



19th March 2017



Third Sunday of Lent

Welcome!

We bid you a very warm welcome to our worship. As we gather in this sacred space, silent prayer and reflection helps us to prepare for the service. We acknowledge our presence is on the traditional, ancestral, and unceded territory of the Coast Salish Peoples. Listening devices are available for the hearing impaired during the service; please contact one of our greeters.

Please observe silence before worship. During Lent there is no organ prelude.

The choir leads the Lent Prose and we all join in the refrain

Refrain (Cantor 1st time)

Hear us, O Lord, * have mer - cy up - on us:
for we have sinn'd a - gainst thee.

**Refrain: Hear us, O Lord, have mercy upon us:
for we have sinned against thee.**

- 1 To thee, Redeemer, on thy throne of glory :
lift we our weeping eyes in holy pleadings :
listen, O Jesu, to our supplications. *Refrain*
- 2 O thou chief Cornerstone, Right Hand of the Father :
Way of Salvation, Gate of Life Celestial :
cleanse thou of our sinful souls from all defilement.
Refrain
- 3 God, we implore thee, in thy glory seated :
bow down and hearken to thy weeping children :
pity and pardon all our grievous trespasses. *Refrain*
- 4 Sins oft committed now we lay before they :
with true contrition, now no more we veil them :
grant us, Redeemer, loving absolution. *Refrain*

5 Innocent, captive, taken unresisting :
falsely accused, and for us sinners sentenced,
save us, we pray thee, Jesu our Redeemer. *Refrain*

Priest +The grace of our Lord Jesus Christ, and the Love of God,
and the fellowship of the Holy Spirit, be with you all.

All **And also with you.**

We invite you to kneel or sit

Priest Let us pray.

All **Almighty God,
to you all hearts are open,
all desires known,
and from you no secrets are hidden.
Cleanse the thoughts of our hearts by the
inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen.**

Kyrie Eleison

Lord, ___ have mer - cy, Lord, ___ have mer - cy,
Christ, ___ have mer - cy, Christ, ___ have mer - cy
Lord, ___ have mer - cy, Lord, ___ have mer - cy

The image shows three staves of musical notation in 8/8 time. The first staff has the lyrics 'Lord, ___ have mer - cy, Lord, ___ have mer - cy,'. The second staff has 'Christ, ___ have mer - cy, Christ, ___ have mer - cy'. The third staff has 'Lord, ___ have mer - cy, Lord, ___ have mer - cy'. The music consists of simple eighth and quarter notes with some slurs.

Priest
All

Let us pray
Gracious God,
you provide us with living water
in abundance for all to share.
Nourish us with this abundance,
so that we may be streams of living water
to those who thirst for you;
through Jesus Christ, the rock of our salvation.
Amen.

Children's focus

Please sit for a reading from the Book of Exodus (Chapter 17.1-7)

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarrelled with Moses, and said, 'Give us water to drink.' Moses said to them, 'Why do you quarrel with me? Why do you test the Lord?' But the people thirsted there for water; and the people complained against Moses and said, 'Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?' So Moses cried out to the Lord, 'What shall I do with this people? They are almost ready to stone me.' The Lord said to Moses, 'Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.' Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarrelled and tested the Lord, saying, 'Is the Lord among us or not?'

Reader
All

Hear what the Spirit is saying to God's people.
Thanks be to God.

Please rise as you are able to chant Psalm 121



¹ Come, let us sing 'to the' Lord; *
let us shout for joy to the 'rock of 'our sal-'vation.

² Let us come before the presence of the Lord 'with
thanks-'giving *
and raise a loud 'shout to 'God with' psalms.

³ For you, O Lord, 'are a • great' God, *
and a great 'sovereign 'above • all' gods.

⁴ In your hand are the caverns 'of the' earth, *
and the heights of the 'hills are 'yours' also.

2nd ⁵ The sea is yours, 'for you' made it, *
and your hands have 'moulded 'the dry' land.

⁶ Come, let us bow down, and 'bend the' knee, *
and kneel be-'fore the 'Lord our' Maker.

⁷ For you are our God,
and we are the people of your pasture and the sheep 'of
your' hand. *

Oh, that today we would 'hearken 'to your' voice!

⁸ "Harden not your hearts, as your forebears did 'in the'
wilderness, *

at Meribah, and on that day at Massah, 'when they'
tempted' me.

⁹ They put me 'to the' test, *
though 'they had 'seen my' works.

¹⁰ Forty years long I detested that genera-'tion and' said, *
'This people are wayward in their hearts;
they 'do not 'know my' ways.'

¹¹ So I swore 'in my' wrath, *
'They shall not en-'ter in-'to my' rest.'"

Glory be to the Father, and 'to the 'Son,*
and 'to the 'Holy 'Ghost;

As it was in the beginning, is now, and 'ever 'shall be,*
world without 'end. 'A-'men.

Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Reader
All

Hear what the Spirit is saying to God's people.
Thanks be to God.

Please rise as you are able to sing our Gradual hymn No 540 in Common Praise

**I Just as the deer longs for the water brooks,
so longs my soul for you, O Lord my God.
All that I am thirsts for the living spring
of your kind presence welling deep within.
Why now so full of heaviness my soul?
Why such disquiet deep within my heart?**

with his sons and his flocks drank from it?' Jesus said to her, 'Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.' The woman said to him, 'Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water.'

Jesus said to her, 'Go, call your husband, and come back.' The woman answered him, 'I have no husband.' Jesus said to her, 'You are right in saying, "I have no husband"; for you have had five husbands, and the one you have now is not your husband. What you have said is true!' The woman said to him, 'Sir, I see that you are a prophet. Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem.' Jesus said to her, 'Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth.' The woman said to him, 'I know that Messiah is coming' (who is called Christ). 'When he comes, he will proclaim all things to us.' Jesus said to her, 'I am he, the one who is speaking to you.'

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, 'What do you want?' or, 'Why are you speaking with her?' Then the woman left her water-jar and went back to the city. She said to the people, 'Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?' They left the city and were on their way to him.

Meanwhile the disciples were urging him, 'Rabbi, eat something.' But he said to them, 'I have food to eat that you do not know about.' So the disciples said to one another, 'Surely no one has brought him something to eat?' Jesus said to them, 'My food is to do the will of him who sent me and to complete his work. Do you not say, "Four months more, then comes the harvest"? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, "One sows and another reaps." I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour.'

Many Samaritans from that city believed in him because of the woman's testimony, 'He told me everything I have ever done.' So when the Samaritans came to him, they asked him to stay with them; and he stayed there for two days. And many more believed because of his word. They said to the woman, 'It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world.'

At the conclusion of the Gospel

Deacon The Gospel of Christ.

All **Praise to you, Lord Jesus Christ.**

**3 All through the day my God will comfort me,
and in the night my voice will raise God's song,
and I will go to worship in God's house.
God of my life, to you I raise my prayer,
and when I come into your presence Lord,
my barren soul will blossom with new life.**

Sermon The Reverend Liz Hamel

Please rise as you are able as we affirm our faith

Priest
All

I believe in God,
the Father almighty,
creator of heaven and earth.
I believe in Jesus Christ,
his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again
to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

Please remain standing or kneel for our prayers

At the conclusion of the Prayers of the People:

Intercessor

Rejoicing in the fellowship of Mary the mother of Jesus, and
St John the Beloved, our patron and all the saints we
commend ourselves and all people to your unfailing love.
Merciful Father:

All

Accept these our prayers for the sake of your Son
our Saviour Jesus Christ. Amen.

Confession and Absolution (please kneel or sit)

Priest Dear friends in Christ,
God is steadfast in love and infinite in mercy;
God welcomes sinners and invites them to this table.
Let us confess our sins, confident in God's forgiveness.

Silence is kept

Priest Most merciful God,
All **we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbours as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us,
that we may delight in your will,
and walk in your ways,
to the glory of your name. Amen.**

Priest Almighty God have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in eternal life;
through Jesus Christ our Lord.

All **Amen.**

Please rise as you are able for the Peace

Priest Since we are justified by faith, we have peace with God
through our Lord Jesus Christ. May the Peace of the Lord
be always with you.

All **And also with you.**

All may exchange a sign of peace

During the singing of Hymn No 408 a collection will be taken.

- 1 Wind upon the waters,
voice upon the deep,
rouse your sons and daughters,
wake us from our sleep.
Breathing life into all flesh,
breathing love into all hearts,
living wind upon the waters of my soul.**
- 2 Showers from the heavens,
water from the earth,
gift so wholly given,
source of every birth,
joy of every living thing,
making all creation sing,
shower down upon the dry earth of my soul.**
- 3 Rock and hill and garden,
wood and desert sand,
prairie, field and meadow,
shaped by Love's own hand,
Love that fills the world around,
springing up from barren ground,
grow your love within the garden of my soul.**
- 4 Blazing light of wonder,
flame that pierces night,
burst the dark asunder,
fill our souls with light.
Lord of glory, fill the skies,
make an end to hatred's cries,
be the blazing sun of justice in our lives.**
- 5 Wind upon the waters,
rains upon the sand,
grace your sons and daughters,
newborn by your hand.
Come, O Spirit and renew**

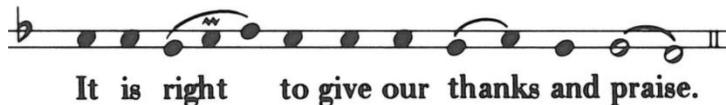
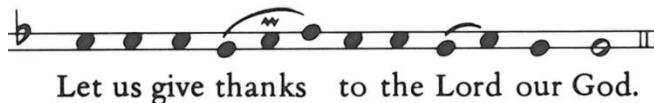
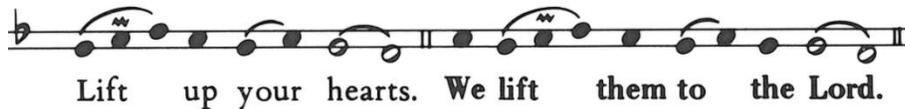
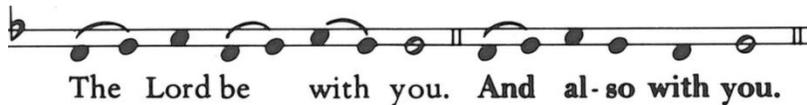
**all the life that comes from you,
send your winds upon the waters of my soul.**

Priest

God our refuge and our strength,
receive all we offer you this day,
and through the death and resurrection of your Son
transform us to his likeness.
We ask this in his name.

All

Amen.



Priest

Eternal God, Source of all being,
we give you thanks and praise
for your faithful love.
You call us into friendship
with you and one another
to be your holy people,
a sign of your presence in the world.

When those we trust betray us,
unfailingly you remain with us.
When we injure others,
you confront us in your love
and call us to the paths of righteousness.
You stand with the weak,
and those, broken and alone,
whom you have always welcomed home,
making the first last, and the last first.

Therefore we raise our voices
with angels and archangels,
forever praising you and singing:

Unison

Ho-ly, ho-ly, ho - ly__ Lord, Lord God of po - wer and might,
7 hea - - ven and earth are__ full, full of your glor - - - ry. Ho -
13 - san - na, ho - san - na, ho - san - - - - na, ho - san-na in the high - - - est.
20 Bless-ed is the one who__ comes, who comes in the name of the Lord. Ho - san - na, ho -
27 san - na, ho - san - - - - na, ho - san-na in the high - - - est.

Priest

Blessed are you, O Holy One:
when Hagar was driven into the wilderness
you followed her and gave her hope.
When Joseph was sold into bondage,
you turned malice to your people's good.
When you called Israel out of slavery,
you brought them through the wilderness
into the promised land.
When your people were taken into exile
you wept with them by the river of Babylon
and carried them home.

All

People Restore us, O God, let your face shine!

Priest

At the right time you sent your Anointed One
to stand with the poor,
the outcast, and the oppressed.
Jesus touched lepers, and the sick, and healed them.

He accepted water from a woman of Samaria
and offered her the water of new life.
Christ knew the desolation of the cross
and opened the way for all humanity
into the redemption of your reconciling love.

On the night he was betrayed,
Jesus, at supper with his friends,
took bread, gave you thanks, broke the bread,
gave it to them, and said, "Take and eat:
this is my body which is given for you.
Do this for the remembrance of me."

After supper he took the cup of wine,
and when he had given thanks,
he gave it to them,
and said, "Drink this, all of you:
this is my blood of the new covenant
which is shed for you and for many
for the forgiveness of sins.
Whenever you drink it,
do this for the remembrance of me."

Loving and Holy One,
recalling Christ's death and resurrection,
we offer you these gifts,
longing for the bread of tomorrow
and the wine of the age to come.
Therefore we proclaim our hope.

All

**Dying you destroyed our death,
rising you restored our life.
Lord Jesus, come in glory.**

Priest

Pour out your Spirit on these gifts
that through them you may sustain us

in our hunger for your peace.
We hold before you
all whose lives are marked by suffering,
our sisters and brothers.
When we are broken and cast aside,
embrace us in your love.

All **Restore us, O God, let your face shine!**

Priest Through Christ, with Christ, and in Christ
in the unity of the Holy Spirit,
all honour and glory are yours,
O Source of all life,
now and for ever.

All **Amen.**

Priest As our Saviour taught us, let us pray,
All **Our Father, who art in heaven,
hallowed be thy name,
Thy kingdom come, thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
the power, and the glory,
for ever and ever. Amen.**

Priest We break this bread
All **Communion in Christ's body once broken.**

Priest Let your Church be the wheat which bears its fruit in dying.
All **If we have died with him,
we shall live with him;
if we hold firm,
we shall reign with him.**

Priest The gifts of God for the people of God.
All **Thanks be to God.**

Larghetto

(org.) Lamb of God, you take a - way the sin of the

world, have mer - cy on us. Lamb of God, you take a -

way the sin of the world. Grant us peace.

We invite all baptized Christians to receive Communion at our altar. If you wish to receive a blessing please come at the same time. Intinction is not permitted as it contaminates the wine. It is acceptable to receive either bread or wine only.

If you are unable to make your way to the altar please ask a sidesperson to have Communion brought to you. Gluten free wafers are available.

Communion Anthem Wash me thoroughly S.S. Wesley

Please rise as you are able

*Priest Faithful God, in this holy bread
you increase our faith and hope and love.
Lead us in the path of Christ
who is your Word of life.
We ask this in his name.*

All Amen

*All **Glory to God, whose power, working in us, can do
infinitely more than we ask or imagine.
Glory to God from generation to generation,
in the Church and in Christ Jesus, for ever and ever.
Amen.***

Please sit for the notices

Please rise as you are able for the Blessing

Priest Christ give you grace to grow in holiness,
to deny yourselves, take up your cross, and follow him;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

All **Amen.**

We sing our final Hymn No 352 in Common Praise

- 1 Amazing grace! How sweet the sound
that saved a wretch like me!
I once was lost, but now am found:
was blind, but now I see.**
- 2 'Twas grace first taught my heart to fear
and grace my fears relieved;
how precious did that grace appear
the hour I first believed!**
- 3 The Lord has promised good to me,
his word my hope secures;
he will my shield and portion be
as long as life endures.**
- 4 Through many dangers, toils, and snares,
I have already come;
'tis grace that brought me safe thus far,
and grace will lead me home.**
- 5 When we've been there ten thousand years
bright shining as the sun,
we've no less days to sing God's praise
than when we'd first begun.**

Deacon Go in peace to love and serve the Lord.

All **Thanks be to God.**

There is no organ postlude during Lent. Please join us in the Trendell Lounge for refreshments.

St John's Shaughnessy Anglican Church

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Treasurer	Donald Wood
Vestry Clerk	Karin Fulcher
Music Director	Michael Dirk
Assistant Choirmaster	Ann Chen
Children's Ministry	Spencer Britten
Parish Administrator	Janet Hamilton
PWRDF Rep	Doug Symons
Sacristan and MC	Paul Bunnell
Verger/caretaker	Amy Thorogood

Sunday services

8:00am Holy Communion (BCP)

10:00am Sung Eucharist

Wednesday service

9:30am Holy Communion

Baptisms, Funerals, Weddings and Confessions are by appointment with the Rector. Please contact us if you would like to have our weekly newsletter emailed to you. Cover image by John Stuart www.stushieart.com



Holy Week



Sunday April 9 Palm Sunday

- 8:00am Holy Communion (BCP)
10:00am Palm Procession and Sung Eucharist

Monday/Tuesday April 10/11

- 7:00pm Said Holy Eucharist with address (30 minutes)

Wednesday April 12

- 9:30am Said Holy Eucharist with address (30 minutes)

Thursday April 13 Maundy Thursday

- 6:00pm Homemade soup and sandwiches - all welcome
7:30pm Last Supper Eucharist with foot washing. A meditative watch will be kept until 10:30pm.

Friday April 14 Good Friday

- 10:00am Families Stations of the Cross (35 minutes)
12:00noon Solemn Liturgy of the Day with Sung Passion

Saturday April 15 Holy Saturday

- 8:30pm Great Vigil of Easter

Sunday April 16 Resurrection of our Lord, Easter Day

- 8:00am Holy Communion (BCP)
10:00am Celebration Eucharist and Easter Egg Hunt