

## **From Mother Liz**

I've had a few 'pandemic' hobbies. Like others I started baking bread from my own sourdough starter: Bob. Bob lasted about 8 months until my family grew bored with homemade sourdough and Bob turned red. I started doing yoga each morning (that lasted longer and I still try to do it), and I started knitting. I started knitting to have something to do with my hands while I listened to the news to help my anxiety in those early days. I'm not a complete beginner- I've knitted before; I've made blankets and scarfs (things that are square with no pattern). But the more I did, the more I learned, the better I got. It's an addiction... I now have a couple knitting baskets full of wool, and a closet full of scarfs, hats, baby blankets, and sweaters.

Knitting seems to have stuck, because I really do need something to do with my hands, and just like the bread got boring for my family so has my knitting- which left me with a need to find other places to give, blankets, hats, scarfs and shawls. So, lately along with the sweater I'm knitting I'm also started knitting prayer shawls.

Prayer shawls are simple patterns that you knit with intention. Before I begin, I say a prayer for the person or the situation and then I knit. I probably should pray actively throughout the knitting, but I find that instead I call the person to mind as I begin each row and it's enough.

Knitting is an active prayer, a body prayer, like walking the Labyrinth or crossing yourself- it's a form of movement that leads us into a deep relationship. But it's one that gives to others, it literally wraps them in God's love. I'm knitting prayer shawls and I'll keep them in my offices for people who I meet who need them; maybe life is rough, maybe they feel alone. Who do you know who need to be wrapped in prayer and love?

If you are a knitter and you wish -join me- email me [erceliz@vst.edu](mailto:erceliz@vst.edu). But even if you aren't...what are your pandemic hobbies? How do are part of your faith journey?

God Bless,  
Mother Liz

### **Organ Revitalization update**

Following his tremendous efforts 3 years ago, Steve Miller returned this past April to activate the Midi capabilities of our Hallman Organ in collaboration with Gilles Parenteau with support of a Canada Council Fine Arts grant: <https://youtu.be/Uvf2hhvvJjc>

Steve returned last week to commence the instillation of more modern blowers to our organ which will result in far less ambient noise. This Sunday parishioners present should notice a dramatic reduction of blower noise while the organ is on, but not being played. Also moving from 5hp to 1hp motor will have significant electrical savings. He will continue making improvements next week to failed tremulant motors and install a rank of oboe pipes which will add a much-needed orchestral colour.



*Figure 1 Main chamber New blower left;  
original 'BOB' (British Organ Builders)  
right*



*Figure 2 New gallery blower in the  
silencing box; original blower forefront*

## **SJS choir tenor alum Spencer Britten to perform with Vancouver City Opera Sept 13-17:**

<https://twitter.com/spencerbritten>

### **SJS Prayer List**

If you request that someone's name be added to the prayer list, please keep in touch with us. At the end of each month, all names will be removed, so you will need to add the names again at the end of each month. Please also let us know if you want someone removed from the list. Email the office ([church@sjc.net](mailto:church@sjc.net)) anytime! Thank you.

### **Greeting volunteers needed at the 10am service**

We could use several more greeters. Please contact the office([church@sjc.net](mailto:church@sjc.net)) for more details if you are interested in greeting on Sunday mornings.

### **SJS Garden Club Needs New Volunteers**

It is time for the Garden Club to renew their efforts at St Johns. We hope we have some new volunteers who could join us from time to time. Or every week! Weather permitting, we meet on **Monday mornings**, but the day/time can be adjusted to accommodate other schedules. We do watering, light pruning (no saws or ladders), weeding, dividing, planting, etc. We enjoy wonderful chit chats in the safety of the outdoors. You can bring your own gloves and tools if you want to, or you can borrow ours. If you have old tools in your garage that you don't use any more, please let us know. **We are accepting donations of old garden tools.**

### **WNM items for Homeless Needed**

Winter clothing, raingear, boots, sleeping bags, socks, pudding cups, granola bars (soft with no fruit/nuts), & juice boxes.

## **Financial Support - Stewardship**

If you would like to make a financial contribution to help support the worship and ministry of St. John's Shaughnessy, please do! You can use this QR code (point your phone's camera at it) and it will take you to the donation page of our website. If you have recently made a contribution online or by cheque, thank you so very much! If you currently give by Pre-Authorized Donation, thank you! Our church has been affected by COVID-19 in many ways and financial giving is certainly one.



If you would like to give via monthly Pre-Authorized Donations (easy to change and easy to cancel), please contact Cynthia in the office ([church@sjs.net](mailto:church@sjs.net) or 604-731-4966). If you would like to give to the church using a credit card, please use the DONATE button on our website (Canada Helps on top of page one, and Paypal on the bottom of page one). Cheques may be mailed or dropped through the church mail slot.

## **Sunday in-person services 8am and 10am**

### **Sunday online service**

10am Holy Eucharist live-stream

### **Wednesday online service**

8pm Midweek Meditation

Rector                      The Reverend Terry Shields Dirbas    [terry.dirbas@sjs.net](mailto:terry.dirbas@sjs.net)  
Assistant Priest    The Reverend Elizabeth Ruder-Celiz    [erceliz@vst.edu](mailto:erceliz@vst.edu)  
Vestry Clerk                      The Reverend Karin Fulcher

Music Director                      Michael Dirk    [organist@sjs.net](mailto:organist@sjs.net)  
Rector's Warden                      Judith Downes  
People's Warden                      Maggie Sanders  
Treasurer                      Donald Wood  
Property Trustee                      Michael Dezell  
Pastoral Care Team Coordinator    Helen Kline  
Altar Guild                      Susan Firus  
Parish Administrator    Janet Hamilton (Cynthia Jutras, acting)

Please email the office if you would like to have newsletters sent to you.  
Newsletters, leaflets and online videos are posted on the website.

### **St John's Shaughnessy Anglican Church**

Diocese of New Westminster

Anglican Church of Canada

1490 Nanton Ave. Vancouver, BC, V6H 2E2

604 731 4966 (ex 1 office, 2 Rector)

[church@sjs.net](mailto:church@sjs.net)

[www.sjs.net](http://www.sjs.net)



Offices are open by appointment only.  
Email and voicemail are checked regularly and often,  
so please reach out.

