



12th March 2017



Second Sunday of Lent

Welcome!

We bid you a very warm welcome to our worship. As we gather in this sacred space, silent prayer and reflection helps us to prepare for the service. We acknowledge our presence is on the traditional, ancestral, and unceded territory of the Coast Salish Peoples. Listening devices are available for the hearing impaired during the service; please contact one of our greeters.

Please observe silence before worship. During Lent there is no organ prelude.

The choir leads the Lent Prose and we all join in the refrain

Refrain (Cantor 1st time)

Hear us, O Lord, * have mer - cy up - on us:
for we have sinn'd a - gainst thee.

**Refrain: Hear us, O Lord, have mercy upon us:
for we have sinned against thee.**

- 1 To thee, Redeemer, on thy throne of glory :
lift we our weeping eyes in holy pleadings :
listen, O Jesu, to our supplications. *Refrain*
- 2 O thou chief Cornerstone, Right Hand of the Father :
Way of Salvation, Gate of Life Celestial :
cleanse thou of our sinful souls from all defilement.
Refrain
- 3 God, we implore thee, in thy glory seated :
bow down and hearken to thy weeping children :
pity and pardon all our grievous trespasses. *Refrain*
- 4 Sins oft committed now we lay before they :
with true contrition, now no more we veil them :
grant us, Redeemer, loving absolution. *Refrain*

5 Innocent, captive, taken unresisting :
falsely accused, and for us sinners sentenced,
save us, we pray thee, Jesu our Redeemer. *Refrain*

Priest +The grace of our Lord Jesus Christ, and the Love of God,
and the fellowship of the Holy Spirit, be with you all.

All **And also with you.**

We invite you to kneel or sit

Priest Let us pray.

All **Almighty God,
to you all hearts are open,
all desires known,
and from you no secrets are hidden.
Cleanse the thoughts of our hearts by the
inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen.**

Kyrie Eleison

Lord, ___ have mer - cy, Lord, ___ have mer - cy,
Christ, ___ have mer - cy, Christ, ___ have mer - cy
Lord, ___ have mer - cy, Lord, ___ have mer - cy

Priest Let us pray
All **God of mercy,
you are full of tenderness and compassion,
slow to anger, rich in mercy,
and always ready to forgive:
grant us grace to renounce all evil and to cling
to Christ,**

**so that in every way we may prove to be your loving children;
through Jesus Christ our Lord,
who lives and reigns with you and the Holy Spirit,
one God, for ever and ever. Amen.**

Children's focus

Please sit for a reading from the Book of Genesis (Chapter 12.1-4a)

Now the Lord said to Abram, 'Go from your country and your kindred and your father's house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed.'

So Abram went, as the Lord had told him; and Lot went with him. Abram was seventy-five years old when he departed from Haran.

Reader

Hear what the Spirit is saying to God's people.

All

Thanks be to God.

Please rise as you are able to chant Psalm 121



- ¹ I lift up my eyes 'to the' hills; *
from where 'is my 'help to' come?
- ² My help comes 'from the' Lord, *
the maker of 'heaven' and 'earth.
- ³ The Lord will not 'let your 'foot be' moved *
and the One who watches over you 'will not 'fall as-'leep.
- ⁴ Behold, the One who keeps watch 'over' Israel *
shall neither 'slumber' nor 'sleep.



⁵ The Lord, the Lord, watches 'over' you; *
the Lord is your 'shade 'at your' side,
⁶ so that the sun shall not strike 'you by' day, *
nor the 'moon' by' night.
⁷ The Lord shall preserve you 'from all' evil *
and shall 'keep' you' safe.
⁸ The Lord shall watch over your going out and
your 'coming' in, *
from this time 'forth for 'ever'more.
Glory be to the Father, and 'to the 'Son,*
and 'to the 'Holy 'Ghost;
As it was in the beginning, is now, and 'ever 'shall be,*
world without 'end. 'A-'men.

Please sit for a reading from the Letter of Paul to the Romans (Ch 4.1-5,13-17)

What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? 'Abraham believed God, and it was reckoned to him as righteousness.' Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness.

For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation.

my path.

Deacon
All

The Lord be with you.
And also with you.

Deacon
All

The Holy Gospel of our Lord Jesus Christ,
according to St John (Chapter 3.1-17)
Glory to you, Lord Jesus Christ.

Now there was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, 'Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.' Jesus answered him, 'Very truly, I tell you, no one can see the kingdom of God without being born from above.' Nicodemus said to him, 'How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?' Jesus answered, 'Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, "You must be born from above." The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.' Nicodemus said to him, 'How can these things be?' Jesus answered him, 'Are you a teacher of Israel, and yet you do not understand these things?

'Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

‘For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

‘Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.

At the conclusion of the Gospel

Deacon The Gospel of Christ.
All **Praise to you, Lord Jesus Christ.**

**3 We of this generation
on whom God's hand is laid
can journey to the future
secure and unafraid,
rejoicing in God's goodness
and trusting in this word,
‘that you shall be my people
and I will be your God.’**

Sermon The Venerable John Stephens

Please rise as you are able as we affirm our faith

Priest I believe in God,
All **the Father almighty,
creator of heaven and earth.
I believe in Jesus Christ,
his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again
to judge the living and the dead.**

**I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

Please remain standing or kneel for our prayers

At the conclusion of the Prayers of the People:

Intercessor Rejoicing in the fellowship of Mary the mother of Jesus, and St John the Beloved, our patron and all the saints we commend ourselves and all people to your unfailing love.
Merciful Father:

All **Accept these our prayers for the sake of your Son our Saviour Jesus Christ. Amen.**

Confession and Absolution (please kneel or sit)

Priest Dear friends in Christ,
God is steadfast in love and infinite in mercy;
God welcomes sinners and invites them to this table.
Let us confess our sins, confident in God's forgiveness.

Silence is kept

Priest Most merciful God,
All **we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbours as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us,
that we may delight in your will,
and walk in your ways,
to the glory of your name. Amen.**

Priest Almighty God have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in eternal life;
through Jesus Christ our Lord.

All **Amen.**

Please rise as you are able for the Peace

Priest Since we are justified by faith, we have peace with God
through our Lord Jesus Christ. May the Peace of the Lord
be always with you.

All **And also with you.**

All may exchange a sign of peace

During the singing of Hymn No 603 a collection will be taken.

- 1 Holy Spirit, storm of love
break our self-protective walls.
Bring us out and show us why,
nakedly upon the cross,
open to the wind and sky,
Jesus waits and Jesus calls.**
- 2 Show us, in his tortured flesh,
earth's Creator on display,
broken by affairs of state,
drinking horror, pain and grief,
arching in the winds of hate,
giving love and life away.**
- 3 Show us how this dying love
entered, bore and understood
all our deep, unconscious drives,
each exploiting, evil thread
woven through our nations' lives,
all our life apart from God.**
- 4 Thus convicted, claimed and called,
freed, as Christ we freely choose,**

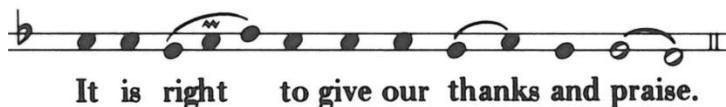
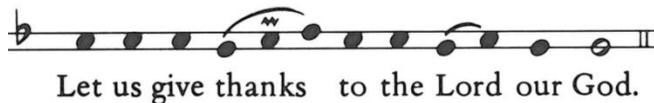
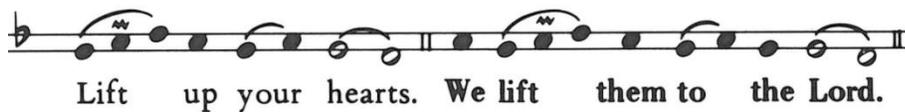
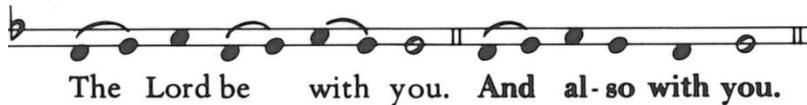
washed in love, reborn, re-named,
doing justice, knowing God,
may we witness unashamed,
confident to give good news.

**5 News that Jesus is alive,
as the people of the Dove,
going out in praise and prayer,
meet the evils of our time
and the demons of despair
with forgiving, living love.**

Priest God our refuge and our strength,
receive all we offer you this day,
and through the death and resurrection of your Son
transform us to his likeness.

We ask this in his name.

All **Amen.**



Priest We give you thanks and praise, almighty God,
through your beloved Son, Jesus Christ,
our Saviour and Redeemer.
He is your living Word,
through whom you have created all things.
By the power of the Holy Spirit
he took flesh of the Virgin Mary
and shared our human nature.

He lived and died as one of us,
 to reconcile us to you,
 the God and Father of all.
 In fulfilment of your will
 he stretched out his hands in suffering,
 to bring release to those who place their hope in you;
 and so he won for you a holy people.
 He chose to bear our griefs and sorrows,
 and to give up his life on the cross,
 that he might shatter the chains of evil and death,
 and banish the darkness of sin and despair.
 By his resurrection
 he brings us into the light of your presence.
 Now with all creation we raise our voices
 to proclaim the glory of your name.

Unison

Ho-ly, ho-ly, ho - ly Lord, Lord God of po - wer and might,
 hea - - ven and earth are full, full of your glor - - - ry. Ho -
 - san - na, ho - san - na, ho - san - - - na, ho - san - na in the high - - - est.
 Bless - ed is the one who comes, who comes in the name of the Lord. Ho - san - na, ho -
 san - na, ho - san - - - na, ho - san - na in the high - - - est.

Priest

Holy and gracious God,
 accept our praise,
 through your Son our Saviour Jesus Christ;
 who on the night he was handed over

to suffering and death,
took bread and gave you thanks,
saying, "Take, and eat:
this is my body which is broken for you."
In the same way he took the cup,
saying, "This is my blood which is shed for you.
When you do this, you do it in memory of me."

Remembering, therefore, his death and resurrection,
we offer you this bread and this cup,
giving thanks that you have made us worthy
to stand in your presence and serve you.

We ask you to send your Holy Spirit
upon the offering of your holy Church.
Gather into one
all who share in these sacred mysteries,
filling them with the Holy Spirit
and confirming their faith in the truth,
that together we may praise you
and give you glory
through your Servant, Jesus Christ.

All glory and honour are yours,
Father and Son,
with the Holy Spirit
in the holy Church,
now and for ever.

All

Amen.

Priest
All

As our Saviour taught us, let us pray,
Our Father, who art in heaven,
hallowed be thy name,
Thy kingdom come, thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,

**but deliver us from evil.
For thine is the kingdom,
the power, and the glory,
for ever and ever. Amen.**

Priest We break this bread
All **Communion in Christ's body once broken.**

Priest Let your Church be the wheat which bears its fruit in dying.
All **If we have died with him,
we shall live with him;
if we hold firm,
we shall reign with him.**

Priest The gifts of God for the people of God.
All **Thanks be to God.**

Larghetto *mp*

(org.) Lamb of God, you take a - way the sin of the
world, have mer - cy on us. REPEAT Descant Lamb of God, you take a -
way the sin of the world. Grant us peace.

We invite all baptized Christians to receive Communion at our altar. If you wish to receive a blessing please come at the same time. Intinction is not permitted as it contaminates the wine. It is acceptable to receive either bread or wine only.

If you are unable to make your way to the altar please ask a sidesperson to have Communion brought to you. Gluten free wafers are available.

Communion Anthem God so Loved the World (from Stainer's Crucifixion)

Please rise as you are able

Priest Faithful God, in this holy bread
you increase our faith and hope and love.
Lead us in the path of Christ
who is your Word of life.
We ask this in his name.

All **Amen**

All **Glory to God, whose power, working in us, can do
infinitely more than we ask or imagine.
Glory to God from generation to generation,
in the Church and in Christ Jesus, for ever and ever.
Amen.**

Please sit for the notices

Please rise as you are able for the Blessing

Priest Christ give you grace to grow in holiness,
to deny yourselves, take up your cross, and follow him;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

All **Amen.**

We sing our final Hymn No 508 in Common Praise

**I I heard the voice of Jesus say
“Come unto me and rest;
lay down, thou weary one, lay down
thy head upon my breast.”
I came to Jesus as I was,
so weary, worn, and sad;
I found in him a resting place,
And he has made me glad.**

- 2 I heard the voice of Jesus say,
“Behold, I freely give
the living water; thirsty one,
stoop down and drink, and live.”
I came to Jesus, and I drank
of that life-giving stream;
my thirst was quenched, my soul revived,
and now I live in him.
- 3 I heard the voice of Jesus say,
“I am this dark world's light;
look unto me, thy morn shall rise,
and all thy day be bright.”
I looked to Jesus, and I found
in him my star, my sun;
and in that light of life I'll walk
till travelling days are done.

Deacon
All

Go in peace to love and serve the Lord.
Thanks be to God.

There is no organ postlude during Lent. Please join us in the Trendell Lounge for refreshments.

The St John's Covenant Prayer, which we invite you to pray
Infinite Lord and eternal God rouse your church in this place,
restore your people's sense of Mission
and revive your work in holiness and strength.
By your Spirit teach us to give our energy,
our time, our money, our service and our prayer
that your Kingdom may be advanced here
and in the entire world;
in the name of Jesus Christ our Lord.
Amen.



The Seven Last Words of Jesus Christ from the Cross

Father, forgive them, for they do not know what they are doing. *Luke 23.34*

Truly, I tell to you, today you will be with me in Paradise. *Luke 23.43*

Woman, here is your son. Son, here is your mother. *John 19.26-27*

My God, My God, why have you forsaken me? *Matthew 27.46*

I am thirsty. *John 19.28*

It is finished. *John 19.30*

Father, into your hands I commend my spirit. *Luke 23.46*

For the five Monday Evenings in Lent we will gather to meditate upon and discuss the first five of the seven sayings of Jesus from the Cross. The sixth and seventh will be the themes for the liturgies on the Monday and Tuesday of Holy Week.

7pm in the Trendell Lounge

Mar 6, 13, 20, 27, Apr 3

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Treasurer	Donald Wood
Vestry Clerk	Karin Fulcher
Music Director	Michael Dirk
Assistant Choirmaster	Ann Chen
Children's Ministry	Spencer Britten
Parish Administrator	Janet Hamilton
PWRDF Rep	Doug Symons
Sacristan and MC	Paul Bunnell
Verger/caretaker	Amy Thorogood

Sunday services

8:00am Holy Communion (BCP)

10:00am Sung Eucharist

Wednesday service

9:30am Holy Communion

Baptisms, Funerals, Weddings and Confessions are by appointment with the Rector. Please contact us if you would like to have our weekly newsletter emailed to you.



Holy Week



Sunday April 9 Palm Sunday

- 8:00am Holy Communion (BCP)
10:00am Palm Procession and Sung Eucharist

Monday/Tuesday April 10/11

- 7:00pm Said Holy Eucharist with address (30 minutes)

Wednesday April 12

- 9:30am Said Holy Eucharist with address (30 minutes)

Thursday April 13 Maundy Thursday

- 6:00pm Homemade soup and sandwiches - all welcome
7:30pm Last Supper Eucharist with foot washing. A meditative watch will be kept until 10:30pm.

Friday April 14 Good Friday

- 10:00am Families Stations of the Cross (35 minutes)
12:00noon Solemn Liturgy of the Day with Sung Passion

Saturday April 15 Holy Saturday

- 8:30pm Great Vigil of Easter

Sunday April 16 Resurrection of our Lord, Easter Day

- 8:00am Holy Communion (BCP)
10:00am Celebration Eucharist and Easter Egg Hunt