



THE HOLY EUCHARIST

FOURTH SUNDAY AFTER THE EPIPHANY: PROPER 4A

JANUARY 29, 2023 • 10:00 AM

Welcome to St. John's, Shaughnessy! Wherever you are on your spiritual journey, and whether you are joining us in the church building or via the livestream, we are glad you are here!

If you are new here and would like to learn more, please introduce yourself to the clergy after the service. If you would like to be added to our mailing list so that we may keep you informed of upcoming events, please contact the church office.

Infants and children (and their accompanying noises) enliven our services. Colouring, crafts, and quiet toys are available in the children's area, just to the left of the front pews.

We acknowledge with respect that we worship on the traditional, ancestral, and unceded territory of the Coast Salish Peoples, and we pray that we may live more deeply into the calls to action from Canada's Truth and Reconciliation Commission.

A brief organ voluntary offered a few minutes before the hour bids us all keep silence for prayer and preparation.

*The people's responses are in **bold**.*

PRELUDE Gigue

J.S. Bach (1685-1750)

GREETING

Please stand as you are able.

THE ENTRANCE RITE

PROCESSIONAL HYMN · 362

WOODLANDS

Unison

1 Tell out, my soul, the great-ness of the Lord!
2 Tell out, my soul, the great-ness of his name!
3 Tell out, my soul, the great-ness of his might!
4 Tell out, my soul, the glo-ries of his word!

Un - num - bered bless - ings, give my spir - it voice;
Make known his might, the deeds his arm has done;
Powers and do - min - ions lay their glo - ry by;
Firm is his prom - ise, and his mer - cy sure.

ten - der to me the prom - ise of his word;
his mer - cy sure, from age to age the same;
proud hearts and stub - born wills are put to flight,
Tell out, my soul, the great-ness of the Lord

in God my Sav-iour shall my heart re-joice.
 his ho-ly name—the Lord, the might-y one.
 the hun-gry fed, the hum-ble lift-ed high.
 to chil-dren's chil-dren and for ev-er-er-more!

THE OPENING ACCLAMATION

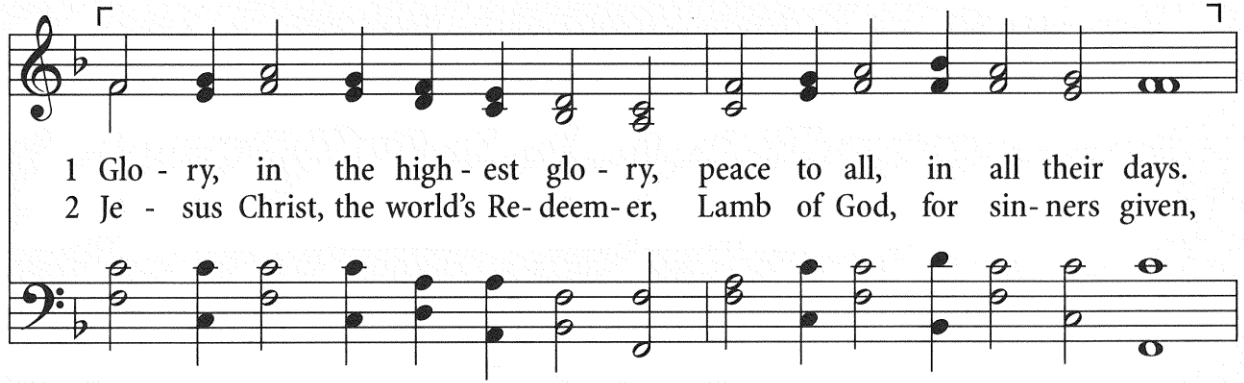
The grace of our Lord Jesus Christ,
 and the love of God,
 and the fellowship of the Holy Spirit,
 be with you all.
And also with you.

THE COLLECT FOR PURITY

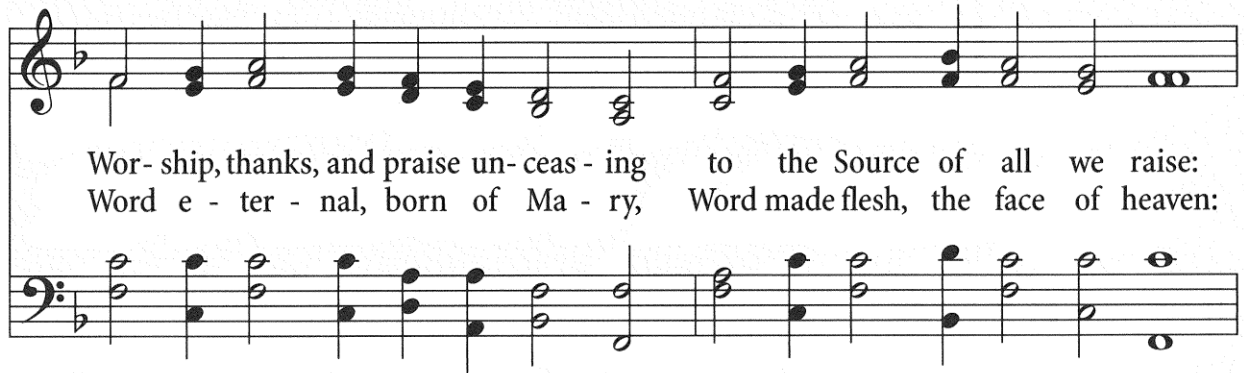
Almighty God,
to you all hearts are open,
all desires known,
and from you no secrets are hidden.
Cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen.

SONG OF PRAISE

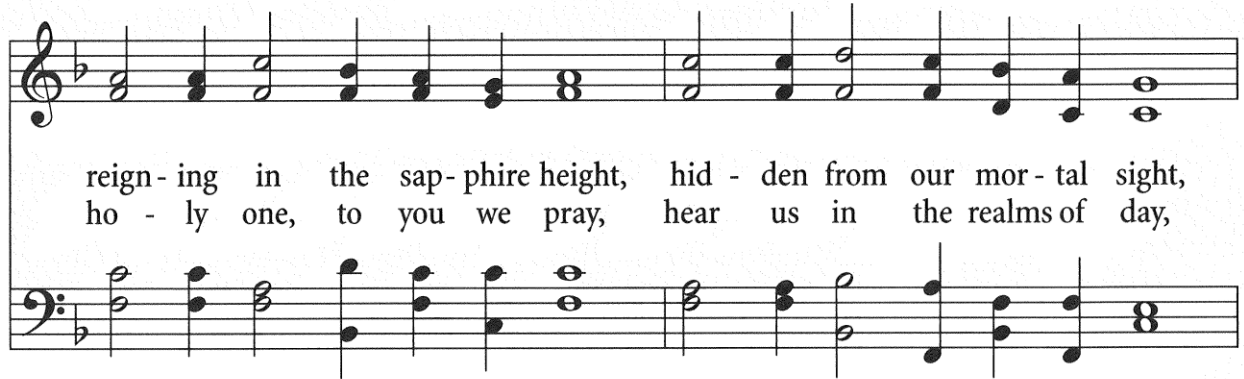
PSALM 42



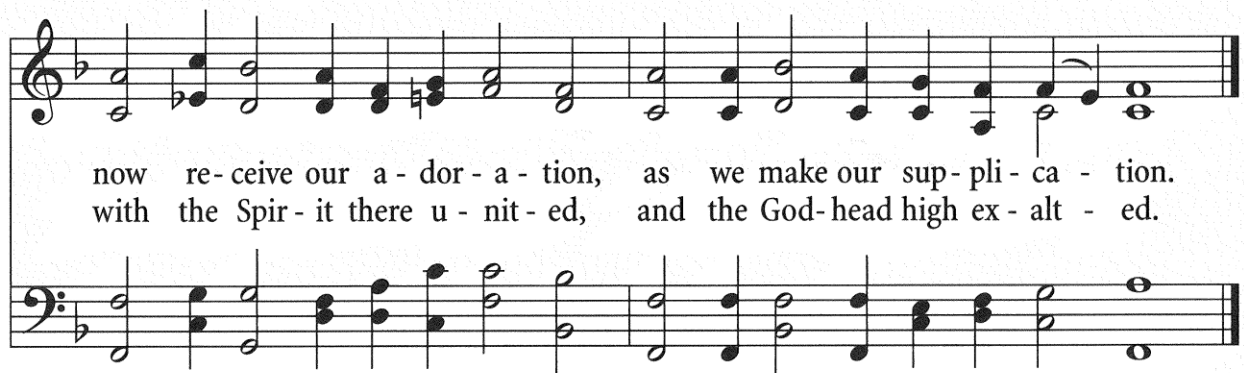
1 Glo - ry, in the high - est glo - ry, peace to all, in all their days.
2 Je - sus Christ, the world's Re - deem - er, Lamb of God, for sin - ners given,



Wor - ship, thanks, and praise un - ceas - ing to the Source of all we raise:
Word e - ter - nal, born of Ma - ry, Word made flesh, the face of heaven:



reign - ing in the sap - phire height, hid - den from our mor - tal sight,
ho - ly one, to you we pray, hear us in the realms of day,



now re - ceive our a - dor - a - tion, as we make our sup - pli - ca - tion.
with the Spir - it there u - nit - ed, and the God - head high ex - alt - ed.

THE COLLECT OF THE DAY

Living God, in Christ you make all things new. Transform the poverty of our nature by the riches of your grace, and in the renewal of our lives make known your glory; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

Please be seated.

THE LITURGY OF THE WORD

THE FIRST READING

Micah 6:1-8

A reading from the Prophet Micah

Hear what the Lord says: Rise, plead your case before the mountains, and let the hills hear your voice. Hear, you mountains, the controversy of the Lord, and you enduring foundations of the earth; for the Lord has a controversy with his people, and he will contend with Israel.

“O my people, what have I done to you? In what have I wearied you? Answer me! For I brought you up from the land of Egypt, and redeemed you from the house of slavery; and I sent before you Moses, Aaron, and Miriam. O my people, remember now what King Balak of Moab devised, what Balaam son of Beor answered him, and what happened from Shittim to Gilgal, that you may know the saving acts of the Lord.”

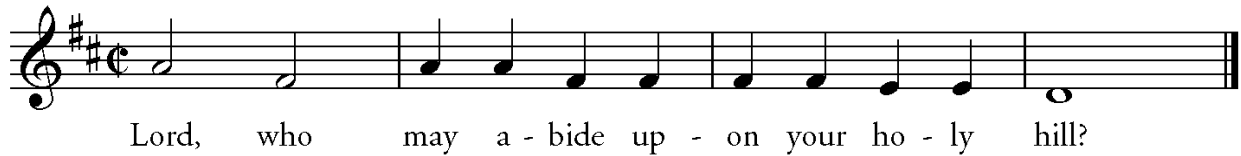
“With what shall I come before the Lord, and bow myself before God on high? Shall I come before him with burnt offerings, with calves a year old? Will the Lord be pleased with thousands of rams, with ten thousands of rivers of oil? Shall I give my firstborn for my transgression, the fruit of my body for the sin of my soul?” He has told you, O mortal, what is good; and what does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God?

Hear what the Spirit is saying to God’s people.

Thanks be to God.

PSALM 15 *Domine, quis habitabit?*

The Choir sings the Refrain; then all repeat.



- 1 Lord, who may dwell in your tabernacle?
who may abide upon your holy hill?
- 2 Whoever leads a blameless life and does what is right,
who speaks the truth from his heart.
- 3 There is no guile upon his tongue; he does no evil to his friend;
he does not heap contempt upon his neighbour.
- 4 In his sight the wicked is rejected,
but he honours those who fear the Lord. *Refrain*
- 5 He has sworn to do no wrong
and does not take back his word.
- 6 He does not give his money in hope of gain,
nor does he take a bribe against the innocent.
- 7 Whoever does these things
shall never be overthrown. *Refrain*

A reading from the first letter of Paul to the Corinthians

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written, "I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart." Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

Consider your own call, brothers and sisters: not many of you were wise by human standards, not many were powerful, not many were of noble birth. But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; God chose what is low and despised in the world, things that are not, to reduce to nothing things that are, so that no one might boast in the presence of God. He is the source of your life in Christ Jesus, who became for us wisdom from God, and righteousness and sanctification and redemption, in order that, as it is written, "Let the one who boasts, boast in the Lord."

Hear what the Spirit is saying to God's people.

Thanks be to God.

Please stand as you are able.

HYMN AT THE SEQUENCE · 386

ROCKINGHAM

1 When I sur - vey the won - drous cross on which the
2 For - bid it, Lord, that I should boast, save in the
3 See, from his head, his hands, his feet, sor - row and
4 Were the whole realm of na - ture mine, that were an

Prince of glo - ry died, my rich - est gain I
cross of Christ, my God; all the vain things that
love flow min - gled down; did e'er such love and
of - fering far too small; love so a - maz - ing,

count but loss, and pour con - tempt on all my pride.
charm me most, I sac - ri - fice them to his blood.
sor - row meet, or thorns com - pose so rich a crown?
so di - vine, de - mands my soul, my life, my all.

THE GOSPEL ACCLAMATION

The Cantor sings the Alleluia; then all repeat.



Cantor Rejoice and be glad,
for your reward is great in heaven. *Alleluia*

THE HOLY GOSPEL

Matthew 5:1-12

The Lord be with you.

And also with you.

The Holy Gospel of our Lord Jesus Christ, according to Mathew.

Glory to you, Lord Jesus Christ.

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying: "Blessed are the poor in spirit, for theirs is the kingdom of heaven. Blessed are those who mourn, for they will be comforted. Blessed are the meek, for they will inherit the earth. Blessed are those who hunger and thirst for righteousness, for they will be filled. Blessed are the merciful, for they will receive mercy. Blessed are the pure in heart, for they will see God. Blessed are the peacemakers, for they will be called children of God. Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven. Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you."

The Gospel of Christ.

Praise to you, Lord Jesus Christ.

Please be seated.

THE SERMON

The Reverend James Hwang

Please stand as you are able.

THE APOSTLES' CREED

I believe in God,
the Father almighty,
creator of heaven and earth.

I believe in Jesus Christ,
his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

Please remain standing or kneel, as you are able.

THE PRAYERS OF THE PEOPLE

God chooses the weak to shame the strong. Let us pray for all those who in their weakness need justice and kindness.

For Christians everywhere that, faithful to our baptismal calling, we may become a royal priesthood, a holy nation. In the Anglican Communion, we pray for Justin, the Archbishop of Canterbury; the Church of Pakistan (United); and for our companion diocese, the Diocese of Northern Philippines. In the Anglican Church of Canada, we pray for Linda, our Primate; Chris, the National Indigenous Archbishop; and John, our bishop. In the Diocese of New Westminster, we pray for the Ecclesiastical Province of British Columbia and the Yukon: the Diocese of British Columbia, the Diocese of Caledonia, the Diocese of Kootenay, the Territory of the People, the Diocese of New Westminster, and the Diocese of the Yukon.

Lord in your mercy,
Hear our prayer.

For the leaders of the nations, and all in authority, including Justin, our Prime Minister; David, our Premier; and Ken, our mayor. Guide your people in the ways of justice and peace, that we may honour one another and serve the common good.

Lord in your mercy,
Hear our prayer.

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honour and glory.

Lord in your mercy,
Hear our prayer.

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us.

Lord in your mercy,
Hear our prayer.

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.

Silence

Lord in your mercy,
Hear our prayer.

We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Silence

Lord in your mercy,
Hear our prayer.

Remembering the blessed Virgin Mary, John the Baptist, and all the saints, let us offer ourselves and one another to the living God through Christ.

To you, O Lord our God.

The Celebrant continues

Lord of all,
you teach us to walk humbly with our God:
Hear our fervent prayers
and lead all the peoples of the world
to your holy mountain;
through Jesus Christ our Lord. **Amen.**

Please remain standing or kneel, as you are able.

THE CONFESSION AND ABSOLUTION

Dear friends in Christ, God is steadfast in love and infinite in mercy; God welcomes sinners and invites them to this table. Let us confess our sins, confident in God's forgiveness.

Most merciful God,

**we confess that we have sinned against you
in thought, word, and deed,**

by what we have done,

and by what we have left undone.

We have not loved you with our whole heart;

we have not loved our neighbours as ourselves.

We are truly sorry and we humbly repent.

For the sake of our Son Jesus Christ,

have mercy on us and forgive us,

that we may delight in your will,

and walk in your ways,

to the glory of your name. Amen.

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

Please stand as you are able.

THE PEACE

The peace of the Lord be always with you.

And also with you.

The people greet one another with signs of God's peace.

THE OFFERTORY

As the altar is prepared for Holy Communion, the congregation is invited to make an offering as an expression of gratitude for God's generosity. A QR code is provided for those who prefer to donate online. During the collection, a hymn is sung.



1 E - ter - nal Rul - er of the cease - less round of cir - cling
 2 We are of thee, the chil - dren of thy love, com - pan - ions
 3 We would be one in ha - tred of all wrong, one in our
 4 O clothe us with thy heaven - ly ar - mour, Lord, thy trus - ty

plan - ets sing - ing on their way, Guide of the na - tions
 of thy well - be - lov - ed Son; des - cend, O Ho - ly
 love of all things sweet and fair, one with the joy that
 shield, thy sword of love di - vine; our in - spi - ra - tion

from the night pro - found in - to the glo - ry of the per - fect
 Spir - it, like a dove, in - to our hearts that we may be as
 ris - es in - to song, one with the grief that finds no voice in
 be thy con - stant word; we ask no vic - to - ries that are not

day: rule in our hearts, that we may ev - er be
 one: as one with thee, to whom we ev - er tend;
 prayer, one in the power that makes thy chil - dren free
 thine: give us the shield of faith that we may be

guid - ed and strength - ened and up - held by thee.
 as one with him, our pat - tern and our friend.
 to fol - low truth, and thus to fol - low thee.
 stead - fast, at - ten - tive, firm in serv - ing thee.

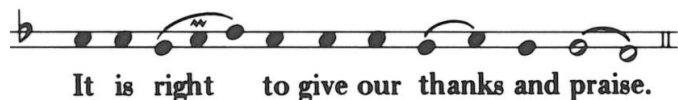
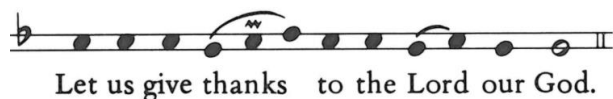
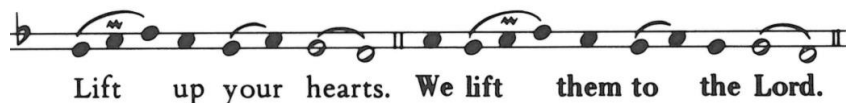
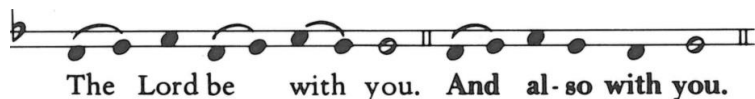
THE HOLY COMMUNION

THE PRAYER OVER THE GIFTS

God of steadfast love,
 may our offering this day,
 by the power of your Holy Spirit,
 renew us for your service.

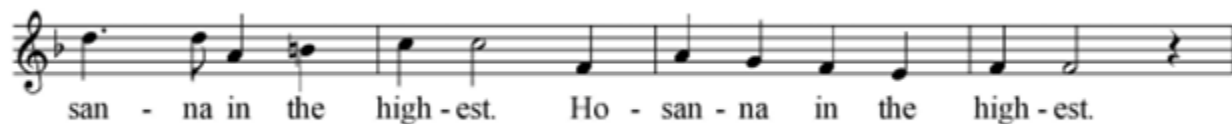
We ask this in the name of Jesus Christ the Lord. **Amen.**

THE GREAT THANKSGIVING



Blessed are you, gracious God, creator of heaven and earth; you are the source of light and life for all your creation, you made us in your own image, and call us to new life in Jesus Christ our Saviour. Therefore we praise you, joining our voices to proclaim the glory of your name.

THE SANCTUS & BENEDICTUS *Community Mass* R. Proulx (1937-2010)



The Celebrant continues

We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, Father, according to his command,

**we remember his death,
we proclaim his resurrection,
we await his coming in glory;**

and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine. We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant. Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit.

In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation;

by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever. **Amen.**

THE LORD'S PRAYER

As our Saviour taught us, let us pray,

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Save us from the time of trial,
and deliver us from evil.
For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.**

THE BREAKING OF THE BREAD

The Celebrant breaks the consecrated bread.

We break this bread
to share in the body of Christ.
**We, being many, are one body,
for we all share in the one bread.**

THE FRACTION ANTHEM *Mass of St. George* Andrew Wells (b.1962)

Larghetto

(org.) *mp* Lamb of God, you take a - way the sin of the

REPEAT Descant

world, have mer - cy on us. Lamb of God, you take a -

pp

way the sin of the world. Grant us peace.

Detailed description: The musical score is written on three staves. The first staff begins with a treble clef, a 3/4 time signature, and the tempo marking 'Larghetto'. It includes an organ part labeled '(org.)' and a vocal line starting with 'Lamb of God, you take a - way the sin of the'. The second staff continues the vocal line with 'world, have mer - cy on us.' and includes a 'REPEAT' sign and a 'Descant' section. The third staff concludes with 'way the sin of the world. Grant us peace.' and features a piano marking '*pp*'.

THE INVITATION TO HOLY COMMUNION

The gifts of God for the people of God.
Thanks be to God.

We invite all baptized Christians to receive the sacrament of Holy Communion. Gluten-free wafers are available upon request. If you prefer to receive a blessing instead of the bread and wine, you may indicate that desire by crossing your arms over your chest. If you are unable to come forward, please ask a sidesperson to have Communion brought to you.

COMMUNION ANTHEM *O Nata Lux* Thomas Tallis (c. 1505-1585)

*O nata lux de lumine,
Jesu redemptor saeculi,
dignare clemens supplicum
laudes preces que sumere.
Qui carne quondam contegi
dignatus es pro perditis.
Nos membra confer effici,
tui beati corporis.*

O Light from Light,
resplendent birth,
Jesus redeemer of the earth,
in mercy grant us this reprieve:
our prayers and praises to receive.
Thou who in flesh didst once appear
to set souls free from sin and fear:
gather us all, O Lord we plea,
in thy blest Body, one with thee.

Please stand as you are able.

THE PRAYER AFTER COMMUNION

Source of all goodness,
in this eucharist we are nourished by the bread of heaven
and invigorated with new wine.
May these gifts renew our lives,
that we may show your glory to all the world,
in the name of Jesus Christ the Lord. **Amen.**

THE DOXOLOGY

Glory to God,
**whose power, working in us,
can do infinitely more
than we can ask or imagine.
Glory to God from generation to generation,
in the Church and in Christ Jesus,
for ever and ever. Amen.**

Please be seated.

THE NOTICES

Please stand as you are able.

THE BLESSING

The peace of God which passes all understanding keep your hearts and minds in the knowledge and love of God, and of God's Son, Jesus Christ our Lord; and the blessing of God almighty, the Father, Son, and Holy Spirit, be among you and remain with you always. **Amen.**

1 God who gives to life its good-ness, God cre - a - tor
 2 God who fills the earth with beau - ty, God who binds each

of all joy, giv - er of all hu - man free - dom,
 friend to friend, giv - er of all hu - man tal - ent,

God who bless - es tool and toy: teach us now to
 God who wills that cha - os end: grant us now cre -

whole cre - a - tion dan - ces for the good - ness of its King.
 wills your rule ex - tend - ing, all our acts by love re - fined.

THE DISMISSAL

Let us go forth in the name of Christ.

Thanks be to God.

VOLUNTARY Highland Cathedral (1982) Roever & Korb (arr. J
Wetherald) (*en memoriam Robbie Burns*)

ST. JOHN'S, SHAUGHNESSY STAFF AND LEADERSHIP

Please contact the parish office if you would like to be added to our mailing list, so that we may let you know about upcoming events.

Clergy and Staff

The Reverend Terry Shields Dirbas, Rector terry.dirbas@sjs.net
The Reverend James Hwang, Curate jhwang@sjs.net
The Reverend Dr. Marilyn Hames, *Honorary Assisting Priest*
The Reverend Karin Fulcher, *Deacon*
The Reverend Pitman Potter, *Deacon*
Michael Dirk, *Music Director* organist@sjs.net
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Cynthia Jutras, *Interim Parish Administrator* church.office@sjs.net
Patrick Mahon, *Verger*

Trustees

Ken Pepin, *Rector's Warden*
Maggie Sanders, *People's Warden*
Mike Dezell, *Property Trustee*
Donald Wood, *Treasurer*



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