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# THE HOLY EUCHARIST

SIXTH SUNDAY AFTER THE EPIPHANY: PROPER 6A

FEBRUARY 12, 2023 • 10:00 AM

*Welcome to St. John's, Shaughnessy! Wherever you are on your spiritual journey, and whether you are joining us in the church building or via the livestream, we are glad you are here!*

*If you are new here and would like to learn more, please introduce yourself to the clergy after the service. If you would like to be added to our mailing list so that we may keep you informed of upcoming events, please contact the church office.*

*Infants and children (and their accompanying noises) enliven our services. Colouring, crafts, and quiet toys are available in the children's area, just to the left of the front pews.*

*We acknowledge with respect that we worship on the traditional, ancestral, and unceded territory of the Coast Salish Peoples, and we pray that we may live more deeply into the calls to action from Canada's Truth and Reconciliation Commission.*

*A brief organ voluntary offered a few minutes before the hour bids us all keep silence for prayer and preparation.*

*The people's responses are in **bold**.*

PRELUDE *Jesu, Joy of Man's Desiring*

J.S. Bach (1685-1750)

GREETING

Please stand as you are able.

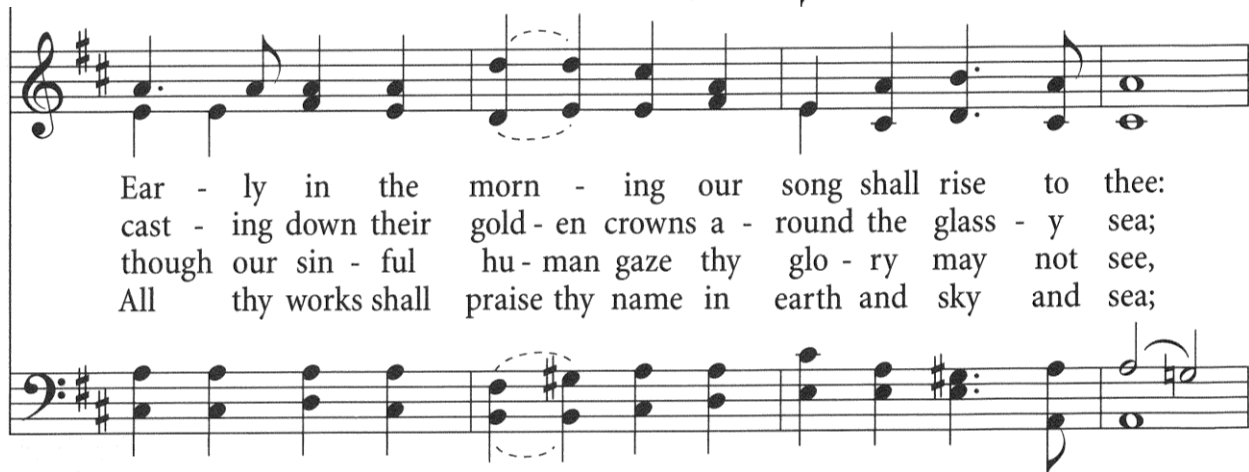
## THE ENTRANCE RITE

PROCESSIONAL HYMN · I

NICEA



1 Ho - ly, ho - ly, ho - ly, Lord God al - might - y!  
2 Ho - ly, ho - ly, ho - ly! All the saints a - dore thee,  
3 Ho - ly, ho - ly, ho - ly! Though the dark - ness hide thee,  
4 Ho - ly, ho - ly, ho - ly, Lord God al - might - y!



Ear - ly in the morn - ing our song shall rise to thee:  
cast - ing down their gold - en crowns a - round the glass - y sea;  
though our sin - ful hu - man gaze thy glo - ry may not see,  
All thy works shall praise thy name in earth and sky and sea;



ho - ly, ho - ly, ho - ly, mer - ci - ful and might - y,  
cher - u - bim and ser - a - phim fall - ing down be - fore thee,  
on - ly thou art ho - ly; there is none be - side thee,  
ho - ly, ho - ly, ho - ly, mer - ci - ful and might - y,

God in three per - sons, bless - ed Trin - i - ty!  
 which wert, and art, and ev - er - more shalt be.  
 per - fect in power, in love, and pur - i - ty.  
 God in three per - sons, bless - ed Tri - ni - ty!

### THE OPENING ACCLAMATION

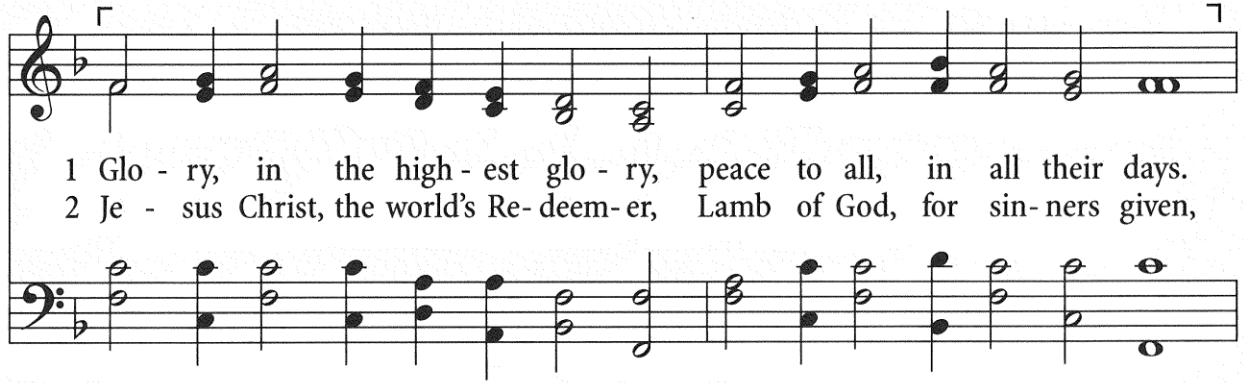
The grace of our Lord Jesus Christ, and the love of God,  
 and the fellowship of the Holy Spirit, be with you all.  
**And also with you.**

### THE COLLECT FOR PURITY

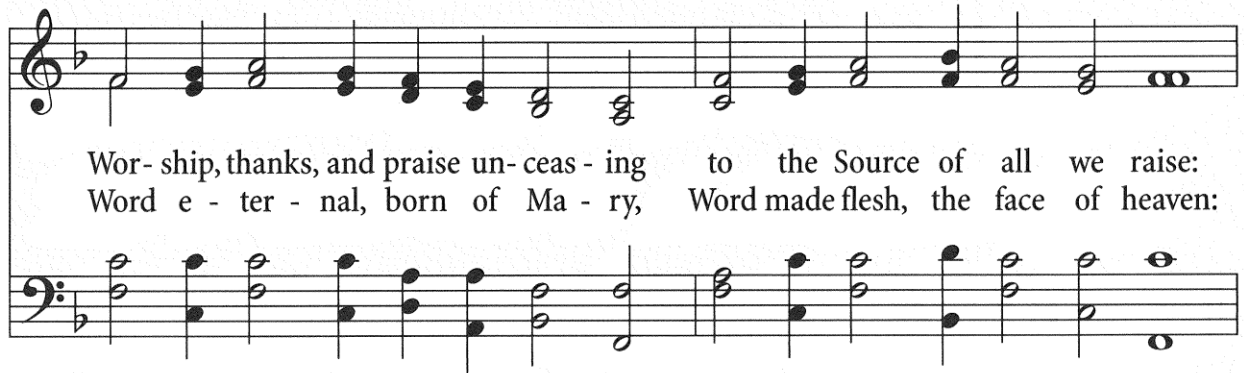
Almighty God,  
**to you all hearts are open,**  
**all desires known,**  
**and from you no secrets are hidden.**  
**Cleanse the thoughts of our hearts**  
**by the inspiration of your Holy Spirit,**  
**that we may perfectly love you,**  
**and worthily magnify your holy name;**  
**through Christ our Lord. Amen.**

SONG OF PRAISE

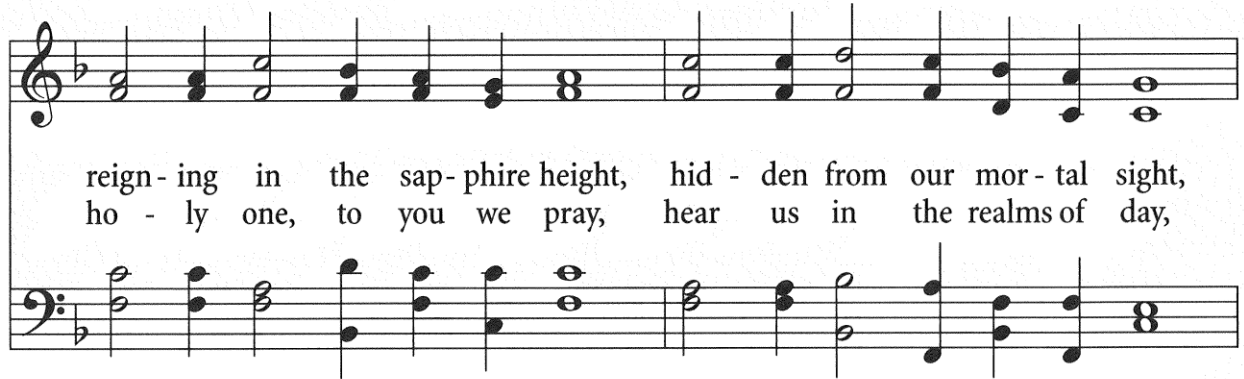
PSALM 42



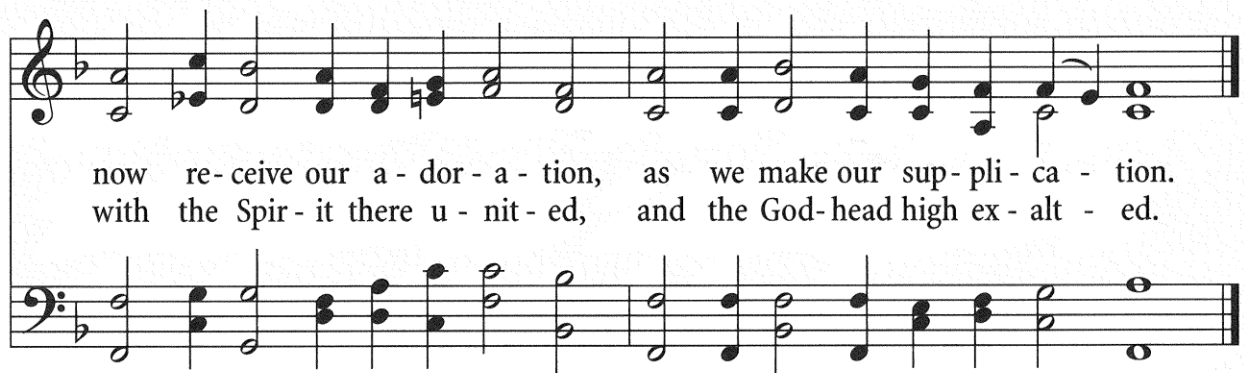
1 Glo - ry, in the high - est glo - ry, peace to all, in all their days.  
2 Je - sus Christ, the world's Re - deem - er, Lamb of God, for sin - ners given,



Wor - ship, thanks, and praise un - ceas - ing to the Source of all we raise:  
Word e - ter - nal, born of Ma - ry, Word made flesh, the face of heaven:



reign - ing in the sap - phire height, hid - den from our mor - tal sight,  
ho - ly one, to you we pray, hear us in the realms of day,



now re - ceive our a - dor - a - tion, as we make our sup - pli - ca - tion.  
with the Spir - it there u - nit - ed, and the God - head high ex - alt - ed.

## THE COLLECT OF THE DAY

Almighty and everliving God, whose Son Jesus Christ healed the sick and restored them to wholeness of life, look with compassion on the anguish of the world, and by your power make whole all peoples and nations; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

*Please be seated.*

## THE LITURGY OF THE WORD

### THE FIRST READING

Deuteronomy 30:15-20

*A reading from the Book of Deuteronomy*

Moses said, "See, I have set before you today life and prosperity, death and adversity. If you obey the commandments of the Lord your God that I am commanding you today, by loving the Lord your God, walking in his ways, and observing his commandments, decrees, and ordinances, then you shall live and become numerous, and the Lord your God will bless you in the land that you are entering to possess. But if your heart turns away and you do not hear, but are led astray to bow down to other gods and serve them, I declare to you today that you shall perish; you shall not live long in the land that you are crossing the Jordan to enter and possess. I call heaven and earth to witness against you today that I have set before you life and death, blessings and curses. Choose life so that you and your descendants may live, loving the Lord your God, obeying him, and holding fast to him; for that means life to you and length of days, so that you may live in the land that the Lord swore to give to your ancestors, to Abraham, to Isaac, and to Jacob."

Hear what the Spirit is saying to God's people.

**Thanks be to God.**

PSALM 119:1-8 *Beati immaculati*

*The Choir sings the Refrain; then all repeat.*



Hap-py are they who walk in the law of the Lord.

- 1 Happy are they whose way is blameless,  
who walk in the law of the Lord!
- 2 Happy are they who observe his decrees  
and seek him with all their hearts!
- 3 Who never do any wrong,  
but always walk in his ways.
- 4 You laid down your commandments,  
that we should fully keep them. *Refrain*
- 5 Oh, that my ways were made so direct  
that I might keep your statutes!
- 6 Then I should not be put to shame,  
when I regard all your commandments.
- 7 I will thank you with an unfeigned heart,  
when I have learned your righteous judgements.
- 8 I will keep your statutes;  
do not utterly forsake me. *Refrain*

*A reading from the first letter of Paul to the Corinthians*

And so, brothers and sisters, I could not speak to you as spiritual people, but rather as people of the flesh, as infants in Christ. I fed you with milk, not solid food, for you were not ready for solid food. Even now you are still not ready, for you are still of the flesh. For as long as there is jealousy and quarrelling among you, are you not of the flesh, and behaving according to human inclinations? For when one says, "I belong to Paul," and another, "I belong to Apollos," are you not merely human?

What then is Apollos? What is Paul? Servants through whom you came to believe, as the Lord assigned to each. I planted, Apollos watered, but God gave the growth. So neither the one who plants nor the one who waters is anything, but only God who gives the growth. The one who plants and the one who waters have a common purpose, and each will receive wages according to the labour of each. For we are God's servants, working together; you are God's field, God's building.

Hear what the Spirit is saying to God's people.

**Thanks be to God.**

Please stand as you are able.

HYMN AT THE SEQUENCE · 514

WERDE MUNTER

1 Je - sus, joy of our de - sir - ing, ho - ly wis - dom,  
2 Through the way where hope is guid - ing, hark, what peace - ful

love most bright; drawn by thee, our souls as - pir - ing soar to  
mu - sic rings, where the flock, in thee con - fid - ing, drink of

un - cre - a - ted light. Word of God, our flesh that  
joy from death - less springs. Theirs is beau - ty's fair - est

fash - ioned, with the fire of life im - pas - sioned, striv - ing  
plea - sure; theirs is wis - dom's ho - liest trea - sure. Thou dost



still to truth un - known, soar - ing, dy - ing round thy throne.  
 ev - er lead thine own in the love of joys un - known.

### THE GOSPEL ACCLAMATION

*The Cantor sings the Alleluia; then all repeat.*

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia!

*Cantor* Blessed is our Father, Lord of heaven and earth,  
 who has revealed these things to the simple. *Alleluia*

### THE HOLY GOSPEL

Matthew 5:21-37

The Lord be with you.  
**And also with you.**

The Holy Gospel of our Lord Jesus Christ, according to Mathew.  
**Glory to you, Lord Jesus Christ.**

Jesus said, "You have heard that it was said to those of ancient times, 'You shall not murder'; and 'whoever murders shall be liable to judgement.' But I say to you that if you are angry with a brother or sister, you will be liable to judgement; and if you insult a brother or sister, you will be liable to the council; and if you say, 'You fool,' you will be liable to the hell of fire. So when you are offering your gift at the altar, if you remember that your brother or sister has something against you, leave your gift there before the altar and go; first be reconciled to your brother or sister, and then come and offer your gift. Come to terms quickly with your accuser while you are on the way to court with him, or your accuser may hand you over to the

judge, and the judge to the guard, and you will be thrown into prison. Truly I tell you, you will never get out until you have paid the last penny.

You have heard that it was said, 'You shall not commit adultery.' But I say to you that everyone who looks at a woman with lust has already committed adultery with her in his heart. If your right eye causes you to sin, tear it out and throw it away; it is better for you to lose one of your members than for your whole body to be thrown into hell. And if your right hand causes you to sin, cut it off and throw it away; it is better for you to lose one of your members than for your whole body to go into hell.

It was also said, 'Whoever divorces his wife, let him give her a certificate of divorce.' But I say to you that anyone who divorces his wife, except on the ground of unchastity, causes her to commit adultery; and whoever marries a divorced woman commits adultery.

Again, you have heard that it was said to those of ancient times, 'You shall not swear falsely, but carry out the vows you have made to the Lord.' But I say to you, Do not swear at all, either by heaven, for it is the throne of God, or by the earth, for it is his footstool, or by Jerusalem, for it is the city of the great King. And do not swear by your head, for you cannot make one hair white or black. Let your word be 'Yes, Yes' or 'No, No'; anything more than this comes from the evil one."

The Gospel of Christ.

**Praise to you, Lord Jesus Christ.**

*Please be seated.*

THE SERMON

The Rev. Pitman Potter, Ph.D.

*Please stand as you are able.*

## THE APOSTLES' CREED

I believe in God,  
**the Father almighty,**  
**creator of heaven and earth.**  
I believe in Jesus Christ,  
**his only Son, our Lord.**  
**He was conceived by the power of the Holy Spirit**  
**and born of the Virgin Mary.**  
**He suffered under Pontius Pilate,**  
**was crucified, died, and was buried.**  
**He descended to the dead.**  
**On the third day he rose again.**  
**He ascended into heaven,**  
**and is seated at the right hand of the Father.**  
**He will come again**  
**to judge the living and the dead.**  
I believe in the **Holy Spirit,**  
**the holy catholic Church,**  
**the communion of saints,**  
**the forgiveness of sins,**  
**the resurrection of the body,**  
**and the life everlasting. Amen.**

*Please remain standing or kneel, as you are able.*

## THE PRAYERS OF THE PEOPLE

Before we offer gifts at the altar, let us offer prayers for all our sisters and brothers in the church and the world who need justice, mercy, and reconciliation.

For Christians everywhere that, faithful to our baptismal calling, we may become a royal priesthood, a holy nation. In the Anglican Communion, we pray for Justin, the Archbishop of Canterbury; the Episcopal Church in the Philippines; and for our companion diocese, the Diocese of Northern Philippines. In the Anglican Church of Canada, we pray for Linda, our Primate; Chris, the National Indigenous Archbishop; and John, our bishop. In the Diocese of New Westminster, we pray for the Deanery of North Vancouver; the Eco-

Justice Unit; the Ecumenical/Multi-Faith Unit; and the Administrators of the Anglican Initiatives Fund.

Lord in your mercy,  
**Hear our prayer.**

For the leaders of the nations, and all in authority, including Justin, our Prime Minister; David, our Premier; and Ken, our mayor. Guide your people in the ways of justice and peace, that we may honour one another and serve the common good.

Lord in your mercy,  
**Hear our prayer.**

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honour and glory.

Lord in your mercy,  
**Hear our prayer.**

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.

Lord in your mercy,  
**Hear our prayer.**

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.

*Silence*

Lord in your mercy,  
**Hear our prayer.**

We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

*Silence*

Lord in your mercy,  
**Hear our prayer.**

Remembering the blessed Virgin Mary, John the Baptist, and all the saints, let us offer ourselves and one another to the living God through Christ.

**To you, O Lord our God.**

*The Celebrant continues*

Loving God, who commands us to do what is right and good, hear the prayers we offer you this day that all peoples may approach your holy table in peace and unity; through Jesus Christ our Lord. **Amen.**

*Please remain standing or kneel, as you are able.*

## THE CONFESSION AND ABSOLUTION

Dear friends in Christ, God is steadfast in love and infinite in mercy; God welcomes sinners and invites them to this table. Let us confess our sins, confident in God's forgiveness.

Most merciful God, **we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

*Please stand as you are able.*

## THE PEACE

The peace of the Lord be always with you.  
**And also with you.**

*The people greet one another with signs of God's peace.*

# THE OFFERTORY

As the altar is prepared for Holy Communion, the congregation is invited to make an offering as an expression of gratitude for God's generosity. A QR code is provided for those who prefer to donate online. During the collection, a hymn is sung.



## OFFERTORY HYMN · 60

## LAND OF REST

Chord progression: G, F, C, Dm, C7

1 I come with joy, a child of God, for -  
 2 I come with Chris - tians far and near to  
 3 As Christ breaks bread and bids us share, each  
 4 The spir - it of the ris - en Christ, un -  
 5 To - geth - er met, to - geth - er bound, by

Chord progression: F, C, F, C, 7, F, Dm, C, F

giv - en, loved, and free, the life of Je - sus  
 find, as all are fed, the new com - mu - ni -  
 proud di - vi - sion ends. The love that made us  
 seen, but ev - er near, is in such friend - ship  
 all that God has done, we'll go with joy, to

Chord progression: Bb, F, C7, F, Gm7, C7, F

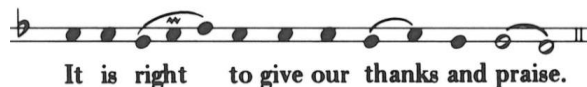
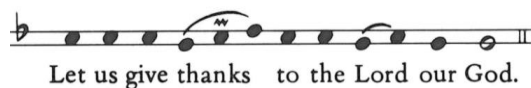
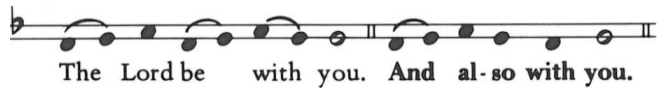
to re - call, in love laid down for me.  
 ty of love in Christ's com - mu - nion bread.  
 makes us one, and strang - ers now are friends.  
 bet - ter known, a - live a - mong us here.  
 give the world the love that makes us one.

# THE HOLY COMMUNION

## THE PRAYER OVER THE GIFTS

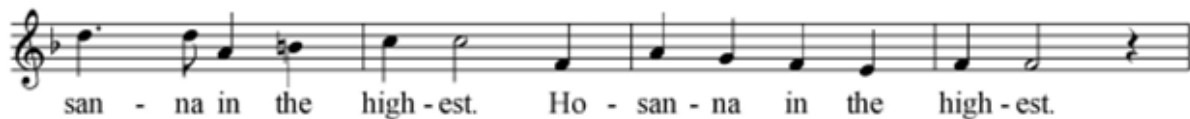
Eternal God, you are the strength of the weak and the comfort of sufferers, receive all we offer you this day; turn our sickness into health and our sorrow into joy. We ask this in the name of Jesus Christ the Lord. **Amen.**

## THE GREAT THANKSGIVING



Blessed are you, gracious God, creator of heaven and earth; you are the source of light and life for all your creation, you made us in your own image, and call us to new life in Jesus Christ our Saviour. Therefore we praise you, joining our voices to proclaim the glory of your name.

## THE SANCTUS & BENEDICTUS *Community Mass* R. Proulx (1937-2010)



*The Celebrant continues*

We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, Father, according to his command,

**we remember his death,  
we proclaim his resurrection,  
we await his coming in glory;**

and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant. Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit.



In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever. **Amen.**

## THE LORD'S PRAYER

As our Saviour taught us, let us pray,

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial,  
and deliver us from evil.  
For the kingdom, the power,  
and the glory are yours,  
now and for ever. Amen.**

## THE BREAKING OF THE BREAD

*The Celebrant breaks the consecrated bread.*

We break this bread to share in the body of Christ.

**We, being many, are one body,  
for we all share in the one bread.**

## THE FRACTION ANTHEM *Mass of St. George* Andrew Wells (b.1962)

**Larghetto**

(org.) Lamb of God, you take a - way the sin of the

world, have mer - cy on us. Lamb of God, you take a -

way the sin of the world. Grant us peace.

## THE INVITATION TO HOLY COMMUNION

The gifts of God for the people of God.  
**Thanks be to God.**

*We invite all baptized Christians to receive the sacrament of Holy Communion. If you prefer to receive a blessing instead of the bread and wine, you may indicate that desire by crossing your arms over your chest. If you are unable to come forward, please ask a sidesperson to have Communion brought to you.*

## AT THE COMMUNION: ANTHEM

*Thou Visitest the Earth*

Maurice Greene (1696-1755)

Thou visitest the earth and blest it:  
and crownest the year with thy goodness.

*Please stand as you are able.*

## THE PRAYER AFTER COMMUNION

God of tender care, in this eucharist we celebrate your love for us and for all people. May we show your love in our lives and know its fulfilment in your presence. We ask this in the name of Jesus Christ the Lord. **Amen.**

## THE DOXOLOGY

Glory to God,  
**whose power, working in us,  
can do infinitely more  
than we can ask or imagine.  
Glory to God from generation to generation,  
in the Church and in Christ Jesus,  
for ever and ever. Amen.**

*Please be seated.*

## THE NOTICES

*Please stand as you are able.*

## THE BLESSING


The peace of God which passes all understanding keep your hearts and minds in the knowledge and love of God, and of God's Son, Jesus Christ our Lord; and the blessing of God almighty, the Father, Son, and Holy Spirit, be among you and remain with you always. **Amen.**

1 Love di - vine, all loves ex - cel - ling, joy of heaven to  
 2 Come, al - might - y to de - liv - er; let us all thy  
 3 Fin - ish, then, thy new cre - a - tion; pure and spot - less

earth come down, fix in us thy hum - ble dwell - ing;  
 grace re - ceive; sud - den - ly re - turn, and nev - er,  
 let us be; let us see thy great sal - va - tion

all thy faith - ful mer - cies crown. Je - sus, thou art  
 nev - er - more thy tem - ples leave. Thee we would be  
 per - fect - ly re - stored in thee, changed from glo - ry

all com - pas - sion; pure, un - bound - ed love thou art; vis - it  
 al - ways bless - ing, serve thee as thy hosts a - bove, pray and  
 in - to glo - ry, till in heaven we take our place, till we



us with thy sal - va - tion, en - ter ev - ery trem - bling heart.  
 praise thee with - out ceas - ing, glo - ry in thy per - fect love.  
 cast our crowns be - fore thee, lost in won - der, love, and praise.

## THE DISMISSAL

Let us go forth in the name of Christ.  
**Thanks be to God.**

VOLUNTARY Gigue Fugue BWV 578

J.S. Bach

*Please remain standing as the procession leaves the church. Though some people choose to stay for the entire organ postlude, please feel welcome to depart when the Spirit moves you. We hope you will join us for coffee and refreshments in the Trendell Lounge after the service.*





## ST. JOHN'S, SHAUGHNESSY STAFF AND LEADERSHIP

Please contact the parish office if you would like to be added to our mailing list, so that we may let you know about upcoming events.

### Clergy and Staff

The Reverend Terry Shields Dirbas, Rector [terry.dirbas@sjs.net](mailto:terry.dirbas@sjs.net)  
The Reverend James Hwang, Curate [jhwang@sjs.net](mailto:jhwang@sjs.net)  
The Reverend Dr. Marilyn Hames, *Honorary Assisting Priest*  
The Reverend Karin Fulcher, *Deacon*  
The Reverend Pitman Potter, *Deacon*  
Michael Dirk, *Music Director* [organist@sjs.net](mailto:organist@sjs.net)  
Jaime Yoon, *Interim Choir Director* [jaime.yoon@sjsparish.net](mailto:jaime.yoon@sjsparish.net)  
Cynthia Jutras, *Interim Parish Administrator* [church.office@sjs.net](mailto:church.office@sjs.net)  
Patrick Mahon, *Verger*

### Trustees

Ken Pepin, *Rector's Warden*  
Maggie Sanders, *People's Warden*  
Mike Dezell, *Property Trustee*  
Donald Wood, *Treasurer*



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