?
Let them enjoy this beautiful bright festival!

Are there any who are grateful servants?
Let them rejoice and enter into the joy of their
Lord!

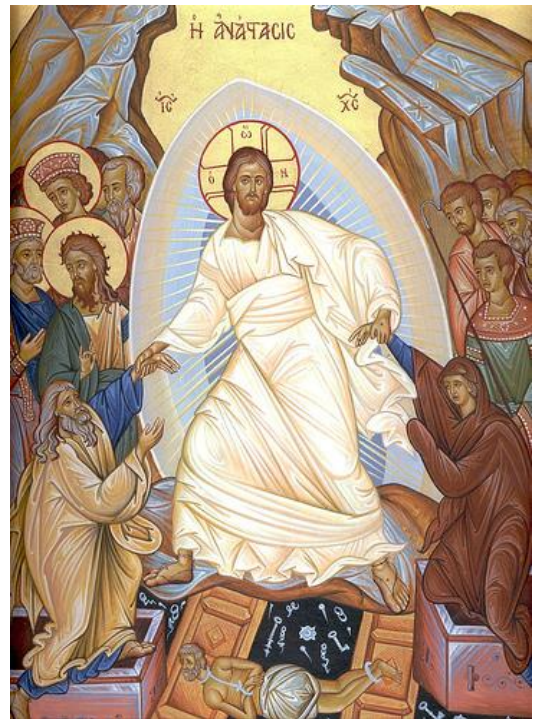
Are there any weary with fasting?
Let them now receive their wages!

If any have toiled from the first hour,
let them receive their due reward;
If any have come after the third hour,
let him with gratitude join in the Feast!
And he that arrived after the sixth hour,
let him not doubt; for he too shall sustain no loss.
And if any delayed until the ninth hour,
let him not hesitate; but let him come too.
And he who arrived only at the eleventh hour,
let him not be afraid by reason of his delay.
For the Lord is gracious and receives the last even as the first.
He gives rest to him that comes at the eleventh hour,
as well as to him that toiled from the first.

To this one He gives, and upon another He bestows.
He accepts the works as He greets the endeavor.
The deed He honors and the intention He commends.
Let us all enter into the joy of the Lord!

First and last alike receive your reward;
rich and poor, rejoice together!
Sober and slothful, celebrate the day!
You that have kept the fast, and you that have not,
rejoice today for the Table is richly laden!

Feast royally on it, the calf is a fatted one.
Let no one go away hungry. Partake, all, of the cup of faith.
Enjoy all the riches of His goodness!



Let no one grieve at his poverty,
for the universal kingdom has been revealed.

Let no one mourn that he has fallen again and again;
for forgiveness has risen from the grave.

Let no one fear death, for the Death of our Savior has set us free.
He has destroyed it by enduring it.
He destroyed Hell when He descended into it.
He put it into an uproar even as it tasted of His flesh.

Isaiah foretold this when he said,
“You, O Hell, have been troubled by encountering Him below.”
Hell was in an uproar because it was done away with.
It was in an uproar because it is mocked.
It was in an uproar, for it is destroyed.
It is in an uproar, for it is annihilated.
It is in an uproar, for it is now made captive.

Hell took a body, and discovered God.
It took earth, and encountered Heaven.
It took what it saw, and was overcome by what it did not see.

O death, where is thy sting?
O Hell, where is thy victory?

Christ is Risen, and you, o death, are annihilated!
Christ is Risen, and the evil ones are cast down!
Christ is Risen, and the angels rejoice!
Christ is Risen, and life is liberated!

Christ is Risen, and the tomb is emptied of its dead;
for Christ having risen from the dead,
is become the first-fruits of those who have fallen asleep.

To Him be Glory and Power forever and ever. Amen!



Holy Week & **EASTER** *at St. John's, Shaughnessy*

Palm Sunday, April 2

- 8 a.m. Holy Communion (spoken)
- 10 a.m. Liturgy of the Palms, Procession,
and Holy Eucharist

Maundy Thursday, April 6

- 7 p.m. Holy Eucharist with Foot Washing
and Stripping of the Altar

Good Friday, April 7

- 10 a.m. Children's Stations of the Cross
- Noon Liturgy of Good Friday

Easter Vigil, April 8

- 8 p.m. The Great Vigil
and First Eucharist of Easter

Easter Sunday, April 9

- 8 a.m. Holy Communion (spoken)
- 10 a.m. Festive Holy Eucharist
(Egg hunt to follow)





Easter Message from Bishop John Stephens

Bishop John has prepared an Easter greeting for our diocese. We encourage you to watch this brief video on the YouTube channel of the Diocese of New Westminster.

[Easter Message from the Bishop](#)

Easter Sunday Flower Donations – Thank You!

Thank you to everyone who donated to the Easter Flower Fund and to those who will decorate our church for Easter services. We appreciate each and every one of you.



Here is the group that met last Saturday morning to make Palm Sunday Crosses.

Thanks to this happy group for coming in to make the Palm Sunday Crosses. A good time was had by all!

Maundy Thursday Soup Supper April 6 at 5:30 p.m.

Our Maundy Thursday soup supper is tonight! This is a lovely gathering to start off the Triduum. We hope you will join us, whether or not you RSVP'ed!

Questions? Please contact Deacon Karin - 604 786 5198; fulcher.karin@gmail.com

WNM items for Homeless Needed

Thank you so much for your kind donations! We are a little low on pudding cups, protein (small cans of tuna or chicken), fruit cups and as always socks. We are quite well stocked at the moment for other items.



Holy Week and Easter for Children and Families



Children are welcome at all of our Holy Week services! On Maundy Thursday and at the Easter Vigil, please feel free to bring the kids in pajamas if that helps with bedtime afterward!

On Good Friday, we will have a children's service of Stations of the Cross at 10 a.m. This will be a hands-on, sensory experience of the Good Friday story. Children and parents alike will find it a meaningful time to sing, pray, and reflect. Whether you are young or just young at heart, please join us. All are welcome!

On Easter Sunday, we will hold an egg hunt after the 10 a.m. service. Please help us spread the word to family and friends. This is a great day to invite guests to church! **Don't forget to bring an Easter basket!**



Holy Week in the Kitchen

Hot Cross Buns

Mix these dry ingredients in a large mixing bowl (not metal), then microwave for 1 ½ minutes:

18 oz flour
2 oz sugar
4 oz currants
8 tsp quick-acting yeast
2 tsp allspice or mixed spice.

Wet ingredients:

1 cup milk—warmed for 1 minute in microwave
2 oz butter—melted for 30 seconds in microwave
2 eggs—beaten.

Combine wet and dry ingredients with a fork; lightly knead in the bowl; cover with a tea-towel and leave in a warm place to rise for 15-20 minutes, until dough is approximately double in size.

Grease a cookie sheet. Make about 1/8 cup of strong sugar/water mix to glaze buns after baking.

Punch dough once in the centre, form into 12-15 balls; place them on cookie sheet; cover with a tea-towel and leave to rise in a warm place for 15-20 minutes, until they are the desired size. *Cut a cross in the top with a sharp knife or wait until the baked buns are cool to ice with a cross.

Pre-heat oven to 375 degrees. Bake buns at 375 degrees for 20 minutes.

Brush the buns with the sugar/water mix while they are hot, straight out of the oven.



* A butter-icing cross will complete these.

These are best eaten while warm, but freeze well and can be rewarmed in a microwave or oven.

Enjoy!
Marilyn

Coloured Easter Eggs

As a spin-off to cooking, I make these coloured eggs using the broken shells that I collect during the couple of weeks before Easter. They are so easy, and make lovely table decorations or presents which allow us to enjoy 'little chocolate eggs' without the major sugar buzz :-)



All these take is a few drops of food colour and white vinegar in warm water—plus a few drops of cooking oil for fancier effects.

I like rimming them with gold acrylic paint, but they are beautiful without that.

SJS Prayer List

If you request that someone's name be added to the prayer list, please keep in touch with us. At the end of each month, all names will be removed, so you will need to add the names again at the end of each month. Please also let us know if you want someone removed from the list. Email the office (church@sjs.net) anytime! Thank you.

Financial Support – Stewardship

If you would like to make a financial contribution to help support the worship and ministry of St. John's Shaughnessy, please do! You can use this QR code (point your phone's camera at it) and it will take you to the donation page of our website.



If you have recently made a contribution online or by cheque, thank you so very much! If you currently give by Pre-Authorized Donation, thank you! Our church has been affected by COVID-19 in many ways and financial giving is certainly one.

If you would like to give via monthly Pre-Authorized Donations (easy to change and easy to cancel), please contact Ann in the office (church.office@sjs.net or 604-731-4966).

If you would like to give to the church using a credit card, please use the DONATE button on our website (Canada Helps on top of page one, and Paypal on the bottom of page one). Cheques may be mailed or dropped through the church mail.



THREE GREAT DAYS

A Guide to the Triduum



WHAT IS THE TRIDUUM?

The three-day celebration of the Paschal Mystery: the passion, death, and resurrection of Jesus

In the Jewish tradition, each day begins at sunset. All the events of Jesus' passion, from the Last Supper through the crucifixion, took place on the first day. On the second day, all was still as Jesus' body lay in the tomb and the people rested on the Sabbath. On the third day, early in the morning while it was still dark, Jesus rose again. We observe these events with special services from Maundy Thursday through the Easter Vigil.

MAUNDY THURSDAY

"I give you a new commandment, that you love one another."



We remember the Last Supper as we wash one another's feet and share Holy Communion. At the conclusion of this service, the altar is stripped, symbolizing Jesus' abandonment and humiliation. The sacrament is taken to an Altar of Repose, where we are invited to sit in prayer through the night, responding to Jesus' request that we keep awake.

GOOD FRIDAY

On this day, we worship in an undecorated church. We hear the passion narrative sung, a tradition dating to at least the 8th century. A large wooden cross is brought to the front of the church, and individuals are invited to come forward to venerate the cross through acts of reverence or contemplation. No Holy Eucharist is celebrated on this day, though communion is often distributed from the reserved sacrament.



THE EASTER VIGIL



This service begins at sunset with the lighting of the New Fire. The *Exsultet*, an Easter proclamation from as early as the 5th century, is chanted and the stories of God's saving deeds are told by candlelight. New Christians are baptized, and we renew our baptismal vows. Then the lights are turned on, and with bells and alleluias we welcome the Good News and share the first Eucharist of Easter.

JOIN US FOR THE THREE GREAT DAYS!

MAUNDY THURSDAY: 7 P.M.

GOOD FRIDAY: NOON

EASTER VIGIL: 8 P.M.

www.sjs.net

ST. JOHN'S, SHAUGHNESSY STAFF AND LEADERSHIP

Please contact the parish office if you would like to be added to our mailing list, so that we may let you know about upcoming events.

Clergy and Staff

The Reverend Terry Shields Dirbas, Rector terry.dirbas@sjs.net
The Reverend James Hwang, Curate jhwang@sjs.net
The Reverend Dr. Marilyn Hames, Honorary Assisting Priest
The Reverend Karin Fulcher, Honorary Deacon
The Reverend Pitman Potter, Honorary Deacon
Michael Dirk, Music Director organist@sjs.net
Jaime Yoon, Interim Choir Director jaime.yoon@sjsparish.net
Ann Houghton, Interim Parish Administrator church.office@sjs.net
Patrick Mahon, Verger

Trustees

The Rev. Terry Shields Dirbas, Rector
Ken Pepin, Rector's Warden
Joan Stewart, People's Warden
Mike Dezell
Catherine Holmen



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