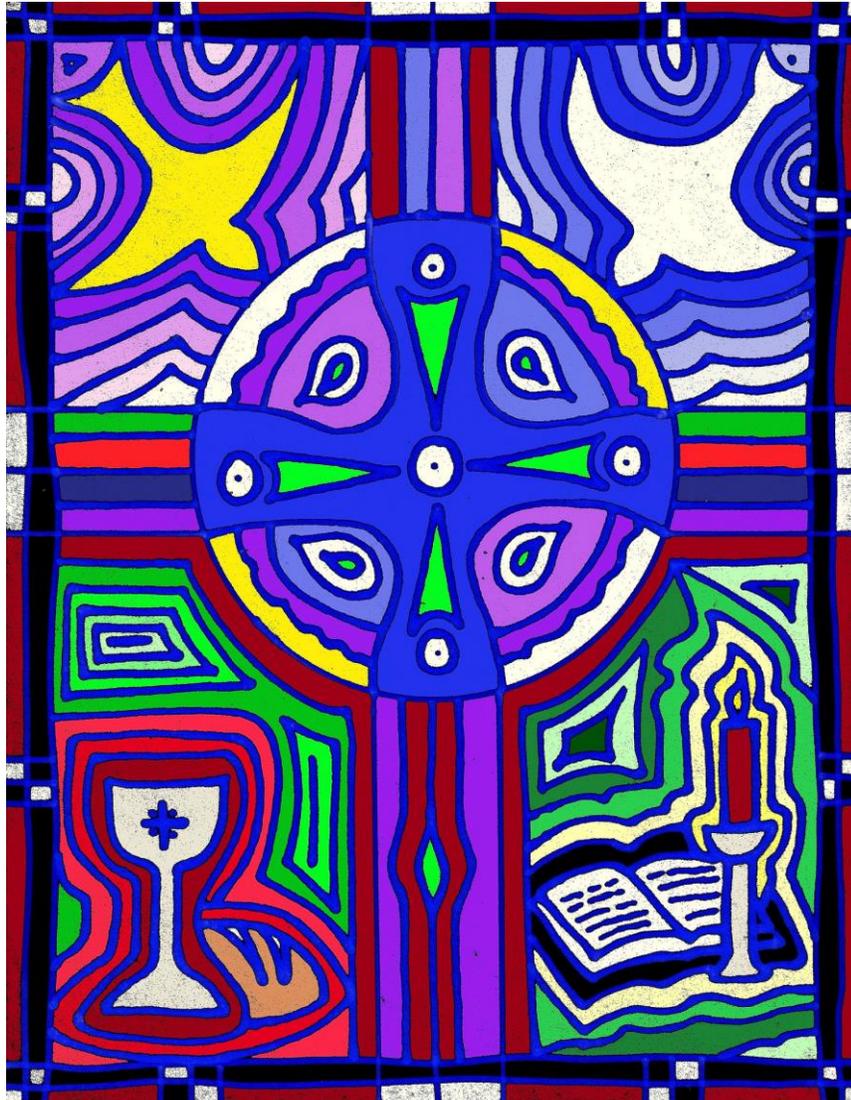




# NEWSLETTER

Week Commencing March 12, 2017



## Second Sunday of Lent

## From the Rector

This coming Sunday is the Second Sunday of Lent. We continue on our Lenten Pilgrimage as we continue to focus on making this a holy Lent. People will give things up or give things away or offer more prayer or offer more service (and perhaps many other things!) as a way of setting these forty days aside to awaken our soul to God's purposes for us.

Joan Chittister writes this:

*"Lent calls each of us to renew our ongoing commitment to the implications of the Resurrection in our own lives, here and now. But that demands both the healing of the soul and the honing of the soul, both penance and faith, both a purging of what is superfluous in our lives and the heightening, the intensifying, of what is meaningful. Lent is a call to renew a commitment grown dull, perhaps by a life marked more by routine than by reflection. After a lifetime of mundane regularity or unconsidered adherence to the trappings of faith, Lent requires me, as a Christian to stop for a while, to reflect again on what is going on in me. I am challenged again to decide whether I, myself, do truly believe that Jesus is the Christ—and if I believe, whether I will live accordingly when I can no longer hear the song of angels in my life and the star of Bethlehem has grown dim for me. Lent is not a ritual. It is time given to think seriously about who Jesus is for us, to renew our faith from the inside out. It is the moment when, as the baptismal waters flow on every Easter Vigil altar, we return to the baptismal font of the heart to say yes once more to the call of Jesus to the disciples, "Come and see."*

The Old Testament or Hebrew Bible reading for this coming Sunday describes the call of Abram (soon to change his name to Abraham). It describes how God saw something in this great forebear of our faith and called him to something much greater. God said to him: "I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing." Those words apply to us as well. For we too are called to receive God's blessing and to be a blessing in this world. We are called to higher and more important things. Lent is our time to reflect on this a little more carefully and allow ourselves to examine how we might change and grow into a deeper relationship with the Holy One.

*God of Abraham and Sarah, God of wonder and beauty, God of blessings and gifts, as we step further along our Lenten pilgrimage, we offer our mistakes and sins to you. We seek your forgiveness and pray that you help us to live the life that reflects your blessing upon us. May we be a blessing to others reflecting your call and your hope. In the name of Jesus we pray. Amen.*

## **Church Committee Meeting on March 29**

The first meeting of our newly elected Church Committee will take place on Wednesday March 29 at 7:00pm in the Trendell Lounge. You will be emailed the package for this meeting. Normally we meet on the third Wednesday of the month so please note this change!

## **SJS Music Events with Michael Dirk**

The Choir of Kings College, Cambridge sings at the Chan on March 26 at 2:00pm. Michael Dirk has secured 40 tickets (but seated behind the choir!) and they are going fast. If you would like a ticket, please let him know as soon as you can. 20% off is \$48 per ticket.

Further for your SJS Events considerations: **Easter Sunday April 16**, Michael has been invited to return and offer another 30min post-compline organ recital at St. Mark's Cathedral in Seattle. He suggests for those interested to carpool from SJS in the early afternoon to Seattle - perhaps taking in the Skagit Valley Tulip Festival [www.tulipfestival.com](http://www.tulipfestival.com). Once checked into a downtown/university district hotel in Seattle (four-star around \$150CDN in downtown/university district) go for dinner up on Capital Hill. 9:30pm the famed Men's Complaine Choir carry us through the service, [www.complinechoir.org](http://www.complinechoir.org), followed by Michael's recital.

After a good night's rest, we have the Easter holiday Monday to enjoy all Seattle has to offer - lunch up the Space Needle, and Pike Place Market etc. At 7pm the historic Paramount Theater hosts 'Silent Movie Monday' featuring Clark Wilson at the helm of their Mighty Wurlitzer Theater pipe organ, providing accompaniment to the 82min 1924 comedy 'Girl Shy'.

<http://www.stgpresents.org/tickets/alphabetical/eventdetail/3065/-/silent-movie-mondays-girl-shy-1924>

Unless wanting to stay another night, we'd be on the I-5 heading North at

8:30pm, through the border before 11pm, and back home in bed by midnight.

### SJS goes to the VSO:

It's that time of the year - the Vancouver Bach Choir joins forces with the VSO to deliver their own take on the long tradition of the Last Night of the Proms with the comically brilliant Maestro Bramwell Tovey at the Helm! Rather than just a standalone event, the



VSO has made it the finale to their 2017 Spring Festival celebrating British composers and their most popular works - so have a look, and let Michael know which concerts strike your fancy, and he'll secure a ticket of your price choice at 15% off for group rate. The sooner you let him know, the better the seat!

To get the best seats, Michael Dirk is taking group rate orders for the **2017 VSO Spring Festival**. It is themed "British Fantasy", focusing on great British composers and their most popular works.

[www.vancouverSymphony.ca](http://www.vancouverSymphony.ca)

**April 22** 8pm- Songs and Serenades

**April 24** 8pm- The Planets (Holst) & Viola Concerto (Elgar)

**April 29** 8pm- Henry (Walton)

**April 30** 7pm- Enigma variations (Elgar)

**May 1** 8pm- Last night of the Proms (with Bach Choir)

Group rate tickets \$22-60 (15% off). Please email Michael at [organist@sjs.net](mailto:organist@sjs.net) or speak to him during coffee hour on Sunday.

<http://www.vancouverSymphony.ca/festivals/16VSF/>

## **Neighbourhood Ministry and the Mobile Care Unit**

To all who are interested in the Neighbourhood Ministry and the Mobile Care Unit:

Following our Vestry meeting this past Sunday, we continue to move forward with the Mobile Care Unit (MCU) that has been discussed at past sessions of the Outreach Interest Group. Further to this effort, I would like to meet with folks who are interested in the Neighbourhood Ministry and the MCU, to discuss volunteer opportunities and training sessions. We will be meeting this coming Sunday March 12 in the Trendell Lounge after 10am Worship to discuss. Please feel most welcome to join us and please let others know about who might not be aware. Attached is a Volunteer Information sheet for both the Neighbourhood Ministry and the MCU, which I hope will be of some help as folks consider how to help.

Also, we are planning training sessions for the MCU. These will held on Saturday April 1 at 10am - 2:30pm and in the alternative on two evenings Tuesday March 28 and Wednesday April 5 at 6:30-8:00pm (venues to be determined but please mark your calendars if you are interested in attending). We are asking everyone who wants to volunteer at the MCU to attend either the Saturday session or the two evening sessions. Many thanks.

Blessings,

Pitman

### **Neighbourhood Ministry Packet Wish List:**

Boost or Ensure Nutrition Drink

Tinned Meat

Juice Boxes

Socks

Disposable Razors

Fruit Cups and plastic spoons

*Avoid items with nuts and raisins, as they are hard on the teeth. Please, no expired items.*



# The Neighbourhood Ministry: 10 ways to Volunteer

| <i>Activity</i>   | <i>Time Commitment</i>                       |
|---|--|
| Pray for the Neighbourhood Ministry   | Daily  |
| Bring a donation for the care packets (see wish list)   | 5 minutes each week                          |
| Join the <b>Indoor Team</b> : help pack packets, provide fresh food for street team, send street team off from the church   | A few hours every 6-8 weeks                  |
| Join an <b>Outdoor Team</b> : help distribute packets and build community with our homeless neighbours. Training provided!  | Saturday morning, 2 hours, once per month    |
| <b>Serve dinner</b> at Dunbar Apartments, home for formerly homeless folks and others suffering from mental illness   | Saturday or Sunday, 1.5 hours once per month |
| Help with a <b>Seasonal Celebration</b> at Dunbar apartments, preparing and serving food and offering fellowship  | 3 hours, 5 holidays per year                 |
| <b>Become an Angel</b> , offering one on one support to someone needing assistance navigating the system, going to the doctor, etc. Training provided   | Varies. 5-8 hours per month average          |
| <b>Join the Mobile Care Unit</b> , offering assistance at one of the sites the Care Unit visits. Training Provided  | 3 hours per site visit                       |
| Help <b>prepare and deliver communications</b> to keep your parish informed of Neighbourhood Ministry activities.   | 2-4 hours per month                          |
| <b>Volunteer Today!</b> Contact Joan Stewart <a href="mailto:jstewart@westerndriver.com">jstewart@westerndriver.com</a> or Vicki Potter <a href="mailto:vbpotter@hotmail.com">vbpotter@hotmail.com</a> or Rev. Pitman Potter <a href="mailto:pbpotter@live.ca">pbpotter@live.ca</a> |  |



# The Seven Last Words of Jesus Christ from the Cross

Father, forgive them, for they do not know what they are doing. *Luke 23.34*

Truly, I tell to you, today you will be with me in Paradise. *Luke 23.43*

Woman, here is your son. Son, here is your mother. *John 19.26-27*

My God, My God, why have you forsaken me? *Matthew 27.46*

I am thirsty. *John 19.28*

It is finished. *John 19.30*

Father, into your hands I commend my spirit. *Luke 23.46*

For the five Monday Evenings in Lent we will gather to meditate upon and discuss the first five of the seven sayings of Jesus from the Cross. The sixth and seventh will be the themes for the liturgies on the Monday and Tuesday of Holy Week.

**7pm in the Trendell Lounge**

**Mar 6, 13, 20, 27, Apr 3**

# Holy Week



## Sunday April 9 Palm Sunday

- 8:00am Holy Communion (BCP)  
10:00am Palm Procession and Sung Eucharist

## Monday/Tuesday April 10/11

- 7:00pm Said Holy Eucharist with address (30 minutes)

## Wednesday April 12

- 9:30am Said Holy Eucharist with address (30 minutes)

## Thursday April 13 Maundy Thursday

- 6:00pm Homemade soup and sandwiches - all welcome  
7:30pm Last Supper Eucharist with foot washing. A meditative watch will be kept until 10:30pm.

## Friday April 14 Good Friday

- 10:00am Families Stations of the Cross (35 minutes)  
12:00noon Solemn Liturgy of the Day with Sung Passion

## Saturday April 15 Holy Saturday

- 8:30pm Great Vigil of Easter

## Sunday April 16 Resurrection of our Lord, Easter Day

- 8:00am Holy Communion (BCP)  
10:00am Celebration Eucharist and Easter Egg Hunt

## **St John's Shaughnessy Anglican Church**

1490 Nanton Ave. Vancouver, B.C. V6H 2E2

Telephone (604) 731-4966 (ex 11 for office)

email: [church@sjs.net](mailto:church@sjs.net) web: [www.sjs.net](http://www.sjs.net)

Office Hours: Monday to Thursday 9:00am to 4:00pm

|                       |   |
|-----------------------|---|
| Rector                | The Venerable John Stephens<br><b>john.stephens@sjs.net</b> |
| Curate                | The Reverend Liz Hamel<br><b>liz.hamel@sjs.net</b>          |
| Deacon                | The Reverend Dr Pitman Potter<br><b>pbpotter@live.ca</b>    |
| Rector's Warden       | Robyn Woodward  |
| People's Warden       | Maggie Sanders  |
| Treasurer             | Donald Wood   |
| Vestry Clerk          | Karin Fulcher   |
| Music Director        | Michael Dirk  |
| Assistant Choirmaster | Ann Chen  |
| Children's Ministry   | Spencer Britten   |
| Parish Administrator  | Janet Hamilton  |
| PWRDF Rep             | Doug Symons   |
| Sacristan and MC      | Paul Bunnell  |
| Verger/caretaker      | Amy Thorogood   |

### **Sunday services**

8:00am Holy Communion (BCP)

10:00am Sung Eucharist

### **Wednesday service**

9:30am Holy Communion

Baptisms, Funerals, Weddings and Confessions are by appointment with the Rector. Please contact us if you would like to have our weekly newsletter emailed to you.

